

Review Form 1.7

Journal Name:	Asian Journal of Cardiology Research
Manuscript Number:	Ms_AJCR_95365
Title of the Manuscript:	Effect of Bhramari Pranayama in Hypertension Management: A Case Report
Type of the Article	Case report

General guideline for Peer Review process:

This journal's peer review policy states that **NO** manuscript should be rejected only on the basis of '**lack of Novelty**', provided the manuscript is scientifically robust and technically sound. To know the complete guideline for Peer Review process, reviewers are requested to visit this link:

(<https://www.journalajcr.com/index.php/AJCR/editorial-policy>)

PART 1: Review Comments

	Reviewer's comment	Author's comment (if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)
<p>Compulsory REVISION comments</p> <p>1. Is the manuscript important for scientific community? (Please write few sentences on this manuscript)</p> <p>2. Is the title of the article suitable? (If not please suggest an alternative title)</p> <p>3. Is the abstract of the article comprehensive?</p> <p>4. Are subsections and structure of the manuscript appropriate?</p> <p>5. Do you think the manuscript is scientifically correct?</p> <p>6. Are the references sufficient and recent? If you have suggestion of additional references, please mention in the review form.</p> <p>(Apart from above mentioned 6 points, reviewers are free to provide additional suggestions/comments)</p>	<p>1. Yes</p> <p>2. No, The title focus on bhramari pranayama only , both it's a cumulative effect of whole ayurvedic protocol, so the title may be " Effect of specialised ayurvedic protocol in stress induced hypertension: case series</p> <p>3. Yes</p> <p>4. Author should follow the care guidelines before revision of manuscript carefully. Many headings as per care guidelines were missing.</p> <p>5. Not, Author mentioned in discussion that oral medication pilot study showed effect on hypertension then how author talked only about bhramari prayanam. Please mention the effect of each interventions, medication along with bhramari pranayama along with its pharmacodynamics.</p> <p>6. Not all references are recent. Some of the references which may be useful are:</p> <p>a. Kuppusamy M, Kamaldeen D, Pitani R, Amaldas J, Shanmugam P. Effects of <i>Bhramari Pranayama</i> on health - A systematic review. J Tradit Complement Med. 2017 Mar 18;8(1):11-16. doi: 10.1016/j.jtcme.2017.02.003. PMID: 29321984; PMCID: PMC5755957.</p> <p>b. Trivedi GY, Saboo B. Bhramari Pranayama - A simple lifestyle intervention to reduce heart rate, enhance the lung function and immunity. J Ayurveda Integr Med. 2021 Jul-Sep;12(3):562-564. doi: 10.1016/j.jaim.2021.07.004. Epub 2021 Aug 5. PMID: 34364739; PMCID: PMC8377171.</p>	
<p>Minor REVISION comments</p> <p>1. Is language/English quality of the article suitable for scholarly communications?</p>	Yes	
<p>Optional/General comments</p>		

PART 2:

	Reviewer's comment	Author's comment (if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)
<p>Are there ethical issues in this manuscript?</p>	<p>(If yes, Kindly please write down the ethical issues here in details)</p>	

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