

# **Institutional Solid Waste Management Practices: Case study of Agriculture University in Kashmir**

## **Abstract**

This study was carried on solid waste management in Sher-Kashmir University of Agricultural Science and Technology Kashmir. It is noted that the advantages in managing solid waste at institutional level such as university because of its unique characteristics also influence the waste management needs and strategies. This paper outlines findings from a year-long study through surveys, field investigations, including on-site waste measurements and questionnaire on institutional solid waste management. It was discovered that the waste's content was primarily organic in content, suggesting a strong disposing potential in terms of organic manure or biogas production through scientific digestion and composting. The study revealed that maximum contribution to organic waste in the form of food waste was from messes of the hostels (53.32 T). That can be biodegradable managed and properly disposed, hence make a significant change in the waste management system. Hostels also generate 17.77 T of plastic waste annually that needs processing through scientific recycling techniques on sustainable basis. The study found that scientific segregation of trash might significantly improve solid waste management at other universities with a comparable environment.

## **Introduction**

### **1.1. Background**

The undesired materials produced by human activity in residential, commercial, or industrial environments are referred to as solid waste. Solid waste does not have any economic value from the point of view of first owner. It can be divided into three categories. Its origin (household, industrial, commercial, construction, or institutional), contents (organic material, glass, metal, plastic paper, etc.), and hazard potential (toxic, non-toxic, combustible, radioactive, infectious, etc.) are all factors to consider.

Increasing population, unplanned urbanization, and changing lifestyles have resulted in increased volumes of waste materials in India. By 2031, 125 million tonnes of trash are expected to have been generated, up from the current 64–72 million tonnes. ([www.econstor.eu](http://www.econstor.eu)) Inappropriate waste management resulting to heaps of untreated waste from Indian cities and towns lies for months and years at open dumpsites has caused devastation to all sorts of life on the planet.

The global warming by Green House Gas emissions has also been attributed to the decomposition of organic matter in the airless heaps of waste at the dumpsites. In addition to that generation of waste is also not handled effectively as well as scientifically, that exacerbates the problem. Preferably, the city municipality development plan should be used to design and implement the infrastructure and collecting mechanisms for waste management, drainage, sewerage, and waste water treatment in a methodical and coordinated manner. Along with improving solid waste management practices in Indian cities and towns, management techniques for environmental and public health emergencies must also be improved.

The negative influence on the environment and human health is lessened or eliminated via solid waste management. In order for a municipality to manage trash successfully, several procedures must be followed. These include monitoring, collection, transport, processing, recycling and disposal. The amount of garbage produced varies mostly because of various lifestyles, which are inversely correlated with the socioeconomic status of the metropolitan population. Source reduction, recycling, storage, collection, transportation, processing, and disposal are all possible methods for managing solid waste. Examples of solid waste facilities include landfills, composting sites, transfer stations, incinerators, and processing facilities. Such facilities may be publicly or privately owned. ([www.idahopublichealth.com](http://www.idahopublichealth.com))

There are several financial and technological constraints in developing countries that impede the solid waste management especially India (Kasseva and Mbuligwe, 1999). Reduced trash creation can lessen the need for disposal facilities and reduce unlawful dumping by concentrating on management techniques at the source. (Tchobanoglous et al., 1993). It is further supported by the reality that discrete trash categories are simpler to manage than combined garbage types. This is due to the fact that in the latter scenario, extra time, effort, and money must be spent to separate the trash for resource recovery or merely for easy handling. The current mismanagement with respect to solid waste management is to handle the waste wholesale. This can be partially due to the fact that waste management authorities do not address specific sources of garbage, which are numerous and hence challenging to handle separately. The exceptions to this rule are institutions like colleges, universities, hospitals, schools, industries and large commercial premises like hotels. These generate large amounts of waste to justify individual management. Because of the size of the institutions and the fact that they now manage their trash to a considerable degree on their own, it is deemed useful to examine solid waste management at the institutional level. Within the

framework of the major municipal solid waste management system, institutions can easily design their own miniature solid waste management systems. By putting such systems in place, institutions may include resource recovery and waste recycling more easily and effectively, which relieves pressure on solid waste disposal facilities and, in turn, the municipality as a whole. This paper presents findings on institutional solid waste management in Sher-Kashmir University of Agricultural Sciences and Technology Kashmir SKUAST(K). It highlights elements that can be improved upon and added to solid waste management generally. It advances the idea that municipal solid waste management may be enhanced through initiatives targeted at specific sources with an emphasis on trash minimization, segregation, and scientific disposal.

## **1.2. Background to the case study institutions**

**Sher-e-Kashmir University of Agricultural Sciences and Technology of Kashmir** is an agricultural university located in Shalimar, Srinagar, Jammu and Kashmir, India.[1] The university has numerous campuses, colleges, research centres, and extension centres spread out around the Kashmir Valley, with its main campus and Faculty of Horticulture located in Shalimar, Srinagar. In order to promote the state's agricultural industry, the Indian Council of Agricultural Research (ICAR) expert team proposed in 1979 that an agricultural university be established. The State Legislature passed the Sher-e-Kashmir University of Agricultural Sciences and Technology Establishment Act on March 31, 1982, the 33rd year of the Republic of India, and it went into effect on August 1, 1982, with jurisdiction over the entire State of Jammu and Kashmir and a main campus in Shalimar, Srinagar.(en.wikipedia.org)

### 1.3Wastemanagement

Waste has always been created as a result of human activity. However, Giusti (2009) reported that prior to people starting to live and manage trash in communities; waste creation and management were not a significant problem. Vergara & Tchobanoglous (2012) reported that as the world's population and spending power rise, more things are created to keep up with demand, which increases trash generation. Marchettini *et al.* (2007) pointed out that, these human activity-related waste flows that were constant overwhelmed the ecosystem. Vergara & Tchobanoglous (2012) reported preventing the damaging effects of trash on the environment requires careful planning and management. As a result, Ghiani *et al.* (2014) added that, solid waste management needs to be properly organized in order to protect the environment. Beranek (1992) argues that today, having a good solid waste management system is just as crucial as having access to energy, airports, and highways. Basu (2009) pointed out that continued disposal of waste to landfills is unsustainable due to the growing volume of waste. Hence, Basu argued that the processing of waste is a necessary step needed to safeguard public health. Demirbas (2011) describes waste management is the process of gathering, transporting, and processing wastes before disposing of any leftover materials. Similarly, Tchobanoglous *et al.* (1993) Define solid waste management as the efficient control of the handling, storage, collection, conveyance, treatment, and disposal of waste in a way that protects the public and the environment. Tchobanoglous *et al.* (1993) added that, In order to manage garbage effectively on a daily basis, solid waste management makes use of expertise and information from many other fields, including law, finance, and administration. Demirbas (2011) suggested that the main reason for managing waste is to ensure a safe environment.

Waste management is the collection, transport, processing or disposal, managing and monitoring of waste materials. Waste management is undertaken to reduce their effect on human health and environment. Waste management is a distinct practice. All waste materials, whether they are solid, liquid, gaseous or radioactive fall within the domain of waste management. It was observed in the campus, there is no proper waste management system. These materials are thrown into the open area. Without employing adequate incineration processes, plastic items are burned in the open, which may result in a number of environmental and health difficulties. Additionally, piles of solid trash located across the campus create a nasty odour that affects people's health in a number of ways.

## **2. Materials and methods**

### **2.1. Materials**

Survey was conducted from January to December during the year 2021. A weighing balance and plastic containers for gathering and measuring the waste were the tools used for waste measurement. There were also shovels and forks available for loading and sorting the trash, as well as gloves, boots, and facemasks for personal safety. The targeted types of solid waste were: Food waste, Plastic waste, Paper waste and Metal waste.

### **2.2. Methods**

#### **2.2.1. Measurement sites**

Measurements of wastes were carried out at student hostels, messes, residential quarters, canteen, fields, guest houses, faculty offices and health centre. The locations for the measurements were those that were thought to represent significant and frequent sources of garbage. This was in keeping with the requirement to collect a diverse range of trash sources and types from the institutions.

**Student hostels:** Four hostels of students at SKUAST (K) Shalimar Campus, were selected, representing 63% of all students' accommodation capacity. Additionally, the two halls accommodated waste from both male and female students.

**Staff residential solid waste sources.** Waste sample taking at 18 residential quarters.

**2.2.1.1. Health facilities:** The health centre and dispensaries cater for students, staff families and outsiders.

**2.2.1. Cafeterias.** Cafeterias had been commercialized and privatized. Employees who are not academic personnel typically eat at a canteen.

**2.2.2. Other measurement places.** Offices were among the additional locations for solid waste sampling and measurement.

**2.2.3. Questionnaire surveys and interviews:** Additionally, through questionnaire surveys and interviews, data and information on solid waste management practises at the university were gathered from the local municipality department officials, garbage collection crew, attendants, houses, and other relevant people.

#### **2.2.4. Visual inspection and field investigations**

To evaluate the aesthetic value of the research area and to lay the groundwork for assessing how study facts and numbers correlate with visual evidence on the ground, visual assessments and field investigations were conducted inside the institution. Additionally, the assessment and studies were carried out to assist in the selection of sampling and measuring points that would integrate theoretical conclusions with empirical data. In order to gain firsthand knowledge of how solid waste is actually managed at the institution under typical working circumstances, assessments and field investigations were also conducted.

#### **2.2.5. On-site waste segregation and measurement**

The following procedures were used to measure solid waste samples:

- Weight determination (W<sub>b</sub>) of empty bin using the weighing balance;
- Filling the container with sample garbage while vigorously shaking it to prevent excessive blank spaces;
- Determination of gross weight (W<sub>T</sub>) of (bin) container and waste using the weighing balance
- Determination of the interval (t<sub>s</sub>) during which the waste was stored and the number of people (p) who contributed to the waste generation.

Throughout the whole study period, the aforementioned approach was used to quantify samples of waste at various waste sources and on various sampling days. The waste

generation rates (WG) were computed using the relation:

$$W_G = \frac{(W_T - W_b)(kg)}{p(pe) \times ts(d)} (kg \cdot pe^{-1} d^{-1})$$

Where  $pe$  is population equivalent.

### **2.2.6. Statistical analysis**

The data obtained in respect of various observations were analyzed statistically. The significance of 'F' and 't' was tested at 5 per cent level of significance. The critical difference value was calculated when 'F' test was significant. SPSS software was used for statistical analysis.

### 3. RESULTS AND DISCUSSION:

#### 3.1. Solid waste management practices

##### 3.1.1. Current methods for managing solid waste

Types of wastes and sources of waste from the institution is shown in **Table 1**. Bins are used as the major means of on-site garbage storage, and rubbish from offices and living spaces is manually carried to disposal sites or centralized enclosures.

Table 1: Sources and types of wastes from different institutional sources

| S.No | Source               | Type of waste  |
|------|----------------------|--|
| 1    | Hostels              | Paper, food leftovers, food preparation waste, clothes, plastics and sanitary waste                                  |
| 2    | Canteen              | Bones, food leftovers, food preparation waste, ash, tins, bottles, wrappers and paper                                |
| 3    | Residential quarters | Food leftovers, food preparation waste, papers, ash, vegetables, clothes and plastics                                |
| 4    | Offices              | Mainly paper and plastic   |
| 5    | Health centre        | Bandages, cotton swabs, bottles, plastics, food scraps, food preparation trash, disposable syringes, and waste paper |
| 6    | Fields               | Twigs, leaves and ashes  |
| 7    | Laboratories         | Paper, plastics, discarded samples and chemicals   |
| 8    | Guesthouses          | Food waste, plastics, sanitary waste and others  |

### 3.1.2. Segregation of waste:

Wastes collected from different sites of the campus were segregated into four major types viz: food waste/degradable waste, plastic waste, paper waste and metal waste.

**Table:2:Description of the solid waste from various sources:**

| Source                      | Description of wastes (Kg) |                 |                 |             |
|-----------------------------|----------------------------|-----------------|-----------------|-------------|
|                             | Organic waste              | Plastic waste   | Paper waste     | Metal waste |
| <i>Hostels</i>              | <b>45452.81</b>            | <b>17779.00</b> | <b>21636.75</b> | <b>0.18</b> |
| <i>Messes</i>               | <b>53327.58</b>            | <b>277.7</b>    | <b>1215.38</b>  | <b>1.22</b> |
| <i>Laboratories</i>         | <b>843.56</b>              | <b>168.32</b>   | <b>108.15</b>   | <b>0.04</b> |
| <i>Offices</i>              | <b>9062.7</b>              | <b>4276.03</b>  | <b>4018.34</b>  | <b>0.02</b> |
| <i>Residential quarters</i> | <b>4385.22</b>             | <b>1872.8</b>   | <b>2220.3</b>   | <b>0.36</b> |
| <i>Health centre</i>        | <b>80.73</b>               | <b>68.78</b>    | <b>99.55</b>    | <b>0.01</b> |
| <i>Canteen</i>              | <b>3881.51</b>             | <b>247.98</b>   | <b>259.35</b>   | <b>0.29</b> |
| <i>Guesthouses</i>          | <b>249.15</b>              | <b>296.77</b>   | <b>237.9</b>    | <b>0.16</b> |
| <i>Fields</i>               | <b>69.99</b>               | <b>31.65</b>    | <b>1.711</b>    | <b>0.02</b> |

#### 3.1.2.1. Organic waste:

Sources of organic waste in the form of food leftovers, food preparation waste, vegetable and fruit refuse and farm refuse are hostels, residential quarters, canteen, fields, farmer's hostel, guesthouses, faculty offices, and field setc. Total organic waste generated was 11363 3.24 Kg during the year 2021 with maximum quantities collected in the months of July to October (12127.9, 11505.7, 11332.4 and 11496.9 Kg), because of higher presence of students in those particular months. Maximum contribution to food waste was from messes of the hostels. From the graphs plotted it indicates that organic waste that is biodegradable contributes most to the solid wastes in campus and its proper disposal could make a significant change in the waste management system.

**3.1.2.2. Plastic waste:** Total plastic waste generated was 25 tonnes, maximum contribution to plastic waste was from residential quarters with 20-30 families living in the quarters, in addition to that student hostels also serving as a major source of origin of the waste in the university. The data collected showed higher amount of waste generated in the months of

July and August (2893.02 and 2960.35 Kg) respectively during the year 2021. This may be attributed to higher use of fluids by the inhabitants in these summer months contributing to higher rates of plastic generation.

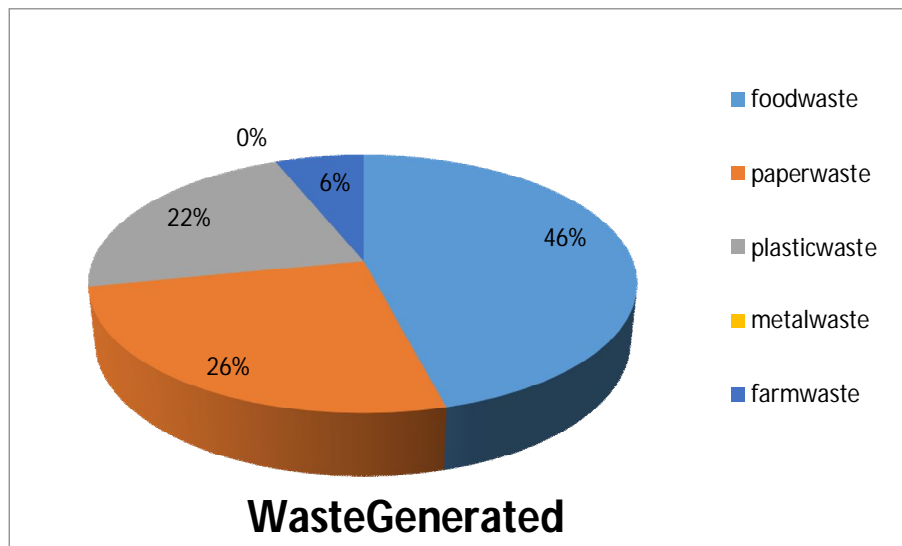
### 3.1.2.3. Paperwaste:

Total paper waste generated was 29 tonnes, maximum contribution to paper waste was from hostels with 200-300 students residing in this university each year.

### 3.1.2.4. Metalwaste:

Hostel messes being the main source of metal waste because of overuse of canned food packed in metal tins in the hostels in these particular months of winter.

Therefore the annual average solid waste generated in the University campus is 1 136.32 Qtls. Out of which the total quantity of food waste generated is 521.82 Qtls, total plastic waste is 249.87 Qtls, total paper waste is 294.48 Qtls, total metal waste is 0.02 Qtls and farm waste is 70.11 Qtls.



**Fig.1 Total Waste generated**

Total waste generated from the institution was 111.482 tonnes. Out of this, 57.010 tonnes was food waste, 29.450 tonnes was paper waste, 25.019 tonnes was plastic waste and 0.0025tonnes was metal waste. The major sources of institutional wastes are hostels, residential quarters, fields and canteen. The waste from these sources constitutes mainly organic waste constituents, including food leftovers. This implies the possibility of using organic waste components, particularly meal leftovers and food preparation waste, as animal feed. The remaining organic waste may be treated for energy recovery through decomposition or composted.

In this regard surveys were conducted in hostels, offices, laboratories, hostel messes, canteen, fields, health centre, classrooms, parks and residential quarters of SKUAST –K Shalimar Campus. Awareness programs were carried out within the campus and colour coded bags were distributed among hostel students, residential quarters, laboratories, offices, canteen etc. Main focus in the awareness program was to segregate the wastes so that there will be effective solid waste management.



**Fig.2: Awareness program at Shalimar campus**



**Fig.3: Distribution of colour coded dustbins and bags**

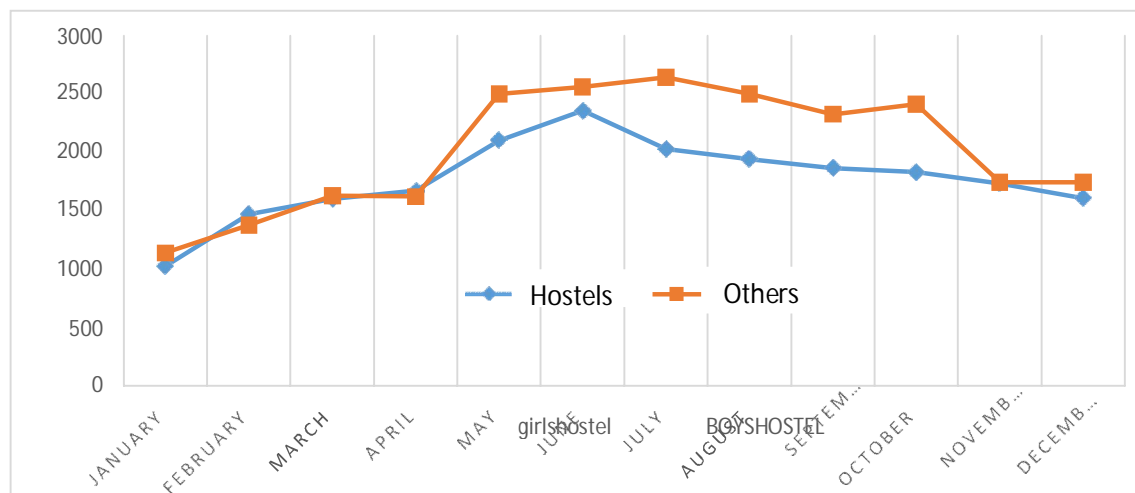


### 3.1.3. Resource recovery and recycling of waste

Food waste from hostels and canteen, is reused as animal feed (for dogs) by lecturers and other staff of the institutions as well as non-staff individuals. Plastic bags and papers were also collected for reuse but to a smaller extent and by low cadre scavengers. Aluminum food and drink cans can be collected for sale. Waste paper can be sold to various people for recycling within and outside the institution. It goes without saying that source separation of waste is crucial for the resource recovery plan outlined above to succeed. This is because mixed wastes require post-generation sorting, which is cumbersome and frequently ineffective, making them unsuitable for recycling.

It is wise to note that the potential for resource recovery mentioned above is difficult to realise because it depends on a variety of circumstances. For instance, the organic waste component's moisture content will need to be changed before composting. This can be accomplished by drying the trash directly or by mixing it with other similarly dry wastes. The waste also needs to be separated, ideally at the source. Sensitization of the affected populations is necessary for effective waste segregation at the source.

**Fig:4:Waste generated(kg) from Hostels and other site in the Campus**



## Conclusion

Wastes are universally acknowledged to be a direct result of human interaction and activity. However, it appears that there are different viewpoints on what constitutes a waste. The objective of the project was to analyse the effectiveness of the current waste management systems in SKUAST-K Shalimar campus. Solid waste management refers to all activities pertaining

to the control, collection, transportation, processing and disposal of waste. Developing the solution of solid waste management it requires significant cooperation. Periodic waste stream assessments will be necessary to pinpoint successful practices and areas that need improvement as management programmes are put into practice.

The paper has revealed that solid waste is not managed effectively as well as scientifically. This is despite the potential for improvement on account of the institutions being single entity and under one authority that can be easily managed. It is necessary to adapt storage and segregation procedures to stop dumping wastes carelessly on public lands, which increases the risk of pollution. A single gated campus like a university is relatively simple to govern because it is under one management authority and is subject to a number of tight rules and regulations, therefore there is room for improvement. Disposing of material by way of the use of organic waste as animal feed into compost or biogas production has been found to be potentially and environmentally feasible. Resource recovery presents a potential waste reduction of between 70 and 90%. Per capita waste generation rates have been determined as 0.33 kg cap<sup>-1</sup> per day. It may be possible to implement and enforce a code of scientific waste handling practice with regard to waste management at the institutional level, which has the ability to improve the current subpar solid waste management practices. Additionally, the possibility for better solid waste management is increased by the relative higher levels of education among inhabitants and students of faculty. The implementation of the excellent waste handling practice code is necessary for the improvement that is intended to take place. Additionally, provisions that are now inadequate or ineffective must be made, including money, knowledge, equipment, manpower, and facilities. Furthermore, there is a requirement for community enlightenment on essential topics because the proposed solid waste management practices demand for some behavioural modifications.

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