

ORIGINAL RESEARCH ARTICLE

Stroke in a retrospective cohort of patients with eclampsia

ABSTRACT

Aims: To identify the incidence, vascular origin, type and outcome of stroke in a retrospective cohort of patients with eclampsia.

Study design: Cross-sectional, retrospective and analytical study.

Place and Duration of Study: Intensive Care Unit (ICU), High Specialty Medical Unit of Gynecology and Obstetrics Hospital No. 3, National Medical Center "La Raza", Mexican Institute of Social Security, Mexico City between January 1, 2019 to December 31, 2022.

Methodology: The research was carried out in a retrospective cohort of 43 patients with eclampsia admitted to the ICU. The clinical record, Cranial Tomography (CT), and Magnetic Resonance Imaging (MRI) findings were consulted to determine the incidence, vascular origin, type and outcome of the stroke. ICU stay and patient mortality were reported. Data were analyzed with descriptive and inferential statistics (Kolmogorov–Smirnov test, chi-square, paired Student's t-test, Mann-Whitney-Wilcoxon U test). The value $P < 0.05$ was significant.

Results: Incidence of stroke 27.90% ($n=12/43$). Findings by CT 41.66% ($n=5$) and CT with MRI 58.34% ($n=7$). Vascular origin: arterial 58.34% ($n=7$), arterial-venous 33.33% ($n=4$) and venous 8.33% ($n=1$). Type of stroke: arterial hemorrhagic 50% ($n=6$), arterial ischemic 58.33% ($n=7$), subarachnoid hemorrhage 25% ($n=3$) and venous thrombosis 41.66% ($n=5$). Presentation: solitary stroke 58.33% and combinations 41.66% (proportion 1.4). Management in the same hospital 58.33% ($n=7$) and transfers to highly specialized units for serious complications 41.67% ($n=5$). ICU stay 3.95 ± 1.82 days, it was similar in patients with and without stroke ($p=0.226$). Maternal mortality 0%.

Conclusion: The incidence of stroke was very high with extremely severe lesions, but without effect on ICU stay and mortality. Team management was necessary in a high percentage of cases.

Keywords: Stroke; Neurological complications; Subarachnoid hemorrhage; Eclampsia; Obstetric intensive care; High risk pregnancy.

20 **1. INTRODUCTION**

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22 Stroke during pregnancy is a relatively rare event. ^{1,2} In patients with preeclampsia its
23 incidence increases when complications such as HELLP (**Hemolysis, Elevated Liver**
24 **enzymes, and Low Platelet count**) syndrome, eclampsia or coagulation disorders appear. ^{3,4}
25 Stroke can occur in the arterial or venous territory, but it can occur simultaneously in both
26 territories in the same patient. The arterial origin of the stroke is the most frequent in
27 preeclampsia. Endothelial damage, structural changes in the vascular wall, platelet
28 hyperactivity, a hypercoagulable state, and congenital thrombophilia are predisposing factors
29 for arterial ischemia due to thrombosis. Thrombocytopenia, disseminated intravascular
30 coagulation, aneurysms or vascular malformations, hypertensive crises in general, and
31 systolic hypertension favor hemorrhage in the brain parenchyma and ventricles. ^{1,5,6}
32 Ischemia and arterial hemorrhage predominate in the territory of the basal ganglia, stem,
33 and cerebral hemispheres, which are considered areas of selective vascular vulnerability.
34 These are the most lethal complications in patients with preeclampsia, mainly when they
35 occur in the parenchymal tissue. ^{1,2,7}

36 In patients with preeclampsia, the frequency of subarachnoid hemorrhage is also increased,
37 it can occur individually or combined simultaneously with diffuse edema, ischemia, or
38 hemorrhage from a parenchymal artery. ⁸ Stroke of venous origin has also been described in
39 preeclampsia. Chronic use of contraceptives or estrogen-containing hormone replacement
40 therapy, thrombophilia, hyperhomocysteinemia, extreme dehydration, hyperemesis
41 gravidarum, and severe and prolonged reduction in cerebral blood flow clearly predispose to
42 thrombosis of the veins and venous sinuses. ^{1,5,9}

43 Early detection of a stroke is a priority. Patients with preeclampsia and neurological
44 examination abnormalities are candidates for Cranial Tomography (CT) and Magnetic
45 Resonance Imaging (MRI). Cerebral angiography and its modalities are reserved only for
46 inconclusive cases or candidates for surgery. ^{5,7} Local or diffuse parenchymal edema and
47 Posterior Reversible Encephalopathy Syndrome (PRES) are the most common forms of
48 brain injury in preeclampsia, but stroke has drawn more attention throughout the ages. once
49 it has greater aggressiveness, percentage of mortality and long-term sequelae. The
50 correlation of clinical data with imaging studies is the most valuable tool to establish the
51 neurological diagnosis and the bases for conservative management, indications for surgery
52 and the prognosis of the patients. ¹⁰⁻¹⁴ The aim of the study was To identify the incidence,
53 vascular origin, type and outcome of stroke in a retrospective cohort of patients with
54 eclampsia.

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56 **2. MATERIAL AND METHODS**

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58 A cross-sectional, retrospective and analytical study was carried out in a cohort of 43
59 patients with eclampsia from the Intensive Care Unit (ICU) of a High Specialty Medical Unit
60 of Mexico City (Gynecology and Obstetrics Hospital No. 3, National Medical Center "La
61 Raza", Mexican Institute of Social Security, Mexico City) that were attended between
62 January 1, 2019 to December 31, 2022. Clinical and electronic records were consulted to
63 know their general data and imaging studies (CT, MRI) to identify cases that were
64 complicated by a stroke, its vascular origin (arterial, venous, arterial and venous), type
65 (hemorrhagic, ischemic, thrombotic), its anatomical location and mortality. The cases were
66 selected for convenience. It was ruled out that the patients had a history of stroke, head
67 trauma, head surgery, congenital disorders, infectious or degenerative neurological
68 diseases, epilepsy, and preeclampsia-eclampsia or HELLP syndrome in previous
69 pregnancies. The information necessary for the study was available in all the patients, so
70 none was eliminated. The original interpretation of the CT, MRI, or both images was

71 compared with the opinion of another specialist in Radiology and Imaging from the same
72 hospital who was unaware of the diagnosis.

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74 **2.1 Data analysis**

75 Descriptive statistics (mean, median, standard deviation, range) and inferential statistics
76 (Kolmogorov–Smirnov test, chi-square, paired Student's t test, Mann-Whitney-Wilcoxon U
77 test) with the statistical program SPSS[®] version 25 (IBM Corp. Armonk, New York, United
78 States) were used. The *P* value < 0.05 was significant.

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80 **3. RESULTS**

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82 The 43 patients with eclampsia represented 2.41% of the total cases admitted to the ICU
83 during the study period (43/1,783 cases). The general data are shown in **Table 1**.
84 Morbidities were found in 23.25% (10 cases; chronic arterial hypertension 2 cases,
85 antiphospholipid syndrome 2 cases, inactive systemic lupus erythematosus 2 cases,
86 gestational diabetes 1 case, controlled primary hypothyroidism 1 case, controlled primary
87 hyperthyroidism 1 case, chronic kidney disease K-DIGO class 3 1 case). When they were
88 admitted to the ICU, 60.46% (26 cases) were in the postpartum period and 39.54% (17
89 cases) were pregnant, the termination of pregnancy took place during their stay in the ICU.

90 **Table 1**

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Table 1. General data of 43 patients with eclampsia

Parameter	Result
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Maternal age years	27.41 ± 7.88
limits	15 to 42
Body mass index	30.45 ± 5.32
limits	20.54 to 42.4
Weeks of pregnancy	33 ± 4.56
limits	22 to 39
Obstetric condition in ICU	
With pregnancy, singleton fetus	39.54%, n=17
Postpartum period	60.46%, n=26
Parity	
One	55.81%, n=24
Two	20.93%, n=9
Three	11.62%, n=5
Four	9.30%, n=4
Five	2.32%, n=1
Onset of preeclampsia	
Early < 34 weeks	34.88% n=15
Late ≥ 34 weeks	65.12% n=28
Admission-delivery time hours n=17	15.76 ± 1.73
limits	1 to 72
Type of delivery	
Caesarean operation	88.37%, n=38
Vaginal	11.63%, n=5
Bleeding ml	643.54 ± 570.04
limits	1,100 to 3,500
Fetal weight g	1908.85 ± 774.18
limits	565 to 3475
Apgar score birth median	
minute 1	6 limits 2 to 8
minute 5	8 limits 4 to 9
Prematurity < 37 weeks	69.76%, n=30
Term newborn ≥ 37 weeks	30.23%, n=13
Maternal mortality	0%
Fetal mortality	2.32%, n=1

ICU = Intensive Care Unit

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Seizures due to eclampsia occurred in the antepartum period 41.86% (18 cases), postpartum 51.16% (22 cases) and in both periods 6.97% (3 cases). The most frequent premonitory symptoms of eclampsia were: headache 55.81% (24 cases), epigastric pain 23.25% (10 cases), drowsiness 18.60% (8 cases) and visual disturbances 9.3% (4 cases). The most common exploratory signs were: edema of the pelvic limbs 81.9% (35 cases), hyperreflexia 79.06% (34 cases) and positive Babinsky sign 13.9% (6 cases). Complications that accompanied eclampsia were: Mississippi class II HELLP syndrome 32.55% (14 cases), acute kidney injury (AKI) without dialysis 27.90% (12 cases), anemic syndrome 6.97% (3 cases) and acute pulmonary edema without ventilatory support 2.32 % (1 case). The hemodynamic and clinical laboratory data of all the patients are shown in **Table 2**.

Table 2. Hemodynamic and clinical laboratory data of 43 patients with eclampsia

Measurements in the ICU

Parameters	Admission	Discharge	P-value
Blood pressure mmHg			
systolic	143.41 ± 23.64	128.23 ± 11.53	.002
diastolic	89.32 ± 14.93	79.06 ± 9.26	.002
Central venous pressure			
cm water	7.88 ± 4.18	10.87 ± 4.97	.312
Uresis ml/K/hour	1.28 ± 1.23	2.15 ± 1.82	.017
Plasma colloid osmotic pressure			
mmHg	15.36 ± 3.05	17.25 ± 3.46	.621
Hemoglobin g/dL	11.65 ± 2.15	10.77 ± 1.42	.030
Platelets / μ L	192,590 ± 153,600	198,900 ± 99,090	.821
Uric acid mg/dL	5.99 ± 2.24	4.7 ± 1.59	.009
Glucose mg/dL	116.58 ± 35.07	86.46 ± 19.78	.066
Creatinine mg/dL	0.88 ± 0.52	0.81 ± 0.61	.620
Aspartate aminotransferase U/L	102.6 ± 138.18	31.6 ± 26.63	.002
Alanine aminotransferase U/L	99.09 ± 27.93	43.22 ± 39.44	.004
Lactic dehydrogenase U/L	678.65 ± 443.96	452.87 ± 141.65	.003
Arterial pH	7.42 ± 0.06	7.41 ± 0.06	.880
Prothrombin time seconds	12.1 ± 1.2	11.52 ± 1.5	.875

ICU = Intensive Care Unit

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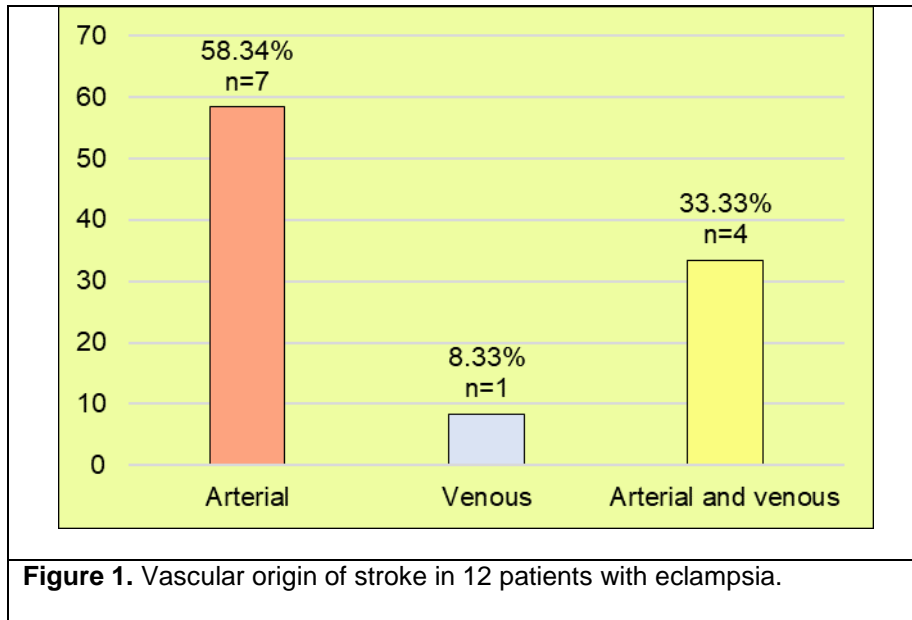
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When the data on admission were compared with that on discharge from the ICU, significant differences were found in systolic blood pressure ($P = .002$), blood pressure diastolic ($P = .002$), uresis ($P = .017$), hemoglobin ($P = .030$), uric acid ($P = .009$), aspartate aminotransferase enzyme ($P = .002$), alanine aminotransferase enzyme ($P = .004$), and lactic dehydrogenase enzyme ($P = .003$).

When brain imaging studies were reviewed, the following was found: no study 9.30% (4 cases), normal structures 11.63% (5 cases), diffuse parenchymal edema 27.91% (12 cases), PRES 23.26% (10 cases) and stroke 27.90% (12 cases). The most frequent vascular origin of the stroke was arterial 58.34% (7/12 cases: hemorrhagic 2 cases, ischemic 4 cases and hemorrhagic-ischemic 1 case) followed by arterial-venous origin 33.33% (4/12 cases: hemorrhagic arterial with venous thrombosis 2 cases, ischemic arterial with venous thrombosis 1 case, hemorrhagic and ischemic arterial with thrombosis venous 1 case) and venous origin due to thrombosis 8.33% (1/12 cases). **Figure 1** In 41.66% (5/12 cases) the findings were demonstrated by CT as an individual study and in 58.34% (7/12 cases) CT with MRI was performed.



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The presentation of stroke alone prevailed over the combinations (58.33% vs 41.66%), the proportion was 1.4. Details of the vascular origin, type, and imaging study findings are shown in **Table 3**.

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Table 3. Origin, type and findings of stroke in 12 patients with eclampsia

Case	Origin and type	Findings	Imaging studies
Arterial origin			
1	Hemorrhagic	Fisher class IV subarachnoid hemorrhage	CT
2	Ischemic	Left frontal lobe infarction	CT
7	Ischemic	Left parietal lobe infarction	CT
9	Hemorrhagic	Frontoparietal intraparenchymal hemorrhage	CT
10	Ischemic	Hypodensity in right basal ganglia Perilesional edema Right temporal lobe infarction	CT and MRI
11	Ischemic	Left frontoparietal infarction	CT and MRI
12	Ischemic and hemorrhagic	Multiple cortical hypodense regions Fisher class IV left parietal subarachnoid hemorrhage Intraparenchymal hemorrhage	CT and MRI
Arterial-venous origin			
3	Hemorrhagic arterial and thrombotic venous	Left frontal lobe hemorrhage Superior longitudinal venous sinus thrombosis	CT
4	Ischemic arterial and thrombotic venous	Biparietal hypodense images Superior longitudinal venous sinus thrombosis	CT and MRI
5	Ischemic-hemorrhagic arterial and thrombotic venous	Left frontal lobe infarction Right frontal parenchymal hemorrhage Superior longitudinal sinus thrombosis	CT and MRI
6	Hemorrhagic arterial and thrombotic venous	Fisher class IV subarachnoid hemorrhage Frontal parenchymal hemorrhage Superior longitudinal venous sinus thrombosis	CT and MRI
Venous origin			
8	Thrombotic	Superior longitudinal venous sinus thrombosis	CT and MRI

CT = Cranial Tomography
MRI = Magnetic Resonance Image

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The **Figure 2** shows the images of the most representative cases of stroke.

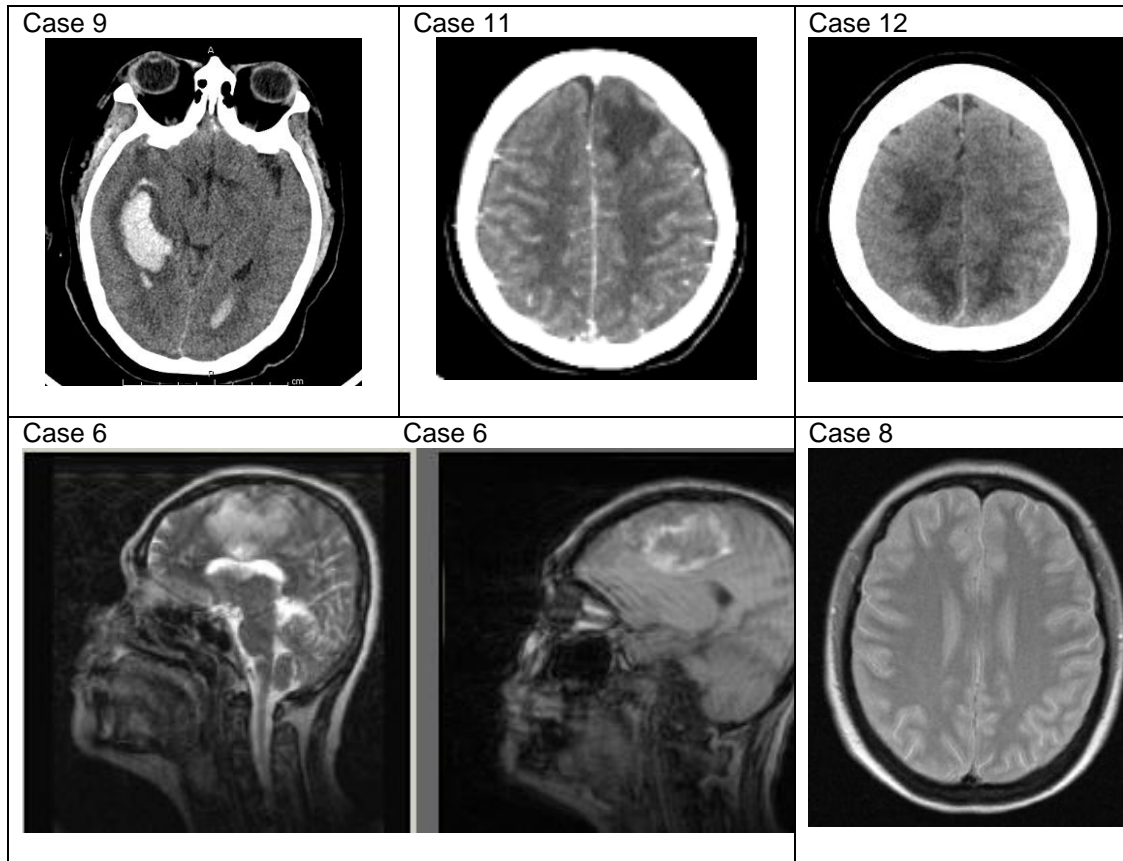


Figure 2. CT and MRI images representative of stroke.

Case 9: Hemorrhagic stroke of arterial origin.

Case 11: Ischemic stroke of arterial origin.

Case 12: Hemorrhagic-ischemic stroke of arterial origin.

Case 6: Stroke of arterial-venous origin: parenchymal hemorrhagic of arterial origin with Fisher class IV subarachnoid hemorrhage and thrombotic stroke of venous origin.

Case 8: Thrombotic stroke of venous origin.

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With the intention of identifying any difference of interest, the hemodynamic and clinical laboratory data from admission to the ICU of the 12 patients with stroke were compared with the 21 patients who did not present it. Plasma colloid osmotic pressure was the only parameter that showed a significant difference ($P = .042$). **Table 4**

Table 4. Comparison of hemodynamic and clinical laboratory data on admission to the ICU in patients with eclampsia with and without stroke.

Parameter	Patients with stroke (12 cases)	Patients without stroke (31 cases)	P-value
Blood pressure mmHg			
systolic	141.83 ± 15.35	144.03 ± 26.35	.788
diastolic	88.91 ± 10.05	89.48 ± 16.59	.912
Central venous pressure cm water	6.73 ± 4.05	8.72 ± 4.66	.576
Uresis ml/Kg/hour	1.16 ± 0.83	1.32 ± 1.37	.715
Plasma colloid osmotic pressure mmHg	13.20 ± 2.35	17.52 ± 3.25	.0425
Hemoglobin g/dL	11.12 ± 2.28	11.85 ± 2.10	.324
Platelets / μ L	154,900 ± 14,513	205,967 ± 15,390	.343
Uric acid mg/dL	5.04 ± 1.64	6.31 ± 2.35	.145
Glucose mg/dL	122 ± 30.40	114 ± 36.97	.534
Creatinine mg/dL	0.79 ± 0.2	0.91 ± 0.59	.514
Aspartate aminotransferase U/L	95.66 ± 79.89	105.43 ± 156.67	.839
Alanine aminotransferase U/L	123.25 ± 129.32	89.43 ± 109.14	.394
Lactic dehydrogenase U/L	822 ± 584.72	626.06 ± 378.55	.214
Arterial pH	7.43 ± 0.06	7.41 ± 0.06	.250
Prothrombin time seconds	12 ± 0.8	11.8 ± 1.4	.786

ICU = Intensive Care Unit

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199 The stay in the ICU of the 43 patients was 3.95 ± 1.82 days (limits 1 to 9), no difference was
 200 found in the stay of the patients with stroke versus patients without stroke (4.5 ± 1.83 days,
 201 limits 2 to 9 vs 3.74 ± 1.80 days, limits 1 to 8; $P = 0.226$). Regarding the outcome of patients
 202 with stroke, 58.33% (7/12 cases) continued to be managed in a general ward of the same
 203 hospital and 41.67% (5/12 cases) were transferred to a specialized hospital (Neurological
 204 Intensive Care Unit 4 cases, Hemodialysis Unit 1 case). There were no cases of maternal
 205 death in the ICU. Fetal death was 2.32%, (1 case).

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4. DISCUSSION

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209 Redman¹⁵ has proposed two stages for preeclampsia, stage 1 corresponds to the placental
 210 phase and stage 2 includes maternal disease. Evidence has documented that the
 211 endothelium is the first maternal organ affected by preeclampsia. Endothelial swelling and
 212 apoptosis, structural alterations of the capillary and arteriolar wall, vasoconstriction,
 213 perivascular edema, capillary leak, thrombosis, and hemorrhage of the smallest vessels are
 214 the characteristic findings in maternal tissues and organs.^{16,17} These lesions correspond to a
 215 disease of small vessels, the transition from preeclampsia to a disease of the great arterial
 216 vessels seems to be given by elevated blood pressure and hypertensive complications while
 217 other pathophysiological mechanisms and complications of preeclampsia predispose to

218 thrombosis of the veins and venous sinuses. Thus, the maternal panorama is adverse in the
219 entire circulatory system of the brain.^{8,9}

220 In this research, a retrospective cohort of 43 patients with eclampsia treated in the ICU of a
221 highly specialized medical unit in Mexico City was studied. Mean maternal age was in the
222 third decade of life with pregnancy around 33 ± 4.56 weeks and high percentages of known
223 high maternal and fetal risk factors (primiparity, early onset of preeclampsia, cesarean
224 section, prematurity, cardiovascular-renal-immunological-metabolic morbidities). A group of
225 serious complications accompanied eclampsia: HELLP syndrome 32.55%, acute kidney
226 injury (AKI) 27.90% and acute pulmonary edema 2.32%). **Table 1**

227 The hemodynamic and clinical laboratory data showed significant favorable changes once
228 the 43 patients received intensive care and were discharged from the ICU. **Table 2** When
229 the same data were compared from the cases with stroke versus patients without stroke, the
230 only data that showed a significant difference was plasmatic colloid osmotic pressure with
231 reduced values in the patients with stroke ($P = .0425$). **Table 4** On the other hand, brain
232 imaging studies showed diffuse cerebral edema as the most common finding 27.91%. The
233 percentage was similar to that reported by Harandou et al.¹⁸ in 2006. In the present
234 investigation, PRES, a type of edema located in the occipital lobes, was found in 23.26%,
235 this percentage was similar to the report by Vázquez et al.¹⁹ published in 2022 and
236 performed on patients from the same hospital.

237 The simultaneous presentation of cerebral edema and PRES with stroke in preeclampsia
238 has been of interest to investigators. McDermott et al.²⁰ have reviewed the association of
239 PRES with the pathophysiology of stroke in patients with preeclampsia, while Tshering et al.
240²¹ reported in 2021 the postpartum development of subarachnoid hemorrhage and cerebral
241 venous thrombosis in the PRES scenario in eclampsia. The two data (reduced plasma
242 colloid osmotic pressure and diffuse or localized cerebral edema) are relevant because
243 reduced plasma colloid osmotic pressure has been implicated as one of the
244 pathophysiological mechanisms of cerebral edema, which may explain its high frequency in
245 imaging studies, but they do not explain the development of a stroke.²²

246 Stroke occurred in 27.90% (12/43 cases) and the most frequent vascular origin was arterial
247 58.34% followed by arterial-venous origin 33.33% and exclusively venous origin 8.33%.
248 Figure 1 According to the type of stroke, imaging studies showed hemorrhagic arterial stroke
249 in 50%, ischemic stroke in 58.33%, subarachnoid hemorrhage in 25%, and venous
250 thrombosis in 41.66%. **Table 3** The presentation of stroke alone prevailed over the
251 combinations (58.33% vs 41.66%), the proportion was 1.4. The stroke combinations in the
252 same patient has also been reported by Harandou,¹⁸ Jaigobin et al.²³ and Brouh et al.²⁴
253 The comparison of the hemodynamic and clinical laboratory data did not show any
254 substantive difference to explain the clinical behavior of stroke. **Table 2 and 4**

255 In the present retrospective cohort, arterial stroke occurred in the frontal, parietal, and
256 temporal lobe, and no predominance was found in the middle cerebral artery territory. **Table**
257 **3, Figure 2** No cases with systolic hypertension were identified as a factor with stroke as
258 reported by Martin et al.⁶ nor were coagulation diseases documented that could be related
259 to bleeding. **Table 1**

260 Jaigobin et al.²³ reported in the year 2000 the results of a retrospective analysis of patients
261 from a Hospital in Toronto, Canada admitted between January 1, 1980 and June 30, 1997
262 with a diagnosis of stroke during pregnancy or within 6 weeks postpartum. Of the total of
263 50,700 admissions, the authors identified 34 patients with stroke (21 infarcts and 13
264 hemorrhages). Of the patients with infarcts, 13 were arterial and 8 venous. The etiological

265 diagnosis was made in 7 of 13 patients with arterial infarction (cardiac emboli,
266 coagulopathies, and carotid artery dissection). Of the 13 patients with hemorrhage, 7 had
267 subarachnoid hemorrhage and 6 cases developed intracerebral hemorrhage. The etiology
268 was identified in 10 patients with hemorrhage: 3 were due to ruptured aneurysms, 5 were
269 associated with arteriovenous malformations, and 2 cases had disseminated intravascular
270 coagulation. All patients with arterial infarction survived, but 3 patients with hemorrhage died.
271 In contrast to these data, no pre-existing vascular lesions or cardiac disease were
272 documented in the present study.

273 In 2003 Beye et al.²⁵ published the clinical results of a cohort of 28 patients with eclampsia
274 admitted to a hospital in tropical Africa between January 1997 and December 1999. They
275 reported cerebral hemorrhage in 14.28% (4/28 cases). The authors found no cases with
276 stroke of venous origin. In 2006 Harandou et al.¹⁸ reported the CT and MRI findings of 19
277 patients with eclampsia who persisted with neurological signs for 24 hours or more. CT was
278 normal in 3 cases, the predominant lesion was edema in 14 cases (parietal or occipital area
279 12 cases, paraventricular area 1 case, and diffuse edema 1 case). Diffusion-weighted MRI
280 was performed in 4 cases and discovered cytotoxic cerebral edema in 1 suspected case. 3
281 cases of cerebral venous thrombosis and 2 cases of intracerebral hemorrhage were
282 identified. The authors concluded that imaging studies can reveal multiple brain lesions in
283 the same patient and recommended that diffusion-weighted MRI should be performed
284 routinely in all patients with clinical signs of neurological disorders that persist after
285 postpartum management.

286 In 2016 Brouh et al.²⁴ reported a study similar to the present investigation. It was a series of
287 54 patients with eclampsia from a University Hospital in Côte d'Ivoire, Africa. Complications
288 that accompanied eclampsia were HELLP syndrome, AKI with and without dialysis, and
289 acute pulmonary edema. All the patients were studied with CT, the authors found absence of
290 lesions in 20 cases, ischemic stroke in 10 cases, isolated cerebral edema in 5 cases,
291 cerebral edema with ischemia in 4 cases, parenchymal hemorrhage in 3 cases,
292 subarachnoid hemorrhage in 1 case, and meningeal hemorrhage in 1 case. The location of
293 the lesions varied: parietal, parietal-frontal, parieto-fronto-occipital, occipital, and in the
294 territory of the middle cerebral artery.

295 Brouh et al.²⁴ and Beye et al.²⁵ did not identify venous lesions, in the present investigation
296 the stroke of venous origin appeared in a significant percentage of cases 41.66%,
297 thrombosis of the superior longitudinal sinus was the only site of venous lesion. Coutinho et
298 al.,⁹ carried out a systematic review of venous stroke in both women and men and
299 concluded that its incidence is higher in women, the difference lies in the complications of
300 pregnancy and puerperium. Similar to the data from this study, Coutinho et al.⁹ found that
301 thrombosis of the superior longitudinal venous sinus is the most frequently injured venous
302 structure.

303 In accordance with the recommendations of Ohno et al.²⁶ and other researchers^{18,19,24,25} all
304 the patients in the current investigation were admitted to the ICU of a tertiary care center to
305 overcome the acute stage of eclampsia and stroke with the support of other specialties.
306 Thus, there were no cases of maternal death, possibly due to intensive care and the
307 collaborative participation of the multidisciplinary medical team.

308 Because the incidence and severity of stroke were very high, it is recommended to perform
309 CT, but rather MRI in all cases with eclampsia during pregnancy and postpartum, since
310 removal of the placenta does not ensure the absence of complications. Soydinc et al.²⁷ have
311 described that the first 5 hours postpartum are the period with the highest risk for maternal
312 death from a venous stroke. Patients with eclampsia and stroke currently represent a

313 diagnostic and therapeutic challenge with a high degree of difficulty that has not been
314 resolved.²⁸ Furthermore, contemporary research suggests an association between
315 preeclampsia and stroke during pregnancy and postpartum, but also in later life.^{13,14,29}

316 Finally, the main strength of the research is the identification and description of stroke in the
317 field of eclampsia and its clinical follow-up in the acute stage. The study's weaknesses lie in
318 its retrospective design, the small sample size, the limitation of data analysis during their
319 stay in the ICU, and the fact that pharmacological management was not described.
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321 **5. CONCLUSION**

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323 The incidence of stroke was very high with extremely severe lesions in all cases, but with no
324 effect on ICU stay and mortality. CT and MRI are recommended for all eclampsia patients for
325 early diagnosis of brain lesions. Critical care and the participation of a multidisciplinary
326 medical team are necessary in all cases to reduce morbidity, mortality, and potential short-
327 and long-term neurological sequelae
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329 **ACKNOWLEDGEMENTS**

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333 **COMPETING INTERESTS**

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335 The authors have declared that no competing interests exist.
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337 **AUTHORS' CONTRIBUTIONS**

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339 The author JGVR designed the study, performed the statistical analysis, wrote the protocol,
340 and the first draft of the manuscript, managed the analyses of the study, the literature
341 searches, and read and approved the final manuscript.
342

343 **CONSENT**

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345 As per international standard or university standard, patient(s) written consent has been
346 collected and preserved by the author.
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348 **ETHICAL APPROVAL**

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350 The study was previously approved by the local Health Research Committee no. 3504 and
351 Ethics in Health Committee of the host hospital (Registration: R-2022-3504-47).
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