

1 **Investigation Of Bioaerosols and The Microbiological Indoor Air Quality in an**  
2 **Urban Nursery School in Port Harcourt, Nigeria**

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**ABSTRACT**

**Aims:** This study was aimed at investigating the microbial quality of air within the confines of nursery school children. Early exposure to these indoor pollutants can lead to major public health concerns which include acute respiratory tract infections, allergies as well as cancer.

**Study Design:** Random sampling approach was used in the collection of the samples. Air samples were collected from two different classrooms in a nursery school.

**Place and Duration of Study:** Air samples were collected within the confines of the nursery section of the Demonstration Primary School in the University of Port Harcourt, Rivers State, Nigeria every other weekday in the month of May 2022.

**Methodology:** Culture media were placed at the four corners of two classrooms in the nursery section. This nursery class comprised of children between the ages of 4-5 years. Nutrient, MacConkey and potato dextrose agar media were used to culture airborne microorganisms during the study. For differential identification of bacteria, citrate, motility, oxidase, indole, catalase, methyl red Voges Proskauer, triple salt iron agar, sugar fermentation tests were carried out.

**Results:** Both bacterial and fungal species of medical importance, such as *Bacillus*, *Shigella*, *Micrococcus*, *Serratia*, *Proteus.*, *Yersinia*, *Enterobacter*, *Penicillium*, *Aspergillus*, *Candida*, *Microsporium*, *Exophiala* and *Mucor* spp were isolated in this study. The most predominant bacterial species among the isolates in the study was *Bacillus* sp. with the percentage occurrence of 25%. *Shigella* and *Yersinia* species

had the percentage occurrence of 16.67% respectively other species like *Serratia*, *Micrococcus*, *Enterobacter* and *Proteus* each had percentage occurrence of 8.33% which was the lowest occurrence. All the fungal isolates had similar or equal percentage occurrence (16.67%).

**Conclusion:** Exposure to microbial aerosols in nursery schools can lead to several health complications. Thus, recognition, control and monitoring of air quality in schools are crucial in limiting the spread of airborne pathogens.

11 *Keywords:* Bioaerosols, microorganisms, environment, children, bacteria, fungi.

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## 13 **1. INTRODUCTION**

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15 “Bioaerosols consist of airborne particles that consist of living organisms, such as  
16 bacteria, fungi and viruses or parts of living organisms, such as plant pollen, spores  
17 and endotoxins from bacterial cells or mycotoxins from fungi. Airborne particles  
18 which consist of bioaerosols are extremely small thus, not visible to the naked eye  
19 as they range in size from 0.02 to 100 micrometers in diameter” [1].

20 “Schools are environments with a high level of population density and activity of  
21 children, where different pollutants originating from both indoor and outdoor sources  
22 may be introduced and linger for a long time” [2]. “Furthermore, school buildings are  
23 often characterized by irregular interventions for building maintenance and  
24 environmental remediation” [3]. “Children are more susceptible to the effects of air  
25 contaminants than adults, due to their developing immune and respiratory system,  
26 lower body mass index and breathing pattern” [4]. “As a result of the time spent in  
27 schools, indoor environmental conditions are among the main contributors of  
28 complete exposure for children to several air pollutants” [5].

29 “The risks posed by bioaerosols have been studied over the years. The results of  
30 these link adverse human health effects that are exposed to high concentrations of  
31 bioaerosols. Exposure to bioaerosols has been identified with links between  
32 respiratory and gastrointestinal illnesses” [6].

33 “People spend more than 90 % of the day in indoor environments” [7-9]. “In case of  
34 younger children, besides the home front, nursery school is the main indoor

35 environment. Studies conducted in the last 20 years by the US Environmental  
36 Protection Agency revealed that indoor air is occasionally 70–100 times more  
37 polluted than outdoor air” [10]. Consequently, early life exposure to bioaerosols  
38 found at nursery schools and their possible roles in airway diseases is a critical area  
39 of research.

40 “ Research has indicated that human activities increase the airborne bacterial loads  
41 leaving a distinctly human microbial signal inside buildings” [11]. “Specific activities  
42 like talking, sneezing, coughing, walking, washing and toilet flushing can generate  
43 air borne biological particulate matter” [12]. “Airborne microbes attach to dust  
44 particles, condense and enter the human body directly via inhalation or indirectly by  
45 ingestion of contamination foods and water resulting in development of diseases  
46 and toxic reactions” [13].

47 Various microorganisms can be in aerosol form in the atmosphere, including  
48 viruses, bacteria, fungi, yeasts and protozoans. To survive in the atmosphere, it is  
49 important that these microbes adapt to some of the harsh climatic characteristics of  
50 the exterior world, including temperature, gases and humidity. Several  
51 microorganisms capable of surviving harsh conditions can form endospores, which  
52 can withstand extreme conditions [14]. Most bacteria or bacterial agents are not  
53 very potent allergens. Bacterial cell walls components, such as endotoxin (present  
54 only in Gram-negative bacteria; and peptidoglycans (most prevalent in Gram-  
55 positive bacteria), are agents with important pro-inflammatory properties that may  
56 induce respiratory symptoms. The effects of peptidoglycans are assumed to be very  
57 similar to those observed with endotoxin exposure; however, this has not been  
58 systematically studied.

59 *Bacillus anthracis* can resist environmental stressors. It is a Gram-positive rod-  
60 shaped bacterium which utilizes spore formation to resist environmental stresses.  
61 The spore is a dehydrated cell with extremely thick cell walls which can remain  
62 inactive for many years. This spore makes *Bacillus anthracis* a highly resilient  
63 bacterium, enabling it to survive extreme temperatures, chemical contamination, as  
64 well as low nutrient concentrations [15] These species of bacteria are associated  
65 with Anthrax, which is a severe respiratory disease that infects humans.

66 According to Selman *et al.*, [16], fungi are well-known sources of allergens that play  
67 a role in the development of Hypersensitivity pneumonitis (HP). The species  
68 involved include many common genera such as *Penicillium* and *Aspergillus*, which  
69 occur in some work environments usually at very high levels (e.g., composting  
70 facilities, farms, etc.). Hay contaminated with thermophilic bacteria such as  
71 *Saccharopolyspora rectivirgula* or *Thermoactinomyces vulgaris* is the source of  
72 allergens causing farmer's lung or HP [17], and similar disorders have been  
73 observed among mushroom growers and, incidentally, among compost workers  
74 [16].

75 A specific exposure with high risk to occupational disease is that to *Aspergillus*  
76 *fumigatus*, a fungus that not only induces allergic sensitization and symptomatic  
77 allergic lung disease but can also cause an infectious mycosis (Broncho-pulmonary  
78 aspergillosis), especially in immuno-compromised subjects. Many fungal species  
79 have also been described as producers of type I allergens (IgE binding allergens),  
80 and IgE sensitization to common outdoor and indoor fungal genera like *Penicillium*  
81 and *Aspergillus* are strongly associated with allergic respiratory disease, especially  
82 asthma [18].

83 Another microorganism that can resist environmental stresses is *Aspergillus*  
84 *fumigatus*, it is a major airborne fungal pathogen [19]. This pathogen has the  
85 propensity to illicit human diseases when conidia are inhaled into the lungs. While *A.*  
86 *fumigatus* lacks virulence traits, it is very adaptable to changing environmental  
87 conditions and therefore is still capable of mass infection. [19]. Hence this study was  
88 carried out to investigate the microbial air quality within the confines of nursery  
89 school children in Port Harcourt, Rivers State, Nigeria.

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## 92 **2. METHODOLOGY**

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### 94 **2.1 Media preparation**

95 The different media used during the research: MacConkey, nutrient and potato  
96 dextrose agar were prepared in accordance with the manufacturer's specification.

### 97 **2.2 Sampling Area**

98 Two classrooms from the nursery section of University of Port Harcourt  
99 Demonstration Primary School Choba were used as sampling areas for the study.

### 100 **2.3 Sampling Method**

101 Indoor air was sampled in two different nursery classrooms by gravitational (drop  
102 plate) method. This was carried out by placing open sterile petri dishes containing  
103 already prepared sterile Nutrient, MacConkey, and Potato Dextrose Agar  
104 respectively, exposed to air. This exercise covered two different nursery  
105 classrooms, A and B, 1 meter above the ground for 30 minutes at separate time  
106 intervals: 9:00 – 9:30 am and 12:00 – 12:30 pm respectively. The Nutrient Agar and  
107 MacConkey Agar were used for the isolation of culturable heterotrophic bacteria,  
108 while the Potato Dextrose Agar with drops of lactic acid was used for the isolation of  
109 fungi. Thereafter, the plates were covered aseptically and transported to the  
110 University of Port Harcourt microbiological laboratory where they were incubated  
111 appropriately.

### 112 **2.4 Microbial analysis of the Air samples**

113 Total bacterial and fungal counts were enumerated and reported as colony forming  
114 units per plate per time (Cfu /plate/time). Omeliansky formula [20] was used in the  
115 calculation of the cfu/plates for fungi and bacteria for the indoor air quality.

116 Formula:

$$117 \quad N=5ax10^4 (bt^{-1})$$

118  $N$  – Microbial cfu/m<sup>3</sup> of indoor air

119  $a$  – No of colonies per plates

120  $b$  – Dish surface (m<sup>2</sup>)

121  $t$  – Exposure time (min)

### 122 **2.4 Isolation of Bacteria and Fungi from the Air samples**

123 Growths from nutrient and MacConkey agar (BIOLIFE) were isolated into freshly  
124 prepared nutrient agar by streaking a loopful of each sample onto duplicate nutrient  
125 Agar (NA) (Hardy Diagnostics USA) plates after 24hrs of incubation at 25°C, while  
126 fungi were isolated on potato dextrose agar acidified with lactic acid (APDA) plates  
127 and incubated at 37° C for 72 hrs. Distinct colonies were sub-cultured accordingly  
128 by streaking loopful of a single colony on nutrient agar duplicated and incubated at  
129 37°C for 24 hrs after which they were stored on agar slants at 4°C and preserved for  
130 biochemical identification.

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## 132 2.5 Biochemical identification

133 Biochemical tests such as citrate, motility, oxidase, indole, catalase, Methyl Red and  
134 Voges Proskauer, triple salt iron agar, sugar fermentation were applied for the  
135 identification of the isolates [12].

## 136 2.6 Statistical Analysis

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138 All experiments were carried out in triplicates, data obtained was subjected to  
139 AVOVA and mean were separated with Duncan multiple range test using SPSS  
140 version.

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## 144 3. RESULTS

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146 Table 1 shows the percentage occurrence of the bacterial isolates. The most  
147 predominant species among the isolates in the study was *Bacillus* sp with the  
148 percentage occurrence of 25%. *Shigella* and *Yersinia* species had the percentage  
149 occurrence of 16.67% each. Other species like *Serratia*, *Micrococcus*, *Enterobacter*  
150 and *Proteus* each had percentage occurrence of 8.33% which was the lowest  
151 occurrence.

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**Table 1: Distribution of bacterial isolates within the classrooms**

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<b>Bacteria</b>	<b>Classroom A No. (%)</b>	<b>Classroom B No. (%)</b>	<b>Occurrence rate (%)</b>
<i>Bacillus</i>	2(25)	1(25)	25
<i>Serratia</i>	1(12.5)	0(0.0)	8.3
<i>Micrococcus</i>	0(0.0)	1(25)	16.7
<i>Proteus</i>	1(12.5)	0(0.0)	8.3
<i>Enterococcus</i>	1(12.5)	0(0.0)	8.3
<i>Micrococcus</i>	0(0.0)	1(25)	8.3
<i>Yersinai</i>	2(25)	0(0.0)	16.7
<i>Shigella</i>	1(12.5)	1(25)	16.7
<b>Total</b>	<b>8(66.7)</b>	<b>4(33.3)</b>	<b>100</b>

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173 The percentage occurrence of the fungal isolates obtained during the study are  
174 presented in Table 2. *Penicillium*, *Aspergillus*, *Candida*, *Microsporium*, *Exophiala*  
175 and *Mucor* species were identified as the likely fungal organisms in the study. All the  
176 fungal isolates had similar or equal percentage occurrence (16.67%).

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**Table 2: Distribution of fungal isolates within the classrooms**

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<b>Fungi</b>	<b>Classroom A No.(%)</b>	<b>Classroom B No.(%)</b>	<b>Occurrence rate (%)</b>
<i>Aspergillus</i>	1(33.3)	0(0.0)	16.7
<i>Penicillium</i>	1(33.3)	0(0.0)	16.7
<i>Microsporum</i>	0(0.0)	1(33.3)	16.7
<i>Exophiala</i>	1(33.3)	0(0.0)	16.7
<i>Mucor</i>	0(0.0)	1(33.3)	16.7
<i>Candida</i>	0(0.0)	1(33.3)	16.7
<b>Total</b>	<b>3(50)</b>	<b>3(50)</b>	<b>100</b>

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188 Figure 1 shows the result of the comparison of the total bacterial load in classroom

189 A and B on nutrient agar at (9:00am - 9:30am) within 8 days. Results obtained

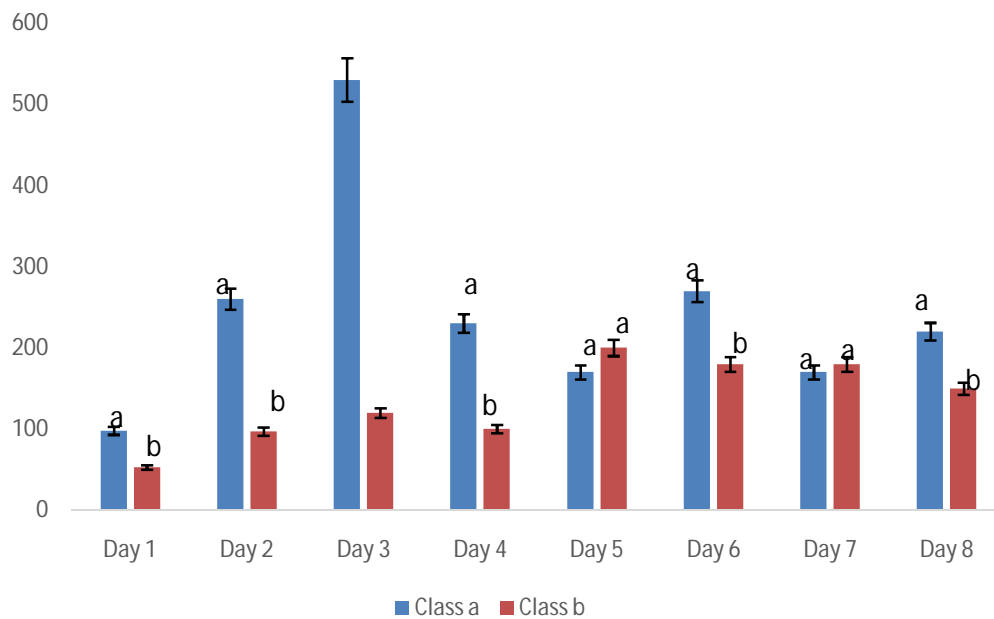
190 showed that the highest bacterial load was observed in day 3 in classroom A.

191 whereas; the lowest bacterial load was observed in day 1 classroom B. Classroom

192 B, had a relatively lower bacterial load compared to A, the highest bacterial load

193 was observed in day 5; whereas the lowest bacterial load was recorded in day 1.

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196 **Figure 1: Comparison of the total heterotrophic bacterial loads in air of**

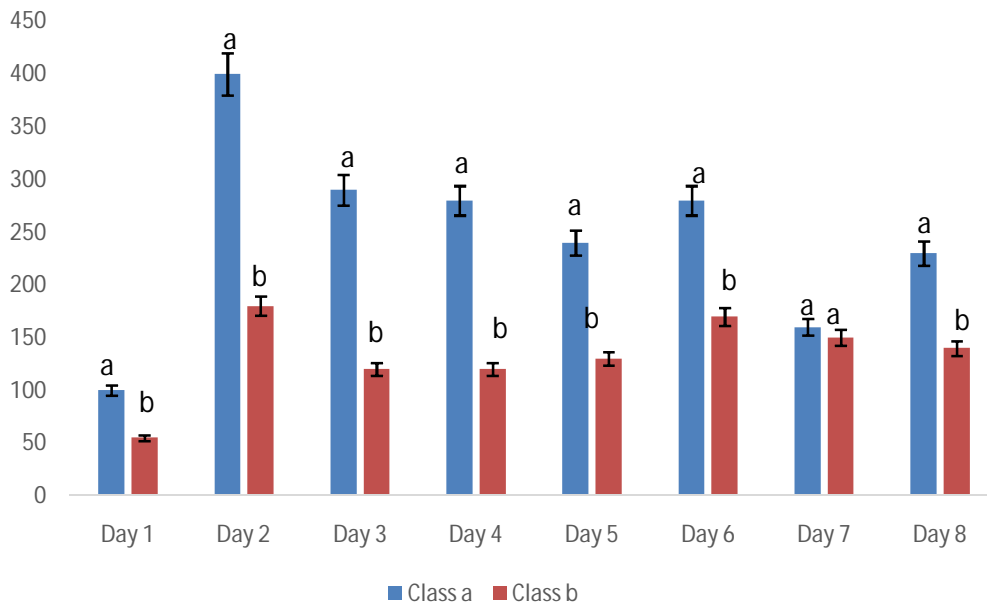
197 **classrooms A and B during morning class (9:00am - 9:30am).**

198 **Different letters on bars highlights significant difference between classrooms**  
199 **per time,  $P \leq 0.005$ .**

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209 Figure 2 shows the contrast in the total heterotrophic bacterial loads in classrooms  
210 A and B on nutrient agar at (12:00pm – 12:30pm) within 8 days. From the result,  
211 the highest bacterial load was obtained in air on day 2 classroom in A, whereas; the  
212 lowest bacterial load was obtained on day 1 classroom A. The highest bacterial load  
213 in classroom B was obtained on day 2, whereas the lowest was obtained on day 1.

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218 **Figure 2: Comparison of the total heterotrophic bacterial loads in air of**  
219 **classrooms A and B during afternoon class (12:00 - 12:30pm)**

220 **Different letters on bars indicate significant difference between classrooms per**  
221 **time,  $P \leq 0.005$ .**

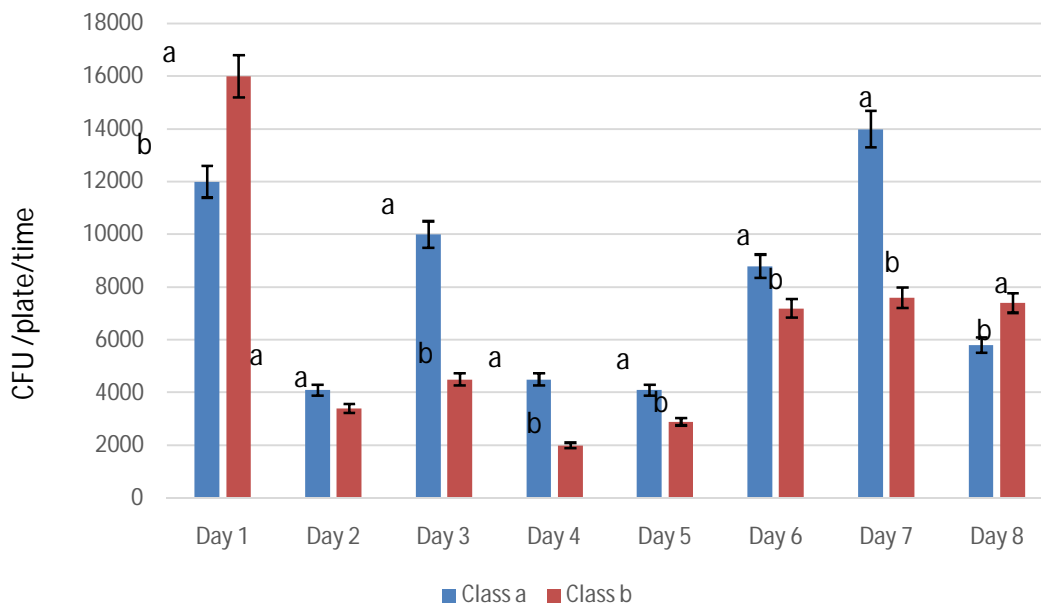
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225 Figure 3 shows the result of the comparison of the total fungal load in classrooms A  
226 and B on potato dextrose agar during the morning class (9:00am - 9:30am). From  
227 the result, the highest fungal load obtained in air of classroom A on day 7, whereas;  
228 day 3 and day 5 had the lowest fungal load for classroom A. The result of the total  
229 fungal loads in classroom B, indicated that the highest load was obtained on day 1,  
230 whereas day 4 had the lowest fungal load.

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233 **Figure 3: Comparison of the total fungal loads in air of classrooms A and B**  
234 **during the morning class (9:00am - 9:30am)**

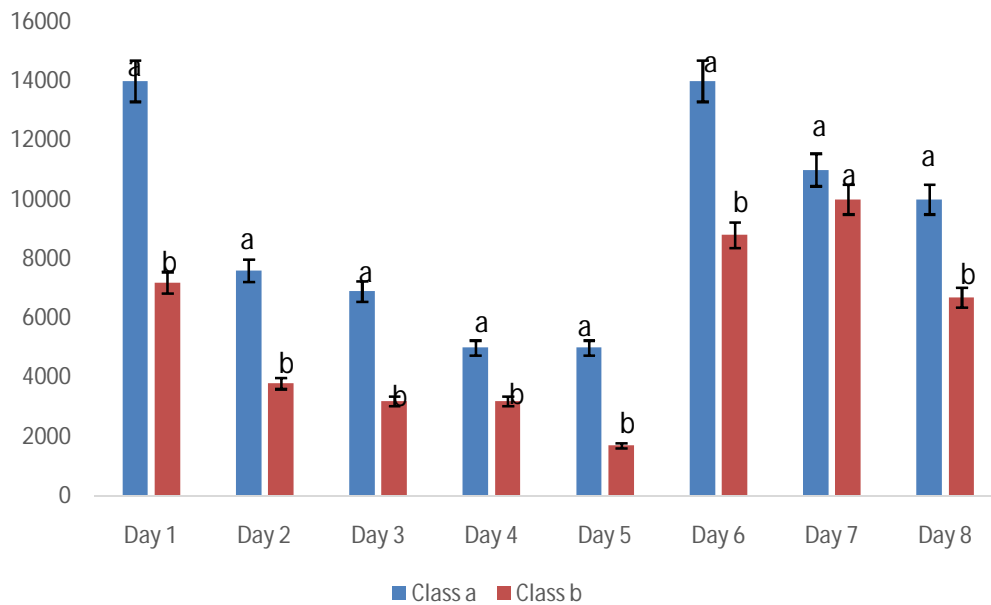
235 **Different letters on bars indicate significant difference between**  
236 **classrooms per time,  $P \leq 0.005$ .**

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241 Figure 4 shows the contrast between the total fungal loads of air in classrooms A  
242 and B during the morning class (at 9:00am – 9:30am). The results obtained  
243 revealed that for classroom A, the highest fungal counts were observed on days 1  
244 and 6 respectively whereas the lowest fungal counts were observed in days 4 and 5  
245 respectively. For classroom B, the lowest fungal count was observed on day 7,  
246 whereas the lowest counts were observed on day 5.



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248 **Figure 4: Comparison of the total fungal loads in air of classrooms A and B**  
249 **during afternoon class (12:00 - 12:30pm)**

250 **Different letters on bars indicate significant difference between**  
251 **classrooms per time,  $P \leq 0.005$ .**

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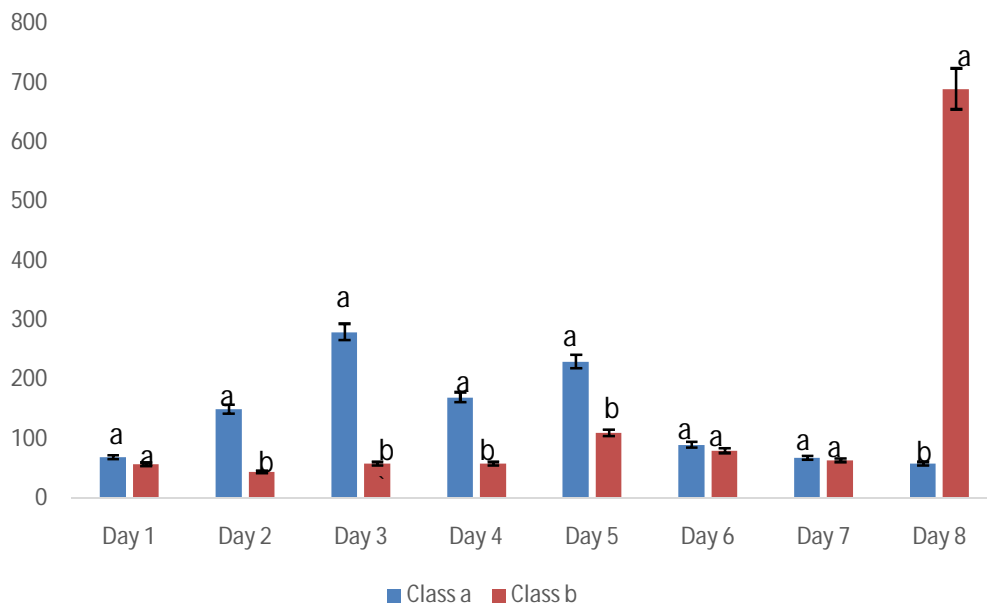
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257 Figure 5 shows the result of the comparison between the total bacterial loads in air  
258 of classrooms A and B during the afternoon class session (9:00 - 9:30am). From the  
259 result, for classroom A, on day 3 had the highest bacterial load, whereas the lowest  
260 bacterial load was obtained on day 8. For classroom B, the highest bacterial load  
261 during the study was obtained on day 8, whereas the lowest bacterial load was  
262 obtained on day 2.

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266 **Figure 5: Comparison of the coliform bacterial loads of air in classrooms A**  
267 **and B during the afternoon class session (9:00 - 9:30am)**

268 Different letters on bars indicate significant difference between classrooms per time,  
269  $P \leq 0.005$ .

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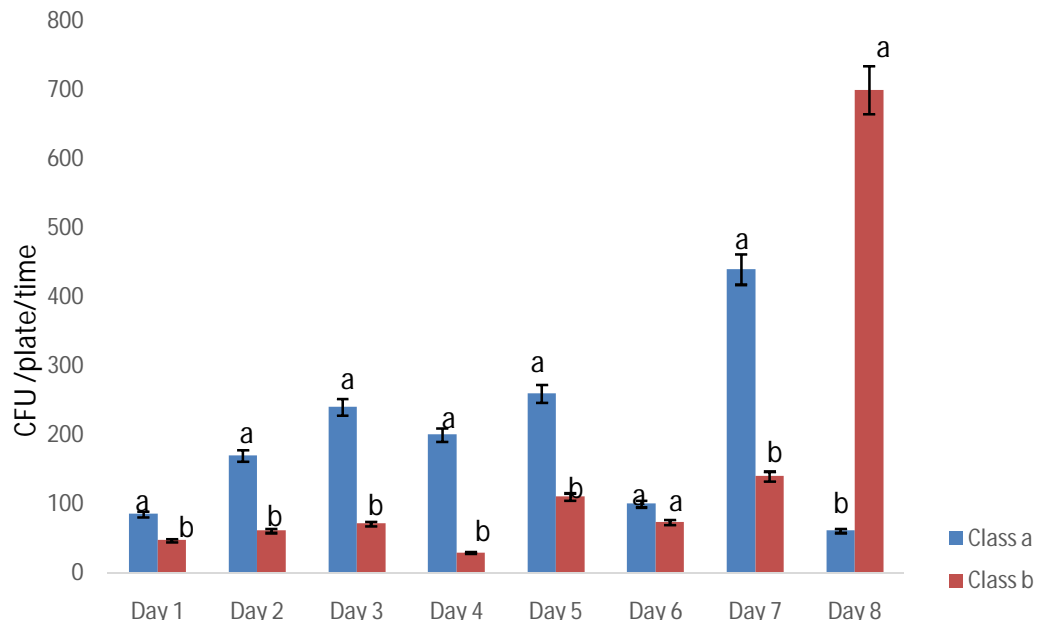
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275 Figure 6 shows the result of comparison of the total coliform bacterial counts in  
276 classrooms A and B during the afternoon class session (12:00 - 12:30pm). From  
277 the result, it was observed that day 7 had the highest bacterial counts, whereas day  
278 8 had the lowest bacterial load for classroom A. For classroom B, day 8 recorded  
279 the highest bacterial counts whereas, day 4 had the lowest bacterial counts.

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282 **Figure 6: Comparison of the total coliform bacterial loads of air in classrooms**  
283 **A and B during the afternoon session (12:00 - 12:30pm)**

284 **Different letters on bars indicate significant difference between classrooms**  
285 **per time,  $P \leq 0.005$ .**

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### 296 **3.1 Discussion**

297 Schools are places with a high level of activity and population density of children  
298 and where different pollutants from both indoor and outdoor sources may be  
299 introduced and persist for a long time [21]. School buildings and facilities provide  
300 children with ideal places for their learning and development. Outside of the home,  
301 children spend most of their time indoors while at school. The air quality of any  
302 learning environment determines the health status, and the degree of comfort  
303 children derive from such environment. Indoor air quality (IAQ) in school buildings is  
304 characterized by various pollutants, such as volatile organic compounds (VOCs),  
305 aldehydes, particulate matter, fungi and bacteria [22-24].

306 Microbial contamination of air in schools is one of the most important high-risk  
307 factors of infections. Therefore, recognition, monitoring and control of air microbial  
308 contamination in schools are very necessary especially for airborne pathogens. This  
309 can be done routinely by microbiological sampling [25]

310 The bacterial species isolated in this study were also isolated in a similar study by  
311 Ki-Hyun *et al.* [26] (2018). Most of the bacterial isolates in this study are known to be

312 pathogenic, and as such, could pose a whole lot of health challenges to humans,  
313 especially children. For instance, *Bacillus* sp which is known to be associated mainly  
314 with food poisoning, has been increasingly reported to be a cause of serious and  
315 potentially fatal non- gastrointestinal-tract infections [27]. *Shigella flexneri* causes  
316 diarrhea that is usually self-limiting, which may result to life threatening disease [28].  
317 However, in the absence of adequate medical care or in immunocompromised  
318 patients, it can be fatal. Other bacterial isolates that were obtained during the study  
319 that could pose serious threat to human health are *Micrococcus*, *Serratia*, *Proteus.*,  
320 *Yersinia* and *Enterobacter* spp.

321 The fungal species that were isolated from the indoor air during the study are  
322 *Penicillium*, *Aspergillus*, *Candida*, *Microsporium*. *Exophiala* and *Mucor* spp. Some of  
323 these fungi were also isolated by Amemeh *et al.* [29] in a related study. The  
324 presence of *Aspergillus* and *Penicillium* could be because they have high growth  
325 ability in different climatic conditions and by producing small light spores which  
326 remain in the air [30].

327 Considering the bacterial load on the various media used in classrooms A and B, at  
328 9:30 am and 12:30 pm, it was revealed that classroom A had more bacterial load  
329 compared to classroom B. However, classroom B had substantially high total fungal  
330 load on day 1 (9:00 am – 9:30 am), likewise the total bacterial loads observed in day  
331 1 (9:00 am – 9:30 am and day 8, 9:00 – 9:30 am as well as 12:00pm – 12:30pm). It  
332 is important to note that bioaerosols pose serious health hazards for people and  
333 animals living in their vicinity. Environmental pollution is spread in the form of  
334 bioaerosols containing viruses, bacteria, actinomycetes and fungi [31].

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#### 337 **4. CONCLUSION**

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339 This study identified different airborne microorganisms within the confines of a  
340 nursery school in an urban area. Some of these microorganisms have distinct  
341 signatures with reference to the species associated with them. It is expedient to note  
342 that exposure to indoor pollutants can lead to a variety of health challenges such as

343 respiratory illnesses, allergies, asthma and many other ailments in children. Certain  
344 species of fungi like *Candida* are associated with the human skin and may be  
345 released as bioaerosols upon shedding. Therefore, there is need for nursery school  
346 buildings to be monitored closely in order to improve the indoor air quality to ensure  
347 the health and well-being of children. Factors such as: temperature, humidity,  
348 occupancy, ventilation, and cleaning can all affect the air quality. And so,  
349 understanding these factors and implementing measures to improve air quality, we  
350 can ensure a safe and healthy environment for the children in nursery schools.

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356 nursery section to carry out this study.

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### **COMPETING INTERESTS**

360 The authors declare that there is no competing interests regarding the publication of  
361 the paper.

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### **AUTHORS' CONTRIBUTIONS**

366 Ughala Ezinwanne took the lead in the study design and writing the manuscript  
367 while Okoro Chisom, Loveth performed the laboratory experiments.

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