

## Review Form 1.7

Journal Name:	<a href="#">European Journal of Nutrition &amp; Food Safety</a>
Manuscript Number:	Ms_EJNFS_104390
Title of the Manuscript:	The Roles of Hedonistic Life Perception and Self-Control on Eating Behaviors and Obesity
Type of the Article	

### **General guideline for Peer Review process:**

This journal's peer review policy states that **NO** manuscript should be rejected only on the basis of '**lack of Novelty**', provided the manuscript is scientifically robust and technically sound. To know the complete guideline for Peer Review process, reviewers are requested to visit this link:

(<https://www.journalejns.com/index.php/EJNFS/editorial-policy> )

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**PART 1: Review Comments**

	Reviewer's comment	Author's comment (if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)
<p><b>Compulsory REVISION</b> comments</p> <ol style="list-style-type: none"> <li>1. <b>Is the manuscript important for scientific community?</b> (Please write few sentences on this manuscript)</li> <li>2. <b>Is the title of the article suitable?</b> (If not please suggest an alternative title)</li> <li>3. <b>Is the abstract of the article comprehensive?</b></li> <li>4. <b>Are subsections and structure of the manuscript appropriate?</b></li> <li>5. <b>Do you think the manuscript is scientifically correct?</b></li> <li>6. <b>Are the references sufficient and recent? If you have suggestion of additional references, please mention in the review form.</b></li> </ol> <p><b>(Apart from above mentioned 6 points, reviewers are free to provide additional suggestions/comments)</b></p>	<ol style="list-style-type: none"> <li>1. <b>Yes, it provides interesting information to the scientific community and spans several disciplines.</b></li> <li>2. <b>Yes suitable</b></li> <li>3. <b>Yes</b></li> <li>4. <b>Yes</b></li> <li>5. <b>The methodology needs to be in more detail to support the paper. Appears to be statistically sound but the presentation of the data (and tables) can be clearer.</b></li> <li>6. <b>No, references are lacking from the discussion.</b></li> </ol>	
<p><b>Minor REVISION</b> comments</p> <ol style="list-style-type: none"> <li>1. <b>Is language/English quality of the article suitable for scholarly communications?</b></li> </ol>	<p>While it can be understood, I will recommend that the article be reviewed by someone fluent in English. There are several grammatical errors, and the article can be condensed/simplified significantly to allow for easier reading.</p>	
<p><b>Optional/General</b> comments</p>	<p>It is unclear if the data was collected solely online or if there was an in-person component. Anthropometric data if collected solely online may be invalid or should be noted as a limitation. How was a muscular body-type assessed?</p> <p>"Ideal weight from their perspective" – it is not properly articulated how this was assessed or its significance.</p> <p>The authors did not expand on how participants were selected for the study. There could be an inherent bias in the selection process.</p> <p>Table 3 – what is monthly income? It was not described previously.</p> <p>"Pleasure-seeking of organisms, as was mentioned in this thesis introduction chapter." from the discussion. It appears as though this study was born from a thesis paper, and that can explain why some information appears unrelated or is missing. Editing the paper is recommended.</p> <p>The significance (if any) of insulin between hedonistic eating (and not simply just over eating) and BMI is not properly carried across in the discussion.</p> <p>"Education level, and monthly income" – seen in the conclusion but not mentioned anywhere else in the paper in any significance.</p>	

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**PART 2:**

	<b>Reviewer's comment</b>	<b>Author's comment</b> <i>(if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)</i>
<b>Are there ethical issues in this manuscript?</b>	<i>(If yes, Kindly please write down the ethical issues here in details)</i>	

**Reviewer Details:**

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