

Potential Applications Of Spent Brewer's Yeast, A Residual By-Product Of Beer Production In Ivorian Breweries, Through The Identification Of Biochemical Characteristics

ABSTRACT

The recovery of by-products from food processing chains represents an area of interest. Waste from beer production such as beer lees or spent brewer's yeast constitute between 1.5 and 3 kg/100 L of beer, representing a source of pollution but a by-product available in quantity. This study aims to characterize the beer lees from breweries in Côte d'Ivoire and propose possible ways of recovery. The usual methods have made to highlight the nutritional potential of this by-product. Spent brewer's yeast is a high biological value protein source (46.77%) with a well-balanced amino acid profile. Amino acids (glutamic acid and aspartic acid) and the essential amino acids leucine, lysine and valine are the most abundant, while sulfur amino acids, such as methionine and cysteine, are the least abundant. With a high mineral content (7.3%), the spent brewer's yeast contains significant amounts of manganese $5.54 \cdot 10^{-2}$ mg/k, sodium $3.92 \cdot 10^{-2}$ mg/k, and potassium $3.59 \cdot 10^{-2}$ mg /k. The B complex vitamins are present in large quantities followed by vitamins C, A and D. Less than 3% of the composition of the spent brewer's yeast is made up of lipids. The most abundant of fatty acids determined for saturated is palmitic acid, oleic acid represents monounsaturated fatty acid, polyunsaturated fatty acids are represented by linoleic acid and linolenic acid. Carbohydrates (32.77 %) are also main constituents of the dry matter of this by-product. This study showed that spent beer yeast is a source of polyphenol. Spent brewer's yeast have advantages for being incorporated into animal nutrition to meet the nutritional needs. Further studies could lead to the production of activated carbon and that of hydrogen as an excellent source of alternative energy.

Keywords: Brewery waste, spent brewer's yeast, added value, applications, Côte d'Ivoire

1 INTRODUCTION

To meet the growing needs and ephemeral preferences of populations, waste from production and innovation processes is also increasing. Thus, the agricultural and food industries generate significant amounts of organic residues because of the processing of raw materials [1] (Nayak and Bhushan 2019). These authors indicate that according to [2] Baiano (2014), the largest percentage (26%) of food waste comes from the beverage industry. Beer is one of the most consumed thirst-quenchers in the world, obtained from certain cereals, including barley, corn, rice, and wheat, combined with water and hops [3] (Caporale et al., 2004). Its global production is estimated at 1.86 billion hectoliters in 2021 [4] (Statista Research Department, 2023). As a result, the production of beer involves the production of several residues and by-products, for example spent grains, hops and yeasts [5, 6] (Mussatto, 2009, Mathias et al., 2015).

These wastes must be properly treated to avoid their uncontrolled dumping which could cause environmental problems. Environmental pollution, one of the major concerns of every government, has increased in developing countries where, unlike industrialized nations, a large portion of environmental pollutants consist of agricultural by-products considered waste. This situation results from the lack of recovery of these by-products.

In Côte d'Ivoire, the rational management of waste from industrial activities is one of the environmental priorities of the Ivorian state. Among these wastes are those resulting from the production of the beer. Ivorian beer production is estimated at 3.2 million hectoliters generating waste (reference) including residual brewer's yeast which is the second largest by-product of the food industry [5] (Mussatto,

2009). These residues and by-products are usually underutilized, displaying little or no commercial value [1] (Nayak and Bhushan 2019). Moreover, this waste has a high organic matter content and requires adequate treatment for its disposal, which entails considerable costs ([7] Briggs et al., 2004; [1] Nayak and Bhushan 2019). There are various recovery methods that meet the challenges of the economy. However, any recovery imperatively requires characteristic information on these residual beer yeasts, in particular their biochemical composition.

A thorough knowledge of the macro and micronutrient composition of residual brewer's yeast is the key to discovering the possible application routes of this important by-product.

The objective of this study is therefore to characterize the beer lees from breweries in Côte d'Ivoire and to propose possible ways of recovery.

2 MATERIAL AND METHODS

The beer lee sample used in this study was obtained from the main beer industry of Côte d'Ivoire, Abidjan. The beer lee sample was residue of dead yeast which settles at the bottom of the container after fermentation.

2.1 Determination of chemical composition of spent brewer's yeast

2.1.1 Moisture

The water content of spent brewer's yeast was determined by oven drying using the procedure of [8] AOAC (1990). 10 g (W1) of spent brewer's yeast were weighed out in a porcelain dish and were kept for drying at 80°C for 3 to 6 hours. Then, the sample was removed from the oven, cooled in a desiccator for 30 to 45 minutes and weighed again (W2). The moisture content of the samples was obtained from the mass difference (W1 – W2).

2.1.2 Crude proteins

The crude proteins of the spent brewer's yeast samples were calculated by Kjeldahl [9] (ISO1871 2009). Nitrogen from nitrates and nitrites is not considered by using this dosing principle. 0.5 g of dried sample was first digested by heating in 15 ml of strong sulfuric acid in the presence 1 g catalyst which helps in the conversion of the amine nitrogen to ammonium ions. This digestion step ends in 30 min with the appearance of a green coloration. After digestion, the ammonium ions were dissolved in 250 ml of distilled water containing 5 drops of phenolphthalein and 75 ml of a 1 M sodium hydroxide solution. The contents were heated and distilled. The liberated ammonia gas was led into a trapping solution of 10 ml of boric acid solution (10 g/l) and few drops of a mixed indicator dye (methyl red + bromocresol green) where it dissolved and became an ammonium ion once again. Finally, the amount (150 ml) of the ammonia that has been trapped was determined by titration with a 0.1 N hydrochloric acid solution.

2.1.3 Carbohydrates

The beer lees carbohydrates were quantified by using the standard method of [10] AOAC 938.02 (1938). To 3 mL of the sample, add 2 mL of acetonitrile and 0.1 g of NaCl and the mixture was vortexed and centrifuged at 5,000 rpm for 10 min. 100 µL was withdrawn from the supernatant layer and evaporated to dryness under vacuum. Add 100 µL of dichloromethane (DCM) to the dried sample and repeat the evaporation process. Again add 100 µL of bis (trimethylsilyl) trifluoroacetamide (BSTFA). Finally, the whole mixture was dried in an oven at 80°C for 30 min and the resulted solution made up to 1.5 mL with acetonitrile then put in a vial for chromatographic analysis.

2.1.4 Sugars (glucose, fructose, and sucrose)

Simple sugars were quantified according to the AOAC 938.02 (1938) method [10]. Free sugars contents: 10 g of beer lees sample were dissolved in 100 mL of a distilled water. 10 mL of the dissolved sample was taken in a 250 mL Erlenmeyer flask and 20 mL of a 5 mM iodine solution and 5 mL of 2 M sodium hydroxide (NaOH) were added. After homogenization, the mixture was kept in

95 dark for 20 min and then, 7 mL of hydrochloride acid were added and titrated using 0.1 N of sodium
96 thiosulfate.
97 Total sugars: 1 g of beer lees was dissolved in 50 mL of a 2 M hydrochloric acid solution and boiled for
98 30 minutes. 10 mL of this solution was boiled again for 30 min with 40 ml of 2 M hydrochloride acid.
99 After cooling, mix 10 mL of the mineralized solution with 20 mL of a 5 mM iodine solution and 10 ml of
100 1 M NaOH. The mixture was kept in the dark for 20 min and then. 7 mL of hydrochloride acid were
101 added and titrated using 0.1 N of sodium thiosulfate.

102 **2.1.5 Ash and inorganics**

103 The minerals were quantified by following the ICUMSA method GS1-10 (1998) [11]. 2 g of the
104 previously dried sample were incinerated at 600 °C for 3 h in a graphic oven. After cooling in a
105 desiccator for 45 min, the resulted powder was weighed, and the ash content was determined.

106 For elemental analyses, procedures of ICUMSA were followed: iron [12] (Method GS2/3/7/8-31 1994),
107 phosphorus [13] (Method GS7-15 1994), magnesium [14] (Method GS7-19 1994), copper [15] (Method
108 GS2/3- 29 1994), calcium (ICUMSA method GS8/2/3/4- 9 2000), potassium and sodium (Method GS6-
109 7 2007). The ashes obtained from 2 g sample of dry beer lees were dissolved successively in 2 mL of
110 nitric acid and 98 mL of distilled water. Most of metal ions were quantified by gas chromatography
111 (GC) coupled with an atomic Absorption spectrophotometer (AAS).

112 **2.1.6 Fatty acid profile determination**

113 114 *2.1.1.6.1 Fat extraction*

115 The samples were minced, homogenized, and weighed. Then, the extraction of total fat was carried
116 out on 2 g of sample using a liquid extraction based on the Folch method (chloroform/methanol 2/1
117 v/v) [12] (Folch, 1957).

118 119 *2.1.1.6.2 Esterification of fatty acids*

120 The fatty acid profile was determined by analysis of fatty acid methyl esters by GC-MS according to
121 the method of [13] Douny et al. (2015) modified. Fifty milligrams of fat extracted using Folch's method
122 was mixed with 5 mL of hexane and 10 µL was used for the saponification/fatty acid methylation
123 reaction. Nonadecanoic acid (C19:0), used as internal standard, was then added and the hexane was
124 evaporated to dryness under nitrogen flow. Toluene and sulfuric acid 2% (v/v, in methanol) were
125 added and the closed tube was then heated in a water bath at 100°C for 1 h, with vigorous shaking
126 carried out at using a magnetic bar. Then 5% NaCl was added, and the fatty acid methyl esters
127 (FAMES) were extracted twice using hexane. The extract was then washed with 2% (w/v) K₂CO₃ and
128 finally Na₂SO₄ was added to part of the extract. The final extract was evaporated to dryness to
129 completely remove the toluene. Finally, four hundred microliters of hexane were added, and the tube
130 was vortexed. Finally, the sample was transferred to an injection vial.

131 132 *2.1.1.6.3 Separation, detection, and quantification of fatty acids*

133 Fatty acid methyl esters were separated on a Focus GC gas chromatograph (Thermo Fisher Scientific)
134 using a CP-Sil88 column (100 m × 0.25 mm, 0.2 µm) (Varian, Agilent Technologies, Santa Clara,
135 California, USA) and analyzed using a Polaris Q ion trap mass spectrometer (Thermo Fisher
136 Scientific). The GC conditions were: injector: 250°C; split less type injection; helium as carrier gas at
137 1.5 ml·min⁻¹; temperature gradient: 55 °C for 1 min, followed by an increase of 5 °C min⁻¹ to 180 °C,
138 then 10 °C min⁻¹ to 200 °C for 15 min, then an increase of 10°C·min⁻¹ to 225 °C for 14 min; the total
139 analysis time was 59.50 minutes. The injection volume was 1 µl. Peaks were identified by comparing
140 their mass spectra and retention times with those of the corresponding standards. The mass
141 spectrometer conditions were: transfer line: 250°C; source ion: 220°C; collision energy: 35 eV;
142 ionization in positive mode. The FAMES were detected using the “selected ion monitoring” (SIM)
143 mode with 5 times windows. In each analysis, different ions were monitored for each fatty acid
144 analyzed, which made it possible to carry out the detection and quantitative analysis of these: m/z
145 74+143 for saturated fatty acids, 79 + 91 for mono and polyunsaturated fatty acids. For quantification,
146 a 6-point calibration curve produced using standard solutions and an internal standard was produced
147 for each of the 23 fatty acids analyzed. The response (ratio between the area of the chromatographic
148 peak of each fatty acid methyl ester and that of the internal standard) was plotted as well as the
149 concentration of the standard solutions. Linear regression was used. After determining the fatty acid

150 content in each sample, the sum of saturated fatty acids, monounsaturated fatty acids,
151 polyunsaturated fatty acids, the n-6/n-3 ratio, the PUFA/AGS ratio, were calculated.

152

153 **2.1.7 Determination of the amino acid profile**

154

155 The method of Soufleros and Bertrand (1998) [14] with a modification of the elution gradient and flow
156 rate, was used for the determination of the amino acid profile. Thus, 5 g of dry matter in 20 mL of 0.2N
157 sodium citrate at a pH of 2.3. Then protein hydrolysis with 10 mL of 6N hydrochloric acid at 110°C for
158 24 hours. After evaporation of the acid, the sample is collected in 10 mL of 70% ethanol and filtered on
159 a millipore filter before injection into HPLC.

160 The Reference solution consists of 20 amino acids prepared at different concentrations by making
161 dilutions with a hydro-alcoholic solution at 10% vol. Each series contained 6 concentrations.

162 We used a Waters Alliance HPLC device, model e2695, equipped with an automatic 48-sample
163 collection system and a p2895 pump system.

164 Separation of amino acids was carried out using two columns in series, of the Lichrocart 125-4
165 cartridge type containing a Lichrospher 100 RP18 column. The length of each of these columns is
166 12.5 cm and the diameter of the particles is 5 µm. A pre-column of the same type has been placed at
167 the beginning of each column. The detection is made using a Waters 2475 spectrofluorimeter. The
168 excitation is made at the wavelength of 340 nm and the emission at 450 nm.

169 The samples and the reference solutions are then introduced into 2 mL glass vials. These vials are
170 then placed in the autosampler/sampler carousel.

171

172 **2.1.8 Vitamin dosage**

173 *2.1.8.1 Water-soluble vitamins*

174 The vitamin content of the samples was determined by high performance liquid chromatography
175 technique using the method described by European pharmacopoeia book [15].

176 Two (2) grams of sample were placed in 25 mL of acid sulfuric (0.1 N) solution. Then, the contents
177 were adjusted to pH 4.5 with 2.5 M sodium acetate. The preparation was stored at 35°C overnight.

178 The mixture was then filtered through a Whatman paper, and the filtrate was diluted with 50 mL of
179 pure water and filtered again through a micropore filter (0.45 µm). Twenty microliters (20 µl) of the
180 filtrate were injected into the HPLC system. Quantification of vitamins B5, B6, B9 and B12 content was
181 accomplished by comparison to standards. Chromatographic separation was achieved on a reversed
182 phase (RP) HPLC column through the isocratic delivery mobile phase at a flow rate of 1.5 mL/min.
183 Ultraviolet (UV) absorbance was recorded at 270 nm at room temperature.

184

185 *2.1.8.2 Fat-soluble vitamins*

186 The extraction of fat-soluble vitamins was carried out according to the method described by [16].

187 To 1.0 g of the sample was added 10 mL of a 10% KOH solution in methanol-water (1:1, v/v). To avoid
188 the oxidation process during saponification, 0.025 g of ascorbic acid was added. The mixture is then
189 brought to reflux in a water bath at 70° C. for 30 min. The mixture is then cooled and extracted with 3 x
190 5mL of hexane. The hexane phases were combined and dried over anhydrous sodium sulphate then
191 evaporated to dryness. The residue obtained (approximately 0.3 g) is taken up in methanol (10 mL) for
192 analysis.

193 The evaluation of fat-soluble vitamin content was made by HPLC coupled to a fluorimetric
194 detector. The analysis is carried out in isocratic mode on a Hypersil ODS RP18 column (stationary
195 phase), 5 µm particle diameter and 4.6 mm internal diameter. The mobile phase is an
196 Acetonitrile/methanol mixture (80:20, v/v) with a flow rate of 1 mL/min. The standards were prepared
197 by dilution series (1/10th then 1/2): α-tocopherol (E): 3.4µg/100 mL; Retinol (A): 11.3 µg/100 mL;
198 ergocalciferol (D2): 8.6µg/100mL. All calculations are made from the 100% witness. Fluorimetric
199 detection: vit A (455 nm), vit D (245 nm) vit E (295 nm)

200

201 **2.1.9 Assay of total polyphenols**

202

203 The method used to assay the total polyphenols was that proposed by the reagent of [17].

204 One (01) gram of dried yeast sample is homogenized in 10 mL of 70% (v/v) methanol. The mixture
205 obtained was centrifuged at 1000 rpm for 10 min. The pellet was recovered in 10 mL of 70% (v/v)
206 methanol and centrifuged again. The supernatants were pooled in a Falcon tube.

207 Two hundred (200) µL of methanolic extract was introduced into a test tube and added with two
208 hundred (200) µL of Folin-Ciocalteu reagent. The tube was left to stand for 3 min, then 200 µL of 20%
209 (w/v) sodium carbonate solution was added. To the contents of the tube was added 1.4 mL with

210 distilled water and the whole was placed in the dark for 30 min. The absorbance reading was taken
211 with a spectrophotometer at 760 nm against a blank. A standard range established from a stock
212 solution of gallic acid (0.1mg/mL) under the same conditions as the test makes it possible to determine
213 the quantity of polyphenols in the sample.

214 RESULTS AND DISCUSSION

215 Residual brewer's yeast is a brewing by-product that deserves considerable attention, due to the large
216 amount produced. This by-product, once collected, can be marketed in the form of paste, powder, or
217 even in liquid form [18].

218 The main organic compounds of the dehydrated residual brewer's yeast studied are summarized in
219 Table 1. The results show that proteins (46.77%) are the main constituents of the dry matter of this by-
220 product followed by carbohydrates (34.77%). Thus, residual beer yeasts are mainly composed of
221 proteins and carbohydrates [5]. Also, the most abundant element in yeast cells is carbon, which
222 represents just under 50% of the dry weight. The other major elemental components are oxygen (30-
223 35%), nitrogen (5%), hydrogen (5%) and phosphorus (1%) [5]. The total crude protein obtained was
224 net greater than 41.928% obtained by [19] while [6] obtained 52.7%. These authors indicate [20,21,22]
225 found protein content to range from 35.2 to 47.2% on a dry matter basis. [23] states that brewer's
226 yeast powder contains 46.1% protein in its percentage composition and the idea that protein makes up
227 35% to 69% of dry yeast has been supported by [24]. In general, the protein content of yeast is 45%,
228 and can reach 70%, depending on the physiological state and phase of the growth cycle [7].

229 **Table 1.** Descriptive statistics of moisture and main organic compounds content of beer lees

Item	Average	Standard deviation
Water content (%)	11.83	0.70
Crude proteins (%)	44.77	0.06
Crude fat (%)	1.33	0.10
Carbohydrates (%)	34.77	1.56
Total polyphenol (mg/g)	4.18	0.16
Sucrose (%)	1.49	0.20
Glucose (%)	1.49	0.03
Fructose (%)	2.98	0.70

230 The high protein content of yeast thus offers a wide range of uses. Residual brewer's yeast is also a
231 good source of essential amino acids because neither human nor other mammal can synthesize them
232 and therefore must ingest them from food [25].

233 These high values of the protein content of residual brewer's yeast indicate that the latter can easily
234 replace local soybean meal (45% protein) in animal nutrition to meet the nutritional needs of animals.
235 Also, the low lipid content (1.33%) of beer lees would be an advantage in feed to produce animals with
236 the less fatty flesh sought by consumers. Indeed, some studies indicate that the main current
237 destination of residual brewer's yeast is to formulate animal feeds and to mix it with spent grains
238 generated in the process to increase their nutritional value. The low content of reducing sugars
239 (glucose 1.49% and fructose 2.98%) are close to that (1.3%) obtained by [6] determined in the residual
240 yeast is in line with expectations. They justify this low by the fact that the residual brewer's yeast
241 mainly presents polysaccharides (and not reducing saccharides) as constituents of the cell wall.

242 Additionally, this study showed that spent beer yeast is a source of polyphenol as some studies have
243 reported the ability of yeast to absorb polyphenols during fermentation processes. This fact suggests
244

245 the potential value of residual brewer's yeast as a valuable source of value-added bioactive
246 polyphenols.

247
248 Residual brewer's yeast is a source of protein which has a high biological value with a quantity of
249 essential amino acids in its structure (Table 2). The amino acids present in greater quantities are
250 lysine, leucine, isoleucine, valine, threonine and phenylalanine, and there may be a slight deficiency of
251 sulfur amino acids [5,21]. This richness of this by-product has been proven by other researchers [6].
252 According to them, among the waste products from the production of beer, brewer's yeast is the by-
253 product richest in amino acids and corroborates with its high composition in soluble proteins. These
254 authors argue that this result can be attributed to cellular constituents that are dispersed in the
255 medium, possibly due to cell disaggregation, fragile and susceptible to autolysis at the end of
256 fermentation, as well as during atomization during of beer production.
257

258 **Table 2.** Descriptive statistics of amino acid profile compounds content of beer lees

Item	Average (g/16 g N Protein)
Histidin	1.35
Isoleucin	4.30
Leucin	6.69
Lysin	8.41
Methionin	2.44
Phenylalalin	4.10
Threonin	3.58
Cystein	ND
Glutamic acid	11.67
Valin	5.57
Arginin	4.44
Prolin	5.15
Alanin	6.24
Serine	3.37
Tyrosin	4.31
Aspartic acid	7.21

259
260 In addition, this waste contains other substances, such as minerals (Table 3). The total mineral
261 content of the yeast is 7.3% corresponding to the values (5 to 10% of the dry weight of the cell)
262 obtained from certain works [5,6]. This fraction includes a multitude of elements, including manganese
263 ($54.5 \cdot 10^{-3}$ mg/kg), potassium ($35.9 \cdot 10^{-3}$ mg/kg), sodium ($39.2 \cdot 10^{-3}$ mg/kg), iron ($31.5 \cdot 10^{-3}$ mg/kg)
264 and calcium ($24.5 \cdot 10^{-3}$ mg/kg) and zinc ($23.4 \cdot 10^{-3}$ mg/kg). Besides the mentioned minerals,
265 phosphorus, and copper are also determined in lower proportions.

266 **Table 3.** Descriptive statistics of inorganic compounds content of beer lees

Item	Average	Standard deviation
Ash (%)	7.3	0.84
Calcium (Ca; mg/kg)	0.0245	0.0003
Phosphorus (P; mg/kg)	0.0177	0.0004
Magnesium (Mg; mg/kg)	0.0145	0.0005
Potassium (K; mg/kg)	0.0359	0.0005
Sodium (Na; mg/kg)	0.0392	0.0500
Manganese (Mn; mg/kg)	0.0545	0.0005
Zinc (Zn; mg/kg)	0.0234	0.0003
Copper (Cu; mg/kg)	0.0027	0.0003
Iron (Fe; mg/kg)	0.0315	0.0013

267
268 Residual brewer's yeast with a lipid content of less than 2% is rich in unsaturated fatty acids including
269 oleic acid (2.1%), linoleic acid (0.38%) and linolenic acid (0.35%). The saturated acids determined are
270 mainly palmitic acid (1.46%), stearic acid (0.55%), myristic acid (0.46%) and a small amount of lauric
271 acid (0.02 %) (Table 4).

272 **Table 4.** Descriptive statistics of fatty acids profile compounds content of beer lees

Item	Content (g/100g MS)
Palmitic acid	1.46
Arachidonic acid	0.11
Oleic acid	2.1
Stearic acid	0.55
Lauric acid	0.02
Linoleic acid	0.35
Linolenic acid	0.38
Myristic acid	0.46

273
274 It is also rich in vitamins (vitamin A (35µg/100 g), vitamin E, vitamin D, vitamin B3, vitamin B6, vitamin
275 C), mainly in niacin or vitamin B3 (Table 5) as mentioned by [26]. This by-product can be used as
276 vitamin supplements in natural foods [27].
277

278 **Table 5.** Descriptive statistics of vitamins compounds content of beer lees

Item	Content
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Vitamin A (µg/100g)	35.1
Vitamin E (mg/100g)	0.58
Vitamin D (µg/100g)	6.69
Vitamin B3 (mg/100g)	5.45
Vitamin B6 (mg/100g)	0.71
Vitamin C (mg/100g)	0.27

279
280 Due to the composition rich in proteins, amino acids, minerals and other compounds of interest,
281 several attempts have been made to reuse the yeast surplus in biotechnological processes such as
282 obtaining products with high nutritional value in application in the pharmaceutical industry and in
283 human food as food supplements due to their rich composition and to be generally recognized as safe
284 (GRAS) [7,28]. Such a compound is of particular interest for use in the food industry as a flavoring
285 agent in soups, sauces, gravies, stews, snacks, and canned foods [27].
286 Authors [29] point out that residual brewer's yeast has the potential to increase ham quality due to its
287 high protein content which can improve texture. Moreover, Others [30] showed that it contains
288 nucleotides that can act as flavor enhancers and increase the sensory characteristics of ham. It is also
289 a good source of minerals and vitamins which will improve the nutritional composition of the ham. [31]
290 showed that cooked ham supplemented with yeast extract had higher hardness, chewiness, ash,
291 protein, and free amino acids than control hams. These authors concluded that spent yeast extract
292 can be used as a gel stabilizer in cooked ham formulations.
293 However, [32] report that some factors limiting their application for human consumption are presence
294 of bitter compounds, difficulty in digesting thick cell wall and high RNA content, which may lead to
295 increased uric acid levels in blood and tissues.
296 [27] report that yeast extract is used in microbiological media as a source of nutrients. Thus, the work
297 of [33] demonstrated that the use of brewer's yeast autolysate during the fermentation of vegetable
298 juices by *Lactobacillus acidophilus*, favorably affects the increase in the number of lactic bacteria, the
299 reducing fermentation time and enriching vegetable juices with amino acids, vitamins, minerals, and
300 antioxidants.
301
302 It appears from this study that the residual brewer's yeast, a by-product of the brewing industry and
303 contains a large amount of proteins, carbohydrates, vitamins and minerals, which is why this residue
304 can be used as an ingredient in the animal feed and as food supplements for an enhancement of this
305 by-product from Ivorian breweries as it is in other countries.

307 **COMPETING INTERESTS**

308 The author(s) declared no potential conflicts of interest with respect to the research, authorship and/or
309 publication of this article.

310 **AUTHORS' CONTRIBUTIONS**

311 N'Guessan Yevi Delphine. designed the study, performed the statistical analysis, Otchoumou Kraidy
312 Athanase wrote the protocol, and wrote the first draft of the manuscript. Bedikou Ehuie Micaël
313 managed the analyses of the study. Assemian Ines Christelle and Ehon Ayawovi Charlotte managed
314 the literature searches. All authors read and approved the final manuscript.

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