

# Association of Abennet and Trapezius Fracture: Case Report

---

## ABSTRACT

The association of Bennet fracture and fracture of the trapizius are rare, and only few cases were reported in the literature, the authors report a case of 56 years old male after a slip, who was treated by percutaneous spinning according to Iselin technique. Functional outcomes were satisfying after 1year follow-up.

*Keywords: Trapezium; fracture; trapeziometacarpal; metacarpal bone carpal fractures.*

## 1. INTRODUCTION

The trapezium fracture is a rare injury and represents 3% of carpal fractures [1] it can be isolated or associated with other injuries, the most common being Bennett's fracture [2]. The trapeziometacarpal joint is a complex joint due to its high degree of mobility, and the mechanism is often combined [3]. Careful analysis of the radiographs is fundamental to not miss any trapezium lesions that may lead to rhizarthrosis, the treatment is essentially surgical and Iselin technique improves the mounting stability [4,5]. Through an observation of a patient presenting with a trapezium fracture associated with a Bennett's fracture and a literature review, we will discuss the diagnostic and the therapeutic

particularities of this exceptional injury association.

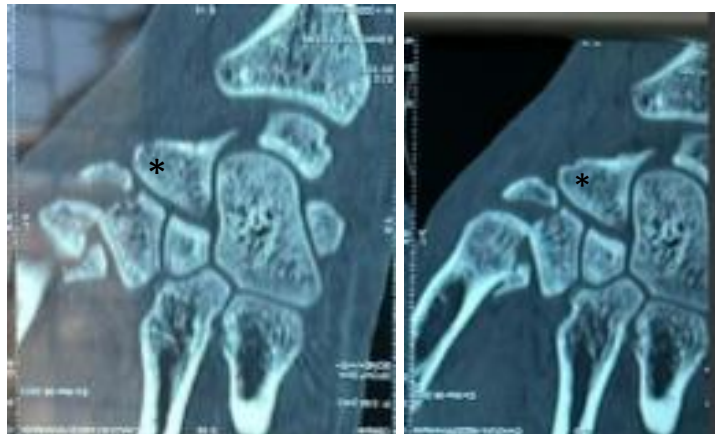
## 2. CASE PRESENTATION

A 56-year-old patient presented to the emergency department with a closed trauma to the right wrist following a slip with the reception point being the palm of the right hand in dorsiflexion. Clinical examination revealed pain and total functional impotence with edema of the the narcompartment without downstream vascular or neurological disorders. A wrist X-ray (Fig. 1) showed an intra-articular vertical fracture of the trapezium associated with a Bennett's fracture with internal displacement of the articular fragment but without dislocation of the first metacarpal bone. A CT scan was requested (Fig. 2), which did not show any associated dislocation or lesion.

---



**Fig. 1. Trapezium fracture associated with a Bennett's fracture (\*)**



**Fig. 2. CT scan image showing a trapezium fracture associated with a Bennett's fracture (\*)**

The patient underwent surgical treatment under local-regional anesthesia. Reduction was performed by closed external manipulation under fluoroscopic control. Osteosynthesis by pinning according to the Islin technique was performed, with spontaneous anatomical reduction of the trapezium fracture. Postoperative immobilization with a commissural plaster splint was carried out for six weeks, followed by a wrist and hand rehabilitation protocol.

The patient had a favorable outcome after a one-year follow-up, with consolidation of the fractures and functional recovery.

### **3. DISCUSSION**

The trapezium fracture is a rare injury, accounting for only 3% of all carpal fractures [6]. It is associated with the Bennett fracture in 15% of cases [7].

There are two theories regarding the pathogenesis of trapezium fractures. According to Manon's theory, a fall on the hand in dorsal flexion and radial inclination causes the radial styloid to wedge into the trapezium, combined with tearing by the trapezoid ligament. Monsche's theory talks about a commissural shear that results in trapezium fracture, trapeziometacarpal dislocation, or first metacarpal base fracture depending on the application point [8].

Radiography confirms the diagnosis, but the overlap of the trapezium with the trapezoid does not always allow the fracture to be visualized on frontal and profile incidences. The Robert incidence, performed with the hand in pronation, shows the body of the trapezium [2]. CT scan allows for further evaluation in difficult cases [9].

Orthopedic treatment with plaster immobilization with thumb in opposition gives good results for isolated and non-displaced trapezium fractures [10]. This treatment is not indicated in the case of association with a Bennett fracture.

Reduction of these fractures should be anatomical due to their articular nature, and it can be done by open or closed reduction. For fractures with large fragments, osteosynthesis can be done using thin Kirschnerwires or Herbert screws [2]. Osteosynthesis with screws should be preferred. Trapezection may be considered in comminuted fractures [11], and non-anatomical reduction exposes to complications, including rhizarthrosis.

Bennett fracture requires closed reduction osteosynthesis by percutaneous pinning, and several techniques are proposed. Iselin's technique is the most commonly used [2,12], and open reduction and internal fixation allow for the reduction of the articular surfaces [2].

#### 4. CONCLUSION

The association of ipsilateral trapezium and Bennett fractures is rare, and the diagnosis maybe incorrect, which highlights the importance of specific radiological incidences and complementary CT scan in identifying this lesion. Adequate treatment can prevent complications, mainly represented by rhizarthrosis.

#### CONSENT

As per international standard or university standard, patient(s) written consent has been collected and preserved by the author(s).

#### ETHICAL APPROVAL

As per international standard or university standard written ethical approval has been collected and preserved by the author(s).

#### COMPETING INTERESTS

Author has declared that no competing interests exist.

#### REFERENCES

1. Razemon JP. Fractures of the carpal bones. In: Tubiana R, editor. *Traité de chirurgie de la main*, II. Paris: Masson. 1984;667-92.
  2. Simultaneous Trapezium and Bennett fractures (A case report) *Rev Maroc Chir Orthop Traumatol*. 2013;50:53-56.
  3. Bennett's fracture associated with fracture of Trapezium - A rare injury of the carpometacarpal joint
  4. Combined Bennett's Fracture and Trapezium Fracture - A Rare Case Report and Literature Review, *Scholars Journal of Medical Case Reports*.
  5. McGuigan FX, Culp RW. Surgical treatment of intra-articular fractures of the trapezium. *The Journal of Hand Surgery*. 2002;27(4):697-703.
  6. El Ibrahim A et coll. Dislocation of the carpometacarpal joint of the thumb associated with trapezium and Bennett's fractures. *Hand*. 2009;4:191-3.
  7. Bennett's fracture associated with fracture of Trapezium - A rare injury of the carpometacarpal joint associated with fracture of Trapezium - A rare injury of the carpometacarpal joint
  8. Bennett's Fracture Combined with Trapezium A report of three cases. *The Journal of Hand Surgery: British & European*. August 1993;8(4):523-526.
  9. Sharp J. Fracture of the trapezium: Mechanism, pathology and indications for treatment. *Fr. J. Orthop Surg*. 1988;3:380-391.
- Simultaneous trapezium and Bennett fractures: about a case and review of the literature

10. McGuigan FX. Simultaneous trapezium and Bennett's fractures. *Comment J Hand Surg* 1993; 18A: 944
  11. Pointu J. Fracture of the trapezium: Mechanism, pathology and indications for treatment. *Fr. J. Orthop Surg.* 1988;3:380-391.
  12. Simultaneous trapezium fracture with bennett's fracture-dislocation: the report of closed reduction and percutaneous fixation technique 12- LLLL Simultaneous Trapezium Fracture with Bennett's Fracture-Dislocation: The Report of Closed Reduction and Percutaneous Fixation Technique The Thai Journal of Orthopaedic Surgery.
-