

Original Research Article

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DETERMINATION OF HEAVY METALS AND TOTAL HYDROCARBON CONTENT IN *NYPA FRUITICANS* OBTAINED ALONG THE SHORES OF QUA IBOE RIVER, AKWA IBOM STATE, NIGERIA

ABSTRACT

This study ascertains the amount of heavy metal and hydrocarbon content in an area exposed to crude oil exploration and exploitation activities. The study area is the Qua Iboe River in the Niger Delta region of Nigeria and the study samples were *Nypa palm* (*Nypa fruiticans*) leaves obtained along the shores of the river. The concentration of Pb, Cd, Cu and Ni in the leaves were determined using the Atomic Absorption Spectrophotometer while Total Hydrocarbon Content was determined using Gas Chromatography, coupled with the flame ionization detector (GC-FID). Results obtained showed that in site I, Pb mean concentration was 1.068 ± 0.014 mg/kg, Cd (0.017 ± 0.003 mg/kg), Cu (2.390 ± 0.204 mg/kg), Ni (0.012 ± 0.001 mg/kg) and THC ($124,361.7 \pm 1120.502$ mg/kg) while for site II: Pb (1.076 ± 0.025 mg/kg), Cd (0.028 ± 0.003 mg/kg) Cu (0.037 ± 0.007 mg/kg) Ni (2.049 ± 0.024 mg/kg) and THC ($311,813.4 \pm 2950.291$ mg/kg). Heavy metal concentration in the study sites were largely within the WHO permissible limits with the exception of Cd in site II. Generally, the amount of heavy metals and THC were higher in the study sites than in the control site, which was an area with negligent oil exploitation and industrial activities. Therefore, the elevated concentration of heavy metals and THC in the study sites may be attributed to the various industrial activities sited in the area.

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Keywords: *Heavy Metal, Total Hydrocarbon, Nypa Fruiticans.*

1.0 INTRODUCTION

The southern region of Nigeria is characterized by a large number of oil and gas fields. The increasing explorative activities of oil companies and transportation of the crude oil to their refining/storage depots have led to a number of incidental discharges or spills into the environment. The oil spills can be attributed to various reasons ranging from failure of production equipment to operational mishaps, or intentional damage to production facilities, otherwise known as sabotage (Iwegbue *et al.*, 2007). One of the methods of determining the incidence of crude oil pollution in an area is by estimating

35 the total hydrocarbon content (THC) and heavy metals in impacted soil. The increased
36 use of metal-based fertilizer in agricultural revolution of government could result in
37 continued rise in concentration of metal pollution in fresh water reservoir due to water
38 | run-off_(Ubong *et al.*, 2015). As human population increases, the intensity of anthropogenic threat
39 exerted on the environment increases as a result of industrialization and agricultural activities (Ubong *et*
40 *al.*, 2020a) Apart from soil environment and aquatic ecosystem, atmospheric inorganic
41 contaminants of natural origin or anthropogenic sources that contained heavy metals
42 and/or trace elements such as Cadmium (Cd), Chromium (Cr), Cobalt (Co), Copper
43 (Cu), Nickel (Ni), Lead (Pb) and Zinc (Zn) at high concentrations could led to serious
44 | ecological consequences and pose human health risks (Ite *et al.*, 2016). –Heavy metals
45 are potentially hazardous to humans and various ecological receptors because of their
46 | toxicity, persistence, bioaccumulative and nonbiodegradable nature [add reference](#).
47 Therefore, monitoring and evaluation of heavy metal concentrations in soils,
48 groundwater and atmospheric environment is imperative in order identify hazards to
49 human health, to prevent bioaccumulation in the food chain and further degradation of
50 the ecosystem (Ite *et al.*, 2016) .

51 Organic contaminants are mostly human-induced chemicals entering into natural fresh
52 water through pesticide use, industrial chemicals, and as by-products of degradation of
53 other chemicals and persist long enough in the environment to cause harmful effects.
54 They tend to accumulate in reservoirs such as water, soil, sediments etc. From these
55 reservoirs, they are remobilized through various processes, switch form or speciation
56 and become available to the biological food chain. In this way, these contaminants tend
57 to bio accumulate and bio magnify exhibiting toxicity and other related outcomes –
58 mutagenicity, carcinogenicity and teratogenicity - resulting into chronic and acute
59 disorders (Barnes *et al.*, 2008) . Records of THC and heavy metals, taken seasonally
60 would enhance the ability to confirm the extent of pollution, especially by comparing
61 the data from virgin areas or available baseline data from regulatory bodies. Usually,
62 when oil spills on shore or near shore, it inevitably affects the soil ecosystem, a prime
63 factor in agricultural productivity. This is particularly problematic because most of the
64 terrestrial ecosystems and shorelines in the oil producing communities encompass
65 important agricultural land and are under continuous cultivation (Ribes *et al.*, 2003) .
66 Soil contact with oil may result in the damage of soil properties and plant communities,
67 as well as microorganisms present in the soil.

68 Qua Iboe river in the Niger Delta of Nigeria is located in an area of intense oil
69 exploration and exploitation activities (Ikpe *et al.*, 2020). Nypa palm (*Nypa fruticans*),
70 which is an ubiquitous mangrove along the shores of Qua Iboe River, are constantly
71 affected by heavy metals and hydrocarbon pollution; therefore, they are used as bio-
72 indicator to assess the damage caused by oil spill in the ecosystem (Ikpe *et al.*,2020).
73 Accordingly, the present study examines the concentrations of hydrocarbons and heavy
74 metals in Nypa palm at Qua Iboe River, Nigeria.

75 | **2.0 MATERIALS AND METHODS**

76 | **Study area and Sampling Site**

77 Qua Iboe River Estuary, the relief is characterized by the Atlantic Ocean shoreline and
78 surf beach. It falls within Latitudes 4° 39'N and Longitudes 7° 56'E. The region is also
79 characterized by mangrove swamp and river floodplains mostly found around the Qua
80 Iboe Estuary and the floodplains in Akwa Ibom State, Nigeria. The river measures about
81 158.18 kilometers in length and inundates about 7,000 hectares of fresh water
82 floodplains once a year.

83 The samples were collected from three different sites; two sites were at Nditia
84 community, Ibeno L.G.A with latitude between 04°34'56.74"N and 04°34'02.6"N and
85 longitude between 07°54'50.96"E and 07°58'25.9"E respectively, while the third site was
86 at Ikot Ibok, Etinan L.G.A between latitude 4°47'0.50"N and a longitude of 7°52'55.80"E,
87 which was the control.



96 | **Fig. 1** Map showing the Study area

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97 | **Sample collection and preservation**

98 The *Nypa Fruticans* leave samples were collected from the three sampling sites, washed
99 with distilled water to remove dust particles and dried in an oven (105°C) for 24
100 hrs. The dried leave samples were crushed using mortar and pestle. Finally, the powder
101 was stored in tightly closed clean sample bottles until analysis.

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102 | **Determination of Heavy Metals in *Nypa fruticans***

103 | The grounded samples were digested after drying according to Lee, (1995). The
104 | concentration of Pb, Cd, Cu and Ni were determined using bulk scientific model 210VGP
105 | (variable giant pulse) atomic absorption spectrophotometer with different hollow
106 | cathode lamp at different wavelength. All reagent used were of analytical grade and
107 | deionized water was used in all preparations. The digestion procedure was as follows;
108 | the samples (1 g) was weighed into digestion flask and 10 ml nitric acid (HNO₃)/
109 | perchloric acid (HClO₄) acid mixture (3:1 ratio) was added to the sample; the
110 | suspension was swirled and allowed for some minutes for any reaction to subside. The
111 | digestion flask was mounted on a heating mantle and heated at 70 C until appearance
112 | of whitish dense fumes; digestion ended when a clear solution was obtained. The
113 | digestion flask was removed and allowed to cool. 50 ml of deionized water was added
114 | to the digest filtered and made up to mark of 100 ml standard volumetric flask with
115 | deionized water. Each of the standard flasks with the digest was corked labeled and
116 | refrigerated for AAS analysis (Ogbeifun *et al.*, 2019).

117 | **Determination of Total Hydrocarbon Contents (THC) in *Nypa fruticans***

118 | Total hydrocarbon contents (THC) were determined using Gas chromatography fitted
119 | with flame ionization detector (GC-FID). The samples were cut into pieces and then
120 | crushed using mortar and pestle. The extraction method outlined by Schwab *et al.*,
121 | (1999); (Ekanem *et al.*, 2019) was applied to the samples as follows; 10g of each of the
122 | crushed samples were weighed into a 100ml beaker and 60ml of THC extraction
123 | mixture (250ml of acetone and 250 ml of dichloromethane) was then added. The
124 | beaker with its contents was placed on a magnetic stirrer (with heater) and shaken for
125 | about 25 min. at 70°C. The extract was later decanted into a flask. 30ml of fresh
126 | extraction solvent was added and the process of shaking on the magnetic stirrer
127 | repeated. 5g of anhydrous sodium sulphate was used to remove water from the extract,
128 | which was concentrated to 3ml with rotary evaporator maintained at 20°C.
129 | Subsequently, 1.5 ml of the concentrated extract was loaded on silica gel column. The
130 | silica gel was prepared by loading a 2g glass wool followed by a 30g chromatography
131 | silica gel onto a chromatography column (2cm internal diameter and 10cm long). Each
132 | of the bed was conditioned with 40ml HPLC-hexane to remove any contaminant. The
133 | concentrated was eluted with 30ml HPLC-hexane into a well labeled 100ml beaker to
134 | get the aliphatic hydrocarbon components in the sample. Thereafter, 30ml of
135 | chloromethane was added to elute the aromatic hydrocarbon contents into another
136 | labeled 100ml beaker. 2g of anhydrous sodium sulphate was added to remove any
137 | traces of water left in the extract. The extract were re-concentrated using rotary
138 | evaporator to about 2ml. 1ml of extract was taken and transferred into a well labeled

139 chromatography vial read for gas chromatography analysis. The samples were stored at
140 temperature of 4°C until GC analysis.

141 **Moisture Content Determination**

142 Water content in *Nypa Fruticans* leaves ~~sample~~ was determined by drying a known
143 weight (1_g) in an oven to a constant weight at a suitable temperature of ~~105°C~~105°C.
144 The loss in weight was due to moisture loss and calculated in terms of percentage
145 weight of the samples (1_g of the fresh sample).

$$146 \quad \% \text{ Moisture} = \frac{W_1 - W_2}{W_1} \times 100$$

147 Where W_2 = weight of sample after drying

148 W_1 = weight of sample before drying

149 **Ash Content Determination**

150 The ash content of the samples was determined by burning the dry samples in an
151 enclosed muffle furnace at temperature of ~~500°C~~500°C, for 4 hours until the samples
152 turned to ash. The organic matter was obtained by subtracting the amount of the ash
153 from the dry samples and the value expressed in terms of dry weight of the samples.

154 **3.0 RESULTS AND DISCUSSION**

155 **Table 1. Proximate analysis**

SAMPLE	pH	TEMPERATURE (°C)	MOISTURE CONTENT	ASH CONTENT
Nypa Palm	6.46±0.01	27.01±0.06	65.023±0.02	4.02±0.05

156

157 **Table 2. Levels of Heavy metals in *Nypa fruticans* leaves**

SITES	METALS	RANGES (mg/kg)	MEAN CONCENTRATIONS (mg/kg)	STANDARD DEVIATIONS
SITE I	Pb	1.051-1.076	1.068	0.014
	Cd	0.014-0.019	0.017	0.003
	Cu	1.001-3.09	2.390	0.204

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	Ni	0.011-0.012	0.012	0.001
SITE II	Pb	1.048-1.094	1.076	0.025
	Cd	0.025-0.031	0.028	0.003
	Cu	0.029-0.042	0.037	0.007
SITE III (control)	Ni	2.031-2.076	2.049	0.024
	Pb	0.012-0.029	0.023	0.010
	Cd	BDL	BDL	BDL
	Cu	0.001-0.007	0.002	0.001
	Ni	0.007-0.007	0.007	0.000

158 | Detection Limit (DL) of metals studied: Pb (0.25), Cd (0.025), Cu (0.078), Ni (0.125)

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161 | **Table 3. Levels of Total Hydrocarbon Contents in *Nypa fruticans* leaves**

SITE	RANGE (mg/kg)	MEAN CONCENTRATION (mg/kg)	STANDARD DEVIATION (mg/kg)
SITE I	123240 - 125481	124361.7	1120.502
SITE II	310009.1 - 315218.11	311,813.4	2950.291
SITE III (control)	1489.00 - 1502.13	1488.08	14.532

162

163 | **Table 4. WHO recommended limits in plants (Organization, 1996) (WHO
164 | 1996)**

METALS	LIMITS (mg/kg)
Pb	2
Cd	0.02

Cu	10
Ni	10

165

166 **Lead:** High Pb concentration in environmental compartments indicates pollution from
 167 oil spill and other industrial activities. According to (Osuji & Onojake, (2004), lead is
 168 present in crude oil obtained from the Niger Delta, Nigeria. Plants grown in lead-
 169 contaminated soils accumulate low levels of lead in the edible portions of the plant from
 170 adherence of dusts and translocation into the tissues -(Finster *et al.*, 2004);(Ubong *al.*,
 171 2020).- At site I, the mean value of Lead in *Nypa fruticans* ranged from 1.051-1.076
 172 mg/kg with a mean value of 1.068±0.014 mg/kg (Table 2), site II (1.076±0.025
 173 mg/kg) and III (0.023±0.010 mg/kg). These values are all below the WHO
 174 recommended limit (Table 4), which indicates a low level of lead pollution. However,
 175 site III recorded the least concentration of lead and it may be attributed to the absence
 176 of oil exploration and other industrial activities at this site. Comparatively, these values
 177 are higher than results recorded by (Opaluwa *et al.*, (2012) -who investigated the heavy
 178 metals in plants grown around dumpsites in Lafia, Nigeria. However, the Pb
 179 concentrations in the current study are much lower than values obtained by
 180 (Deribachew *et al.*, (2015), who investigated the levels of heavy metals in plants
 181 produced through wastewater irrigation in eastern Ethiopia. Lead is a well-known
 182 neurotoxin which causes the impairment of the neurodevelopment in children. Exposure
 183 in the uterus and breastfeeding may all be responsible for the effects. Lead
 184 accumulates in the skeleton and its mobilization from bones during pregnancy and
 185 lactation causes exposure to fetuses and breastfed infants (ATSDR, 2007). The
 186 observed study disagrees with the observation of (Ubong *et al.*, (2011) on
 187 determination of heavy metals in tissues of *Callinectes latimanus* from new Calabar
 188 river, Nigeria. The results obtained from the current study show that metal
 189 concentration in male *C. latimanus* ranged as follows: Ni (93.09 – 231.17 mg/kg), Pb
 190 (2.73 – 29.76 mg/kg), Cd (0.05 – 4.10 mg/kg) while the range for female crab species
 191 were: Ni (165.63 – 313.53 mg/kg), Pb (4.77 – 37.08 mg/kg), Cd (0.26 – 4.10 mg/kg).

192 **Cadmium:** Cadmium is utilized in several industrial and agricultural activities like
 193 manufacture of herbicides and pesticides; it is also found in trace amounts in crude oil
 194 (Osuji & Onojake, 2004). Table 2 ~~shows~~ showed that the concentration of Cadmium in
 195 *Nypa fruticans* obtained from site I ranged from 0.014 - 0.019 mg/kg while the mean
 196 values of site II 0.028±0.003 mg/kg; the amount of Cd in site III was below the
 197 detention limit (BDL) indicating a negligible degree of Cd pollution. It can be observed
 198 that only site II recorded Cd concentration above the WHO recommended limit of 0.2

199 mg/kg (Table 4), which implies that site B has a high degree of Cd pollution. However,
200 all Cd concentrations recorded in this study are lower than the results by (Bal *et al.*,
201 (2013) on heavy metal accumulation in plants in urban and industrial area of Istanbul,
202 Turkey. Cd has similar chemical properties like Zn, which may account in part for its
203 toxicity in biological system. Zn being an essential trace element in plants and animals
204 can be substituted with Cd and may cause the malfunctioning of metabolic processes
205 (Campbell, 2006). Cd is very toxic to human, and specifically targets the bones and
206 kidneys.

207 **Copper:** Cu is a micro element which is essential in plant growth and occurs naturally
208 in soil and sediments. It is an important component of enzymes and is necessary for
209 normal growth and development. However, anthropogenic activities may raise the level
210 of Cu in soil above their natural background levels; this may lead to hair and skin
211 decolorations, dermatitis, respiratory tract disease in humans (Khan *et al.*, 2008) .
212 From Table 2, the mean values of Copper were 2.390 ± 0.204 (Site I),
213 0.037 ± 0.007 mg/kg (Site II) and 0.002 ± 0.001 mg/kg (Site III), and were all below the
214 WHO permissible limit of 10 mg/kg (Table 4). Site III recorded the least Cu
215 concentration while site I had the highest. Sites II and III gave a lower Cu
216 concentration than the results of (Opaluwa *et al.*, (2012) on the metal concentration in
217 plants grown around dumpsites (0.36 – 0.71 mg/kg).

218 **Nickel:** Ni is an essential trace element for plants and animals; according to
219 (Hjortenkrans, (2003), it is absorbed easily and rapidly by plants. However, at high
220 concentration, Ni is toxic to humans and causes severe diseases like weight loss, loss of
221 vision, heart and liver failures (McGrath, 1990)–. Nickel in *Nypa fruticans* ranged from
222 0.011-0.012 mg/kg in site I (Table 2), 2.031-2.076 mg/kg (site II) and 0.007-
223 0.007 mg/kg (site III) and were all below WHO permissible limit. Higher Ni
224 concentration in plants was recorded by (Bal *et al.*, (2013). According to (Ubong *et al.*,
225 (2020b), Ni in *Tympanotonus fuscatus* and sediments of Iko River ranged from
226 0.77 ± 0.3 - 83.6 ± 0.2 mg/kg and 2.42 ± 0.3 - 91.6 ± 0.2 mg/kg, respectively, which is
227 largely higher than the amounts recorded in this study.

228 **THC:** Hydrocarbon is a family of organic compounds or a class of organic chemicals
229 composed entirely of carbon and hydrogen atoms, which bond together as structure of
230 the compound. It is considered to be an organic compound of simplest composition and
231 may be thought to be the parent substance from which other compounds are derived
232 (McDonald & Ahern, 2002) Hydrocarbons come in four structural classes namely;
233 aromatic, aliphatic, halogenated and terpenes. This study however assessed the
234 cumulative amount of all classes of hydrocarbons in the study area. At site I, the mean
235 value of THC in *Nypa fruticans* ranged from 1.23240-125.481 mg/kg with a mean
236 value of $124,361.7 \pm 1120.502$ mg/kg (Table 3); at site II the mean value of THC ranged

237 | from 310,009.1-315,218.9_mg/kg with a mean value of 311,813.4±2950.291mg/kg and
238 | at site III (control) the mean value of THC ranged from 1489-1502mg/kg with a mean
239 | value of 1488.08±14.532_mg/kg. The THC in *Nypa fruticans* at the different study site
240 | ~~follow~~follows the sequence: Site II > Site I > Site III. THC concentration in the study
241 | sites exceed previous study obtained by (Numbere, (2019) on the bioaccumulation of
242 | THC in *Nypa fruticans* in the Niger Delta, Nigeria. Furthermore, THC in this research
243 | ~~also~~exceed the concentration recorded in other studies carried out in the Niger Delta as
244 | follows;(Osam *et al.*, 2011), (Okop & Ekpo, 2012) , and (Edwin-Wosu & Albert, 2010).
245 | Therefore, it implies that the area under investigation has a high degree of THC
246 | pollution, which will pose a problem to the exposed ecosystem. According to (Udoetok
247 | *et al.*, (2011), the introduction of petroleum hydrocarbons to the Niger Delta as a result
248 | of the oil spill incident there, may have been responsible for the high level of petroleum
249 | hydrocarbons obtained at the site. This is evident by the high level of total hydrocarbon
250 | content (THC), significant concentration of total petroleum hydrocarbon fractions within
251 | the n-C12 - n-C17 range, especially the n-C13 and n-C17 fractions, the high
252 | concentration of polycyclic aromatic hydrocarbons (PAHs) and the substantial
253 | concentration of the volatile BTEX fractions. Hydrocarbon accumulation in humans leads
254 | to diverse adverse effects as outlined in different literature, which include the
255 | pulmonary and cardiovascular effects (Aitzaz *et al.*, 2019), central nervous system,
256 | gastrointestinal effects, renal effects and dermatological effects (Members *et al.*, 2009).
257

258 **4.0 CONCLUSION**

259 | The findings showed that the samples under study were contaminated with heavy metal
260 | and total hydrocarbon content. The trend of heavy metal was as follows: Cu > Pb > Ni
261 | > Cd at site I, Ni > Pb > Cu > Cd at site II and Pb > Ni > Cu > Cd at site III which is
262 | the control. The heavy metals in *Nypa palm* were below the permissible limits of world
263 | health organization (WHO), with the exception of Cd in site II. The levels of THC in sites
264 | I and II were much higher than site III, indicating that both sites I and II are highly
265 | contaminated with THC. The heavy metals and hydrocarbon present in the environment
266 | can pose a serious environmental risk and affect crops that are grown in the area. The
267 | results from this research reveals that the flora found on the shores of Qua Iboe River
268 | in Nditia community (Ibena LGA) have a very high level of THC, making the plants unfit
269 | for human consumption. On the other hand, heavy metals and THC in *Nypa fruticans* in
270 | the control site (Ikot Ebok) were very low and within permissible limits; implying very
271 | minimal contamination of the area.

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376