

## Review Form 1.7

Journal Name:	<b>Journal of Complementary and Alternative Medical Research</b>
Manuscript Number:	<b>Ms_JOCAMR_100191</b>
Title of the Manuscript:	<b>EFFECT OF YOGA ON STRESS MANAGEMENT IN HEALTHCARE PROFESSIONALS: A SYSTEMATIC REVIEW</b>
Type of the Article	<b>SYSTEMATIC REVIEW ARTICLE</b>

### **General guideline for Peer Review process:**

This journal's peer review policy states that **NO** manuscript should be rejected only on the basis of '**lack of Novelty**', provided the manuscript is scientifically robust and technically sound. To know the complete guideline for Peer Review process, reviewers are requested to visit this link:

(<https://www.journaljocamr.com/index.php/JOCAMR/editorial-policy> )

## Review Form 1.7

### PART 1: Review Comments

	Reviewer's comment	Author's comment (if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)
<p><b>Compulsory</b> REVISION comments</p> <p>1. <b>Is the manuscript important for scientific community?</b> (Please write few sentences on this manuscript)</p> <p>2. <b>Is the title of the article suitable?</b> (If not please suggest an alternative title)</p> <p>3. <b>Is the abstract of the article comprehensive?</b></p> <p>4. <b>Are subsections and structure of the manuscript appropriate?</b></p> <p>5. <b>Do you think the manuscript is scientifically correct?</b></p> <p>6. <b>Are the references sufficient and recent? If you have suggestion of additional references, please mention in the review form.</b></p> <p><b>(Apart from above mentioned 6 points, reviewers are free to provide additional suggestions/comments)</b></p>	<p>Slightly , as the manuscript concepts are studied many times in different cultures</p> <p>Yes</p> <p>The abstract should be focus and to the point as the researchers elaborated in the background with unnecessary details and the content ( the core of the study ) is inadequate</p> <p>The subsections of the manuscript are incomplete as the results and the recommendations sections aren't present</p> <p>The references are adequate but it needs to up to data as the majority of them were more than 5 years ago</p> <p>Introduction section of the manuscript is narration of what are mentioned in other studies and the introduction becomes soundless and needs to reform to identify the concepts as stress , youga ....etc</p> <p>The literature review is so poor and didn't clarify the concepts of stress management and youga in other studies and in different cultures . thus it needs to reform and integrate the concepts to identify the impacts of using stress management on stress</p> <p>The significance of the study is lacking and it needs to address</p> <p>Theoretical background of the study is lacking</p> <p>The inclusion criteria for the study is lacking of some essential items to be included as the criteria of selection of health care professionals Is included only their ages , while other criteria as sex, health status, years of experiences, chronicity of illness .....etc are essential factors . moreover, types of youga practicing , years of practicing , causes of practicing youga are highly essential factors in considering youga in systematic review study</p>	
<p><b>Minor</b> REVISION comments</p> <p>1. <b>Is language/English quality of the article suitable for scholarly communications?</b></p>	<p>English language is accepted</p>	
<p><b>Optional/General</b> comments</p>		

### PART 2:

	Reviewer's comment	Author's comment (if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)
<p><b>Are there ethical issues in this manuscript?</b></p>	<p><i>(If yes, Kindly please write down the ethical issues here in details)</i></p>	

### Reviewer Details:

Name:	Enas Mahrous Abdelaziz
Department, University & Country	Jouf University, Saudi Arabia