

## Review Form 1.7

Journal Name:	European Journal of Medicinal Plants
Manuscript Number:	Ms_EJMP_100206
Title of the Manuscript:	INTAKE OF FRUITS AND VEGETABLES IN SELF PRESCRIBED WEIGHT REDUCING AND DASH DIETS AMONG OBESE HYPERTENSIVE INDIVIDUALS ATTENDING IRRUA SPECIALIST TEACHING HOSPITAL IRRUA, EDO STATE
Type of the Article	Original Research Article

### General guideline for Peer Review process:

This journal's peer review policy states that **NO** manuscript should be rejected only on the basis of '**lack of Novelty**', provided the manuscript is scientifically robust and technically sound. To know the complete guideline for Peer Review process, reviewers are requested to visit this link:

<https://www.journalejmp.com/index.php/EJMP/editorial-policy> )

### PART 1: Review Comments

	Reviewer's comment	Author's comment (if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)
<p><b>Compulsory</b> REVISION comments</p> <p>1. <b>Is the manuscript important for scientific community?</b> (Please write few sentences on this manuscript)</p> <p>2. <b>Is the title of the article suitable?</b> (If not please suggest an alternative title)</p> <p>3. <b>Is the abstract of the article comprehensive?</b></p> <p>4. <b>Are subsections and structure of the manuscript appropriate?</b></p> <p>5. <b>Do you think the manuscript is scientifically correct?</b></p> <p>6. <b>Are the references sufficient and recent? If you have suggestion of additional references, please mention in the review form.</b></p> <p><b>(Apart from above mentioned 6 points, reviewers are free to provide additional suggestions/comments)</b></p>	<p>1. <b>Yes of course. Being a study that is trying to investigate the use of nutrition in the management of diseases, it has a good level of relevance in the scientific community as the finding of the study can provide knowledge can serve as the basis of further studies.</b></p> <p>2. <b>From my perspective, the title of the article needs little amendment as I recommend below</b>  <b>“INTAKE OF FRUITS AND VEGETABLES AS SELF PRESCRIBED WEIGHT REDUCING AND DIETARY APPROACH TO STOP HYPERTENSION (DASH) DIETS AMONG OBESE-HYPERTENSIVE INDIVIDUALS ATTENDING IRRUA SPECIALIST TEACHING HOSPITAL IRRUA, EDO STATE”</b> instead of:  <b>“INTAKE OF FRUITS AND VEGETABLES IN SELF PRESCRIBED WEIGHT REDUCING AND DASH DIETS AMONG OBESE HYPERTENSIVE INDIVIDUALS ATTENDING IRRUA SPECIALIST TEACHING HOSPITAL IRRUA, EDO STATE”</b></p> <p>3. <b>Yes, the abstract is comprehensive but somewhat skeletal</b></p> <p>4. <b>The subsections and structure of the manuscript need to be re-visited as it is poorly written and arranged.</b></p> <p>5. <b>Yes it is scientifically correct, except that the authors guide need to be thoroughly followed.</b></p> <p>6. <b>The references are inadequate and lack uniformity in terms of format. Most recent references from reputable journals are needed and should be written in a format recommended by the author's guide.</b></p>	
<p><b>Minor</b> REVISION comments</p> <p>1. <b>Is language/English quality of the article suitable for scholarly communications?</b></p>	<p>Yes, the language is quite okay for scholarly communications only that the author(s) need to follow the author's guide to allow for proper structuring and flow.</p>	
<p><b>Optional/General</b> comments</p>	<p>The author(s) have a good idea to work on and present, but they were unable to properly communicate it. I recommend that they should be given an opportunity to re-write their work in line with the authors guide in a more elucidated manner.</p>	

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**PART 2:**

	<b>Reviewer's comment</b>	<b>Author's comment</b> <i>(if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)</i>
<b>Are there ethical issues in this manuscript?</b>	<i>(If yes, Kindly please write down the ethical issues here in details)</i>	

**Reviewer Details:**

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