

Case report

Ureteric transection with jejunal injury secondary to bicycle handle bar penetrating injury.

Abstract:

Background: Ureteric trauma is rare, occurring in <1% of all traumas. Bicycle handlebar injury is a unique trauma mechanism especially noticed in childhood.

Case presentation: We present a unique case of a 13-year-old male who sustained a penetrating abdominal injury from a bicycle handlebar. Upon initial examination there was herniation of bowel through the abdominal wound, so exploratory laparotomy was performed. There was transection of the jejunum at a distance of 10 cm from the duodeno-jejunal flexure with more than 75 % of the circumference of the jejunum and evidence of tear of Gerota's fascia of left kidney and upon exploration of the retroperitoneum, there was transection of the upper one third of left ureter near the left renal pelvis with foreign body (child's cloth remnant) seen which was initially managed by placement of an infant feeding tube as a bridge between the two transected ends owing to a defect of 3 cm as a temporary emergency salvage procedure. He then underwent percutaneous nephrostomy insertion. After 3 months, patient underwent definitive repair by left sided pyeloureterostomy over a DJ stent.

Conclusion: This case demonstrates the emergency and delayed definitive management of ureteric transection and jejunal injury secondary to penetrating bicycle handlebar injury.

Keywords:

Ureter, jejunal, bicycle, handlebar, penetrating.

Background:

Penetrating abdominal trauma secondary to bicycle handlebars is rare. Most reports regarding handlebar injuries in the literature are related to traumatic abdominal wall hernias, solid organ injury, or bowel injury.¹⁻⁵ Likewise, ureteric injury related to external trauma is also rare, with even the busiest adult trauma centres typically seeing fewer than 10 cases per year.⁶ We present a unique case of ureteric transection and jejunal injury secondary to bicycle handlebar injury.

Case presentation:

An otherwise healthy 13-year-old male presented to the emergency department after a bicycle accident. Primary survey revealed tachycardia, hypotension and Glasgow Coma Score of 10. Secondary survey was remarkable for a deep 3-centimetre (cm) laceration in the left lower quadrant. There was active bleeding from the wound, with bowel herniating through a fascial defect. Given these findings the patient was brought to the operating room for exploration. An exploratory laparotomy was performed via midline abdominal incision. The underlying fascial defect was found to be approximately 5 cm. There was transection of the jejunum at a distance of 10 cm from the duodeno-jejunal flexure with more than 75 % of the circumference of the jejunum and evidence of Gerota's fascia of left kidney and upon exploration of the retroperitoneum, there was transection of the upper one third of left ureter near the left renal pelvis with foreign body (child's cloth remnant) seen. The jejunal injury

Comment [MA1]: The authors should re-submit the presentation in more brief and sedate way and the repetitive phrases may confuse the readers, the main case presentation describe the details! Please re-arrange the abstract according to the journal instructions for authors!

Comment [MA2]: The authors should submit, what sort of workup done prior the decision made to operate! Usually the report should carry some lessons for the fellow junior's doctors and even those with expert! Lab., and radiological profiles! Any remarkable haematuria!

48 was repaired after resecting the injured segment and then handsewn anastomosis done using
49 vicryl 3-0. The ureteric transection was initially managed by placement of a 6 Fr infant
50 feeding tube as a bridge between the two transected ends owing to a defect of 3 cm as a
51 temporary emergency salvage procedure as the patient was haemodynamically unstable. The
52 complex abdominal wall injury was repaired primarily after placing a 32 Fr abdominal drain.
53 Postoperatively after the patient's condition improved, he underwent Computerised
54 Intravenous pyelography (CT-IVP) which showed a small leak near the repaired left
55 ureter (see figures-1a-d).

Comment [MA3]: Please submit the images or figures announcement according to the journal style!

56
57 So, the patient underwent ultrasound guided left sided percutaneous nephrostomy insertion
58 after cystoscopy with retrograde pyelography also confirmed the leak from the left ureter (see
59 figure-2). Patient was discharged after 4 weeks with percutaneous nephrostomy in situ. After
60 3 months of the accident, patient was then planned for a definitive surgery. Patient underwent
61 definitive surgery through a left subcostal incision and identifying the left ureter with removal
62 of the infant feeding tube and then ureteropyelostomy after adequate mobilisation of the left
63 kidney and left ureter using 3-0 polydioxanone (PDS) suture over a double-J stent and a drain
64 left in place in the retroperitoneum (Figure-03-intraoperative image). Post-operatively the
65 patient recovered well and was discharged five days later after the operative drain was
66 removed. The double-J stent was removed at postoperative week six with concurrent
67 cystoscopy and retrograde ureterogram demonstrating a normal ureter with no evidence of
68 stricture.

Comment [MA4]: For evidence base, did the authors agree with such type of incision, under which guidelines they did it, what about the spleen! Please clarify for the journal readers!

71 Discussion:

72 According to our review of literature, most bicycle-related incidents described in the
73 literature deal with head trauma. Handlebar injury is also an important mechanism of bicycle-
74 related trauma, and the associated morbidity is underappreciated. Most cases described in the
75 literature are secondary to blunt trauma. The most common injuries described include bowel
76 perforation, solid organ injury, and traumatic abdominal wall hernia.¹⁻⁵ There are no studies on
77 penetrating injuries in case of bicycle handlebar injuries. In a retrospective review by Nadler
78 et al.,³ 31% of children sustaining direct-impact handlebar injuries required operative
79 intervention. Ureteric injuries account for <1% of all urologic traumas,⁷ with the majority
80 being a result of penetrating trauma. Table 1 data compiled from the National Trauma
81 Database shows the varying mechanisms of ureteric injury.⁸ The diagnosis and management
82 of ureteric injury is challenging and often delayed or missed. A retrospective review of
83 traumatic ureteric injury by Medina et al. found that only 40% of patients with ureteric injury
84 had positive findings on preoperative imaging studies⁹. Computed tomography with delayed
85 phase images must be included if there is any suspicion of ureteric injury. Cystoscopy with
86 retrograde ureterogram/pyelogram is the most accurate way of identifying ureteric injury, but
87 may not be feasible if patient is hemodynamically unstable. Due to a high rate of concomitant
88 injuries many ureteric injuries are diagnosed intra-operatively during exploration for
89 other reasons. This can pose a challenge for the surgeon as haemorrhage or spillage of
90 intestinal contents can make detecting leakage of a small amount of urine difficult. The
91 possibility of ureteric injury should be suspected if there is violation of retroperitoneum.
92 Approximately 60% of injuries occur in the proximal ureter¹⁰. In emergency setting if the
93 patient is haemodynamically unstable, a unique approach of placing infant feeding tube as a
94 bridge was used in our study. The type of operative repair varies depends on the location of
95 the injury. Regardless of the location of injury, the basic tenets of repair always involve
96 debridement to healthy tissue and tension-free anastomosis over a stent with absorbable
97 suture. In our patient, a unique approach of placing an infant feeding tube to bridge the

Comment [MA5]: Data Compiled!

Comment [MA6]: The lesson from the report for the junior doctors is always important accordingly the authors should announce what other literature concluded e.g. (Genitourinary (GU) trauma is often overlooked in the setting of acute trauma due to immediate, life-threatening injuries taking precedence, a missed ureteral injury can result in significant morbidity and mortality).

Comment [MA7]: According to the authors report, they should announce their findings related to the solid organs perop. Precisely!

98 ureteric defect was used as a temporary measure as the patient was
99 haemodynamically unstable. He did undergo a definitive repair after a period of 3 months and
100 it was successful. Thus, this case report does add a unique perspective of emergency
101 management of ureteric injuries.
102

103 **Conclusion:**

104 A high index of suspicion is necessary for timely diagnosis of ureteric injuries. Intra-operative
105 discovery of retroperitoneal violation warrants further exploration, with identification of
106 ureteric trauma prompting an appropriate repair based on the location of the injury. However,
107 in an emergency setting with hemodynamic instability, novel approaches like placing an
108 infant feeding tube to bridge the large ureteric defect can be used to tide over the crisis.
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110 **List of abbreviations:**

111 DJ stent - Double-J stent.
112 i.v. - Intravenous.
113 PDS - Polydioxanone
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116 **References:**

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Comment [MAB]: The authors should announce and declare any financial support (conflict of interest), IRB and institutional ethical approval (ethical statement), family patient consent and acknowledgement sections!

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Figure Legends:

Figure-1a	CT IVP image
Figure-1b	First delayed scan CT IVP
Figure-1c	Second delayed scan-CT IVP image after clamping the drain tube.
Figure-1d	Reconstructed CT-IVP image showing left sided repaired ureteric injury by a bridging IFT and leakage of contrast through the distal part of the repair into the left perinephric drain
Figure-02	Left sided RGP image confirming leakage
Figure-03	Intraoperative image showing left ureteropyelostomy after adequate mobilisation of the left kidney and left ureter using 3-0 polydioxanone (PDS) suture over a double-J stent.
Table-1	Mechanism of ureteric injury
Table-2	Pertinent reconstructive option for repair of ureteric injury; based on location

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Figures:

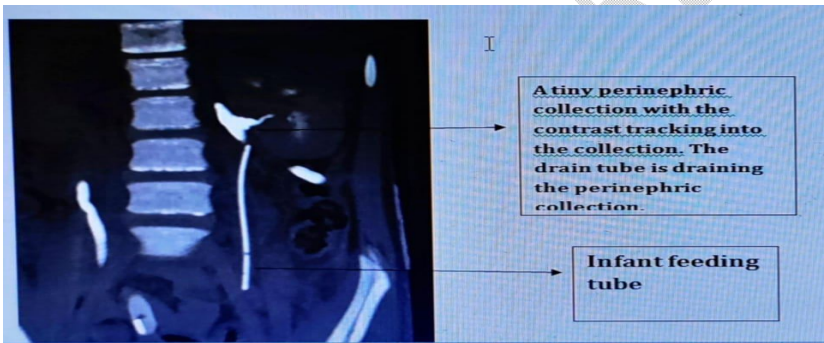


Figure-1a

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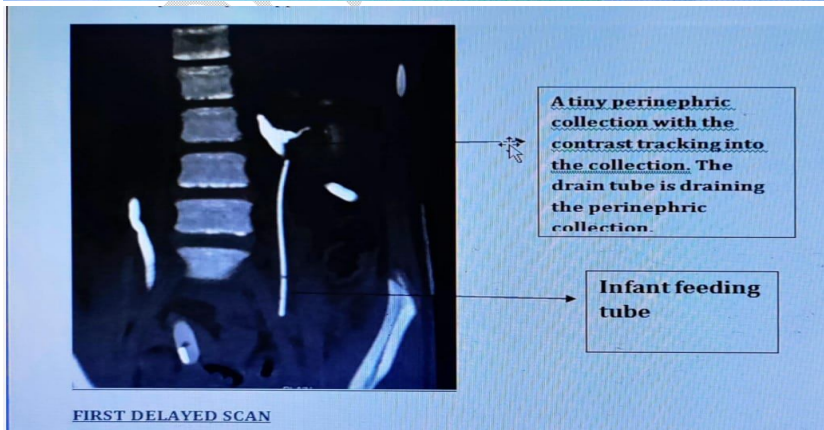


Figure-1b

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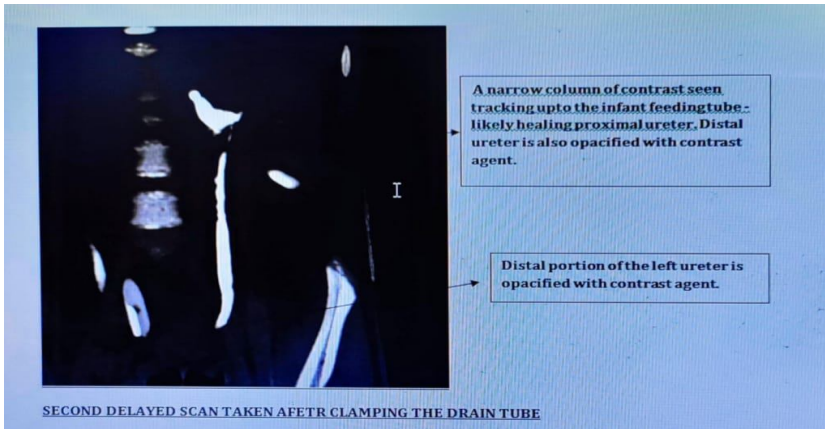


Figure-1c

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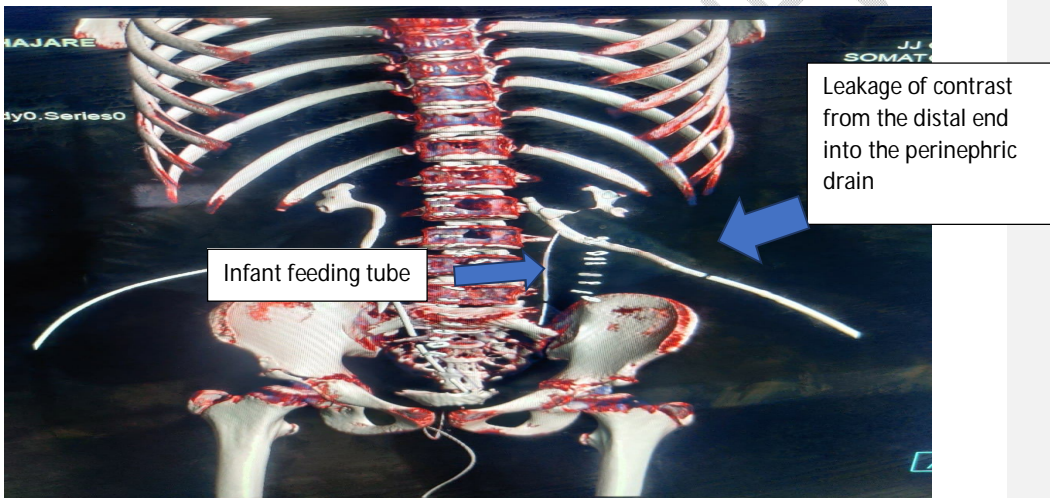


Figure-1d

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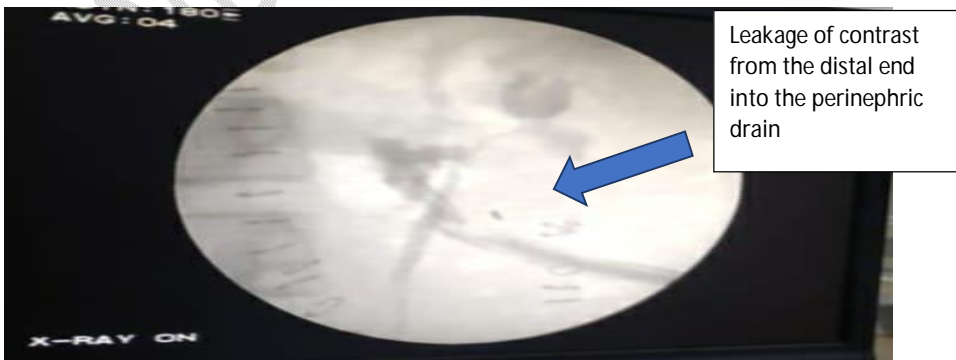


Figure-02

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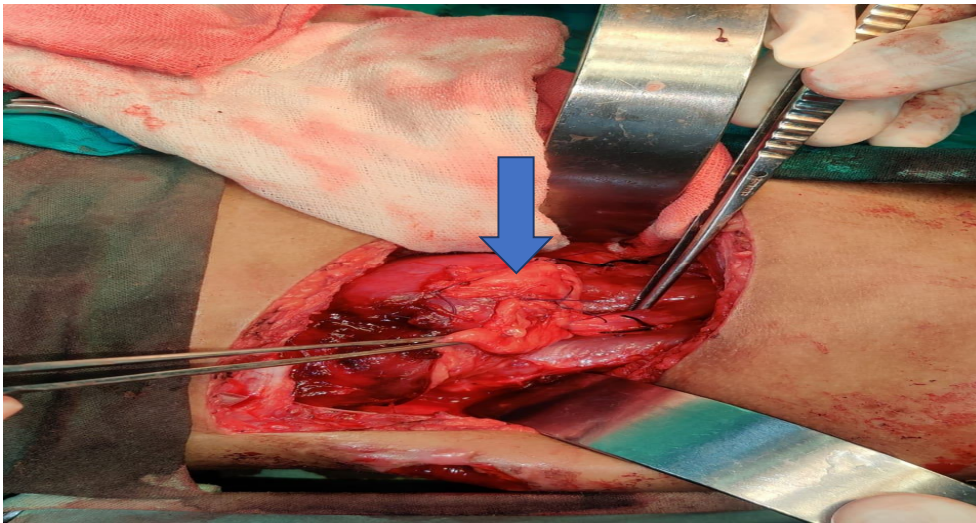


Figure-03

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Table 1
Mechanism of ureteric injury.

	n	% of total cases
Blunt trauma	224	38
Motor vehicle collision	110	19
Pedestrian	25	4
Motorcyclist	18	3
High fall	15	3
Low fall	8	1
Cyclist	3	<1
Other	45	8
Penetrating trauma	358	62
Gunshot wound	316	54
Stab	29	5
Other	13	2

Table 2
Pertinent reconstructive options, based on location.

Upper third	Uretero-ureterostomy Ureteropyelostomy
Middle third	Uretero-ureterostomy Transuretero-ureterostomy Anterior wall bladder flap (Boari)
Lower third	Ureteroneocystostomy (direct reimplantation) Ureteroneocystostomy (psoas hitch)

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