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Phytochemical Screening and Antimicrobial Activity of *Sarcocephaluslatifolius*Smith Extracts

ABSTRACT

Aims: This work aims to evaluate the antimicrobial activity of *Sarcocephaluslatifolius* extracts.

Methodology: Thus, phytochemical screening was qualitatively accessed using colorations or precipitations methods. Ethanolic and aqueous extracts were used to evaluate the antimicrobial activity. The antimicrobial activity, using the diffusion method, was evaluated on eight strains including two reference strains (*Streptococcus pneumoniae* ATCC 49619 and *Pseudomonas aeruginosa* ATCC 27853) and six clinically isolated *S. pneumoniae* and *P. aeruginosa* strains. The minimum inhibitory concentrations (MIC) and minimum bactericidal concentrations (MBC) were determined by the microdilution method.

Results: The phytochemical screening showed the presence of flavonoids, anthocyanins, mucilages, saponosides, C-heterosides and O-heterosides. Antimicrobial activity showed that the ethanolic extract with the lowest MIC (1.25 mg/ml) inhibited reference strains (*S. pneumoniae* ATCC 49619 and *P. aeruginosa* ATCC 27853) and clinical isolated *S. pneumoniae* and *P. aeruginosa* strains. The largest inhibition diameter (19 ± 1.33) was obtained with the ethanolic extract against clinical isolated *Pseudomonas aeruginosa* and (15.5 ± 1) against the reference one. The aqueous extract inhibited only reference strains.

Conclusions: The data of this study indicate that the extracts of *S. latifolius* present antimicrobial properties. This may justify its traditional use in the treatment of microbial infections.

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Keywords: phytochemical Screening, Antimicrobial activity, *Sarcocephaluslatifolius*, Benin

1. INTRODUCTION

Medicinal plants occupy an important place in African pharmacopoeia [1]. Research on medicinal plants has intensified due to the diverse therapeutic potential that these medicinal plants possess. The evaluation of plants in traditional medicine gives us clues on how these plant parts can be used as antimicrobial agents against many pathogens [2]. The use of plant extracts and physicochemical both known for their antimicrobial properties can be of great importance in therapeutic treatments [3]. Many plants have been used because of their antimicrobial characteristics that are due to their secondary metabolites contain. *Sarcocephaluslatifolius* Smith (Rubiaceae) is used in many African countries by traditional medicine practitioners for the treatment of various ailments including bacterial diseases [4].

In Africa, *S. latifolius* is widely used in traditional medicine to treat a variety of diseases including malaria, epilepsy, infectious diseases [4], dysentery and diarrhea [5], hernia, ascites, vomiting, and colic [6]. In addition, good *in-vitro* antioxidant, anti-inflammatory, and anti-diabetic effects of this plant leaf and fruit extracts have also been reported [7,8].

28 In Benin, infectious diseases are the primary public health problem [9]. These infectious
29 diseases are often caused by microbial pathogens. To control the pathogens involved in
30 infectious diseases, antibiotic therapy is implemented currently used [10]. Unfortunately, the
31 resistance phenomenon is an increasing cause of treatment failure. One of the options
32 remains to find a local and natural, such as the uses of plants, solution to mitigate these
33 health problems.

34 Among the potential plant, *S. latifolius* has been identified and used due to its medicinal
35 properties regarding gastric disorders and foodborne diseases [11]. This is proof that
36 traditional medicine still has unexplored potential. However, the main problem with traditional
37 treatments, especially those based on plants, is the lack of scientific knowledge regarding
38 efficacy, mode of action, active ingredients, doses to be administered, indications, lack of
39 properties, safety and quality control. Therefore, the present study aimed to evaluate the
40 phytochemical component and antioxidant potential of *S. latifolius* extracts.

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42 **2. MATERIAL AND METHODS**

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44 **2.1. Samples collection and pulverization**

45 Once collected from the surveyed area, the roots of *Sarcocephalus latifolius* were certified at
46 the National Herbarium of Benin under the identification number YH687/HNB. The collected
47 samples were then cleaned and dried for about 14 days at laboratory room temperature
48 ($22 \pm 2^\circ\text{C}$). After drying, roots samples were powdered (Retsch mill SM 2000/1430/Upm/Smf)
49 and stored until used for the different activities.

50 **2.2. Samples analysis**

51 **2.2.1. Preliminary phytochemical screening**

52 The qualitative analysis of preliminary phytochemical screening was performed directly on
53 the plant root powder using the adapted method of Houghton and Raman [12].

54 **2.2.2. Obtaining the extracts**

55 Ethanollic and aqueous extracts obtained according to a previously developed method [13]
56 were used in this study. The choice of these types of extracts is based on the way the plant
57 is traditionally used. For the aqueous extracts, 50 g of obtained powder was macerated in
58 500 ml of distilled water for 72 hours under continuous stirring. The obtained homogenate
59 was successively filtered three times on absorbent cotton and once on Whatman paper. This
60 filtrate was then dried in an oven at 50°C and the powder obtained constitutes the total
61 aqueous extract. Concerning the ethanollic, 50 g of powder was macerated in 500 ml of 96%
62 ethanol for 72 hours under continuous stirring. The mixture was then filtered three times on
63 absorbent cotton and once on Whatman n°1 to obtain a solids-free solution. The filtrate was
64 concentrated in a rotary evaporator at 50° and stored at $2-4^\circ\text{C}$.

65 The extraction yield is defined as the ratio of the mass of dry extract obtained to the mass of
66 plant material processed [14]. It was obtained according to the following formula: $R (\%) =$
67 $(\text{Me}/\text{Mv}) \times 100$ with R (%): yield in %, Me: mass of dry extract, Mv: Mass of plant material
68 used.

69 **2.3. Antibacterial activity**

70 **2.3.1. Sensitivity test**

71 The *in-vitro* antibacterial activity of extracts was demonstrated by solid medium diffusion
72 method with the use of Whatman N°1 paper as previously described by ChabiSika et al. [13].
73 Thus, a bacterial pre-culture (1 colony in 1 mL of liquid Mueller-Hinton) from the previous

74 day is diluted to obtain turbidity of 0.5 on the Mc Farland scale (10^8 CFU/ml) and reduced to
75 10^6 CFU/ml in sterile distilled water. This bacterial suspension (100 μ l) is used to flood a
76 petri dish containing Mueller-Hinton agar (Bio-Rad, France). The sterile discs (6 mm) were
77 deposited, under aseptic conditions, on plates previously flooded with bacterial culture. On
78 the deposited discs, 30 μ l of extract to be tested is inoculated under aseptic conditions. For
79 each extract, the experiment is duplicated and negative control is performed with the solvent
80 instead of the extract. The plates are then left for 15-30 min at room temperature before
81 being incubated at 37°C in the oven for 24 h and 48 h. Inhibition diameters are measured
82 with a graduated ruler after incubation times of 24 h and 48 h.

83 **2.3.2. Determination of the Minimum Inhibitory Concentration (MIC)**

84 The minimum inhibitory concentrations of the extracts were determined following the
85 microdilution method using iodinitrotetrazolium (INT) as a viability indicator for bacteria [15].
86 A range of nine concentrations (10 to 0.039 mg/ml) of the extracts was tested on the
87 microbial strains. Then, 150 μ l of bacterial inoculum (10^6 CFU/ml) was added to all wells.
88 The plates were then incubated at 37°C. After 18 h of incubation, 10 μ l of INT (0.2 mg/ml)
89 was added to all wells. Plates were re-incubated at 37°C for 30 min. The MIC corresponds to
90 the first well in which no red/pink coloration due to the presence of INT is observed.

91 **2.3.3. Determination of the Minimum Bactericidal Concentration (MBC)**

92 The Minimum Bactericidal Concentration (MBC) was determined on the basis of the results
93 of the MIC determination. To do this, after identifying the MIC, we used a loop to inoculate all
94 the other wells from the MIC to the high concentrations on Petri dishes containing MH agar
95 medium. Plates were examined after 24 h of incubation at 37°C. Upon observation, the
96 lowest concentration of the extract at which no bacterial growth is observed corresponds to
97 the MBC [16].

98 The antibacterial effect was considered bactericidal or bacteriostatic depending on the
99 MBC/MIC ratio [17]. Thus, the interpretation of the results is reflected in the ranges below: i-
100 $MBC/MIC \leq 4$ (bactericidal effect) and ii- $MBC/MIC > 4$ (bacteriostatic effect).

101 **2.4. Data Analysis**

102 Acquired data were analysed using GraphPad Prism 8 software. For each extract, the lethal
103 concentration that causes 50% larval death (LC_{50}) was calculated with a 95% confidence
104 interval by linear regression analysis and also using the Probit analysis method following. A
105 regression line equation, obtained from the larval mortality curve, is used to calculate the
106 concentration (LC_{50}) corresponding to the death of half the larvae.

107 **3. RESULTS**

108 **3.1. Phytochemical screening**

109 The results of the phytochemical study of the root of *Sarcocephaluslatifolius* are presented in
110 Table 1. We note a strong presence of flavonoids and an average presence of anthocyanins,
111 mucilages, saponosides, C-heterosides and O-heterosides with reduced genuine. On the
112 other hand, we note the absence of catechic tannins, gall tannins, leucoanthocyanins,
113 alkaloids, reducing compounds, cyanogenic derivatives, triterpenes, steroids, coumarins,
114 quinonic derivatives, free anthracene, O-heterosides, and cardiotoxic derivatives.

115 **Table 1.** Families of secondary metabolites sought in the root of *Sarcocephaluslatifolius*

Secondary metabolites	Results
Gallic tannins	-
Catechic tannins	-

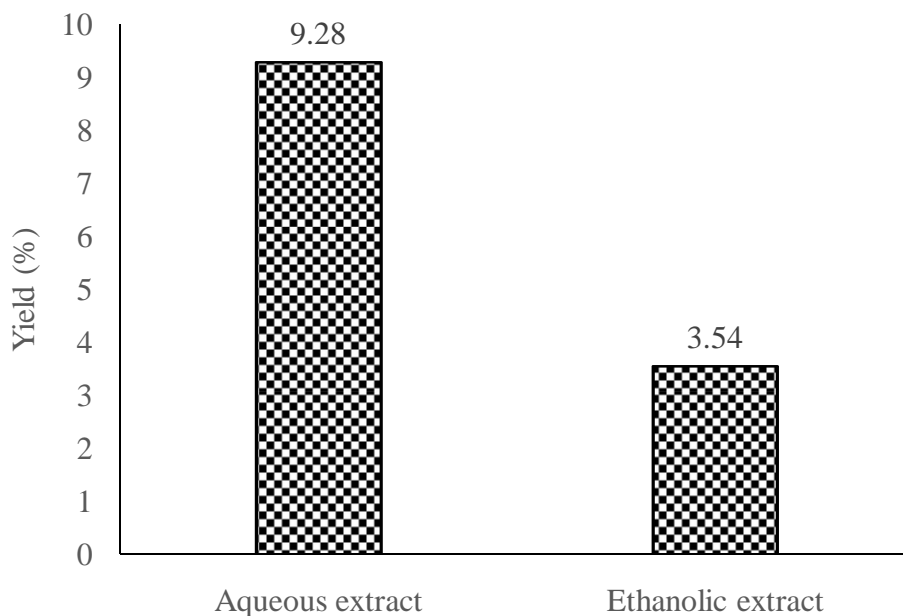
Flavonoids	++
Leucoanthocyanins	-
Anthocyanin	+
Alkaloids	-
Reducing compounds	-
Mucilage	+
Saponosides	+
Cyanogenic derivatives	-
Terpenes	-
Steroids	-
Coumarin	-
Quinones derivatives	-
Free anthracenic	-
C-Heterosides	+
O-Heterosides	-
O- Heteroside with reduced genius	+
Cardiotonicheterosides	-

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++: Strong presence; +: Average presence; -: Absence

117 **3.2. Extraction yield**

118 Analysis of the extraction yield with both solvents (Figure 1) showed that the yield of the
 119 aqueous extract (9.28%) was higher than that of the ethanolic extract (3.54%). Thus, water
 120 concentrated the secondary metabolites contained in *Sarcocephaluslatifolius*root better
 121 compared to ethanol.



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123 **Figure 1.** The yield of the prepared extracts

124 **3.3. Antimicrobial activity**

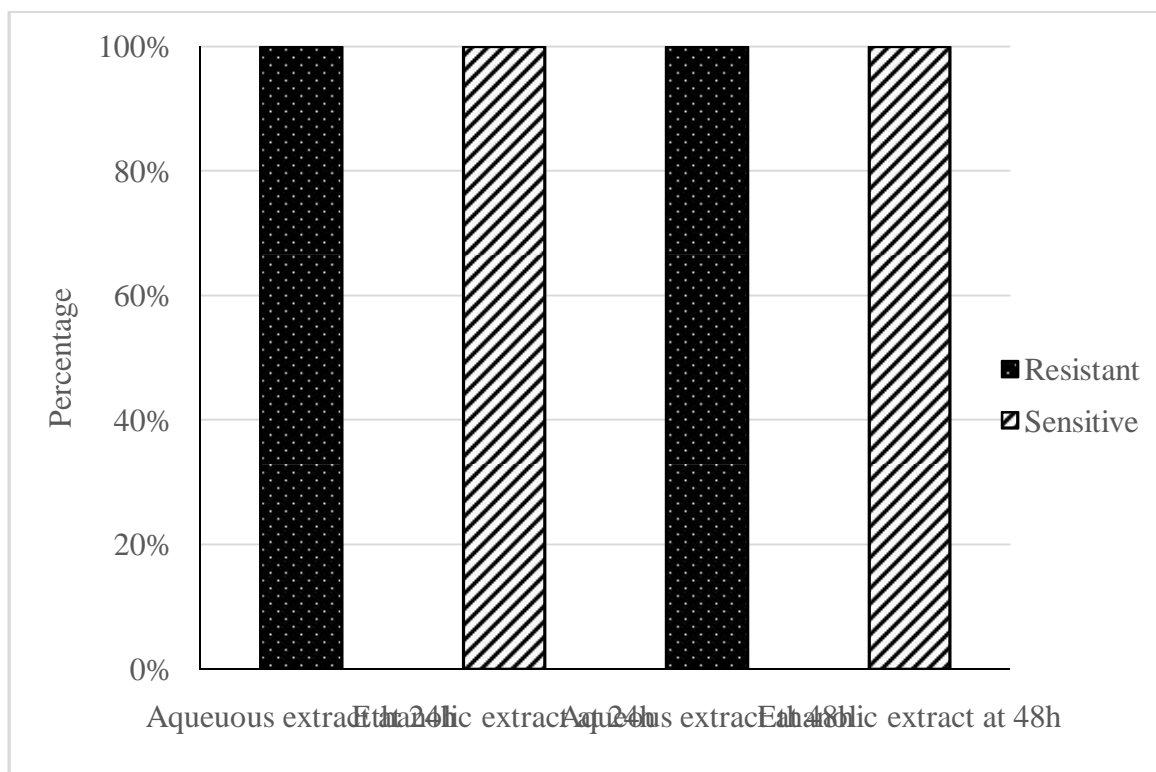
125 **3.3.1. Sensitivity test**

126 Table 2 presents the inhibitory activity of *Sarcocephaluslatifoliusextracts*. It appears from its
 127 analysis that the ethanolic extract has a higher inhibitory activity against the tested
 128 microorganisms than the aqueous extract. Also, the ethanolic extract shows a wide spectrum
 129 of antimicrobial activity against clinical strains. Moreover, the largest inhibition diameter was
 130 obtained with the ethanolic extract (19 ± 1.33) against *clinical Pseudomonas aeruginosa* and
 131 (15.5 ± 1) against the reference one. Thus, the inhibition diameter varies with the species.
 132 The reference strains are sensitive to the aqueous extract in 24 h but the clinical strains are
 133 resistant to this extract.

134 **Table 2.** Inhibitory activity of *Sarcocephaluslatifoliusextracts* against strains

Tested strains	Aqueous extract		Ethanolic extract	
	24 Hours	48 Hours	24 Hours	48 Hours
<i>S.pneumoniae ATCC49619</i>	10.5±0.5	0	12±2	9±1
<i>P.aeruginosa ATCC27853</i>	11±1	0	15.5±1	7±2
<i>Clinical isolatedS.pneumoniae</i>	0	0	15±1.33	15.17±0.94
<i>Clinical isolated P. aeruginosa</i>	0	0	19±1.33	14.33±4.22

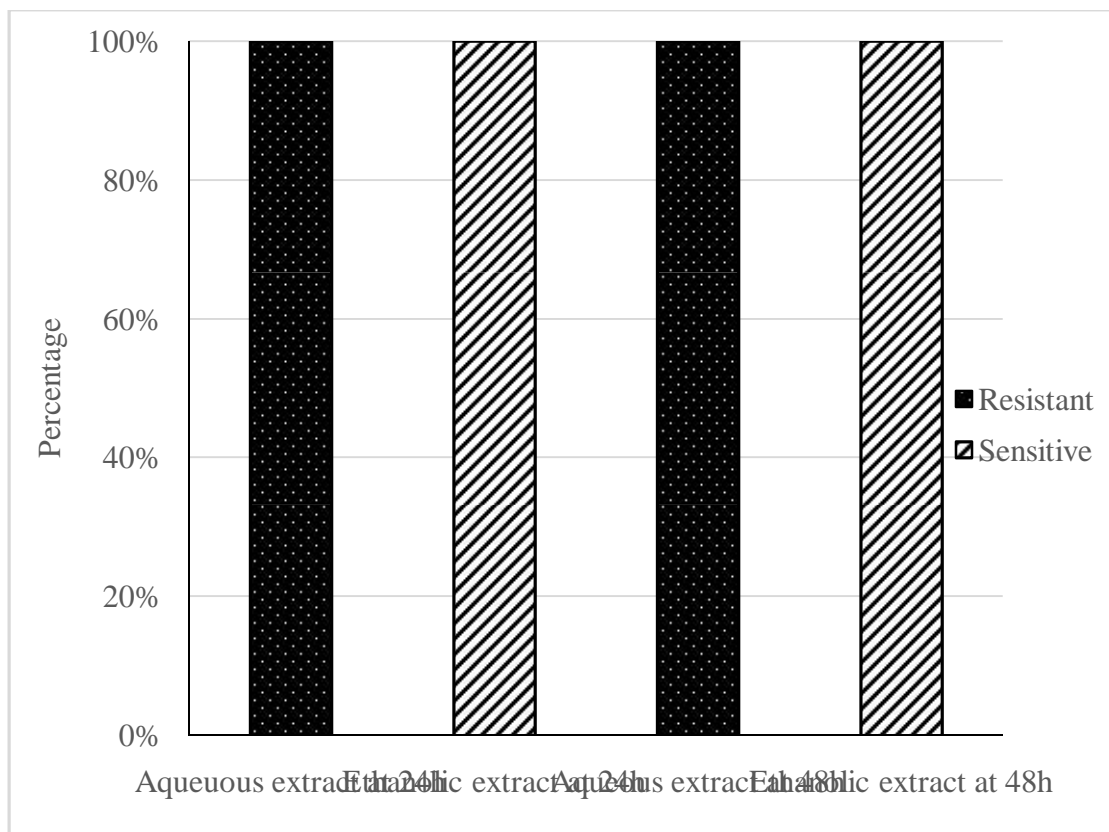
135 Figure 2 presents the sensitivity of clinical strains of *Streptococcus pneumoniae* to the
 136 extracts and reveals that within 24h and 48h, the clinical strains of *Streptococcus*
 137 *pneumoniae* are sensitive to the ethanolic extract and resistant to the aqueous extract.



138

139 **Figure 2.** Sensitivity of *Streptococcus pneumoniae* strains to *Sarcocephaluslatifoliusextracts*

140 Figure 3 presents the sensitivity of clinical strains of *Pseudomonas aeruginosa* to extracts
 141 and reveals that within 24 and 48 hours, the strains of *Pseudomonas aeruginosa* are
 142 sensitive to ethanolic extract and resistant to aqueous extract.



143
 144 **Figure 3.** Sensitivity of *Pseudomonas aeruginosa* strains to *Sarcocephalus latifolius* root
 145 extracts

146 **3.3.2. Determination of the Minimum Inhibitory Concentration (MIC) and the Minimum**
 147 **Bactericidal Concentration (MBC)**

148 Table 3 presents the Minimum Inhibitory Concentration and the Minimum Bactericidal
 149 Concentration of the two extracts on the strains studied. It appears from its analysis that the
 150 aqueous extract presented MICs of 2.5 and 5 mg/ml against the reference strains while the
 151 MICs of the ethanolic extract vary from 1.25 and 2.5mg/ml. Regarding the BMC, they are
 152 10mg/ml for the aqueous extract against the reference strains and vary from 5 to 10 mg/ml
 153 for the ethanolic extract. According to the BMC/MIC ratio, we notice that all the extracts have
 154 a bactericidal effect on all the tested strains.

155 **Table 3.** Minimum Inhibitory Concentrations (MIC) and Minimum Bactericidal Concentrations
 156 (MBC) of the extracts of the three plants on the strains studied.

Strains	CMI et CMB (mg/ml) of <i>Sarcocephalus latifolius</i> extracts							
	Aqueous extract				Ethanolic extract			
	CMI	CMB	CMB/CMI	Nature of activity	CMI	CMB	CMB/CMI	Nature of activity
<i>S. pneumoniae</i> ATCC49619	5	10	2	Bactericidal	2.5	10	4	Bactericidal

<i>P. aeruginosa</i> ATCC27853	2.5	10	4	Bactericidal	2.5	10	4	Bactericidal
Clinical <i>S. pneumoniae</i>	-	-	-	/	2.5	5	2	Bactericidal
Clinical <i>P. aeruginosa</i>	-	-	-	/	1.25	5	4	Bactericidal

157 4. DISCUSSION

158 Table 1 presents the families of secondary metabolites sought in the root of *S. latifolius*.
159 From this table, it appears that the powder from the root of *S. latifolius* showed the presence
160 of secondary metabolites with the desired antimicrobial and antioxidant properties.
161 Phytochemical analysis reveals the presence of flavonoids, anthocyanins, mucilages,
162 saponosides, C-heterosides and O-heterosides with reduced genin. These secondary
163 metabolites, identified within this organ, are well known for their biological activities. The
164 results obtained are similar to those of Ahoyo et al. [9] who found alkaloids, tannins, catechic
165 tannins, gallic tannins, reducing compounds, steroids, triterpenes, quinone derivatives and
166 coumarins in the root of *S. latifolius*. This may be due to the phenology of the species and
167 also to the influence of several factors such as variation in genetic makeup, weather
168 conditions, geographical location of the plants, the part of the plant studied and the method
169 of extraction used [18, 19]. Flavonoids are recognized for their very broad and very
170 diversified antibacterial activities, very powerful antifungals, antioxidants including their
171 ability to scavenge free radicals. Also, saponosides are endowed with anti-inflammatory and
172 antibacterial activity; which justifies the antimicrobial and antioxidant power of the roots of *S.*
173 *latifolius*. Note the absence of cyanogenic derivatives and cardiotoxic glycosides, which are
174 toxic substances that would jeopardize its health safety and therefore promote its wide use
175 in traditional medicine.

176 Regarding the yield, the aqueous extract produced the highest yield (9.28%) comparing to
177 the ethanolic extract (3.54%). Similar reports were also reported by Ekong and Chijioke [20]
178 in Nigeria on extracts of *S. latifolius* where the best yield was obtained with the aqueous
179 extract (37.7%) compared to the ethanolic extract (31.0%). This could be explained by the
180 fact that several parameters affect the extraction procedure such as the chemical form of the
181 compounds studied, the extraction method, the size of the particles sampled, the parts of
182 plants used, the polarity of the solvent, the conditions drying and extraction time [21].

183 The inhibitory activity of *Sarcocephalus latifolius* extracts against strains reveals that the
184 ethanolic extract has a broad spectrum of antimicrobial activity against clinical *P. aeruginosa*
185 strains with an inhibition diameter of 19 ± 1.33 . These results are similar to those of Okwori
186 et al. [22] who in Nigeria found that the ethanolic extract produced an average inhibitory
187 zone ranging from 10 to 20 mm on *P. aeruginosa*. On the other hand, Ekong and Chijioke
188 [20] proved that the aqueous root extract of *S. latifolius* better inhibits the growth of various
189 strains where the best inhibition diameter was obtained with *P. aeruginosa* from bacteria
190 cultures. This may be due to the physicochemical extraction capacity of ethanol. Also figures
191 3 and 4 indicate to us that in 24 and 48 h, the clinical strains of *S. pneumoniae* and *P.*
192 *aeruginosa* are sensitive to the ethanolic extract and resistant to the aqueous extract in 48 h.
193 This observed resistance could be due to natural resistance, genetic variability or mutational
194 changes. The antimicrobial activity observed in the present study may be linked to the
195 richness in bioactive metabolites, in particular flavonoid and saponoside. This plant could
196 therefore be a better alternative in the effective fight against microbial infections caused by
197 *S. pneumoniae* and *P. aeruginosa*.

198 The MICs obtained vary (from 1.25 to 5mg/ml) according to the types of strains and the type
199 of extract. The lowest MIC (1.25mg/ml) was obtained with the ethanolic extract against the
200 clinical strains of *P. aeruginosa* and the highest MIC (5mg/ml) with the aqueous extract
201 against the reference strains of *S. pneumoniae*. We can therefore say that the ethanolic
202 extract has a more effective action against this strain. These results are similar to those of
203 Okwori et al. [22] who found an MIC of between 0.19 and 6.25 mg/ml with aqueous extracts

204 against strains of *Pseudomonas aeruginosa*. In addition, these results are contrary to those
205 found by Ekong and Nnatu [20] when they reported that the MIC varies between 3.13 and
206 25mg/ml and the lowest MIC (3.13mg/ml) was obtained with the aqueous extract against
207 strains of *Escherichia coli*. The differences observed between the values of our MICs and
208 those of the authors cited above could be explained by the method of extraction, the
209 solvents used and the plant organ and also the origin of the strains. Therefore, depending on
210 the extraction method, the solvent used, and even the plant organ, the antimicrobial active
211 ingredients will not have the same concentrations in the extracts.

212 Considering the CMBs, they are 10mg/ml for the aqueous extract against the reference
213 strains and vary from 5 to 10mg/ml for the ethanolic extract against the two types of strains.
214 In addition, the extracts of this plant have a bactericidal activity on all the strains studied.
215 These results corroborate those of Ekong and Nnatu [20] who showed the aqueous and
216 ethanolic extracts of the root of *Nauclea latifolia* have a bactericidal effect on the strains
217 tested. This will mean that extracts from the root of *S. latifolia* can be used as an
218 antimicrobial agent in the treatment of bacterial infections. These results clearly indicate the
219 meaning of their uses as an herbal remedy in the treatment of infectious diseases.

220 5. CONCLUSION

221 This work, with a view to confirming or invalidating the practice of medicinal plants,
222 represents a step forward in the improvement of traditional medicine in general and in
223 particular in the rational exploitation of *Sarcocephalus latifolius*. The results obtained showed
224 that the phytochemical screening revealed the presence of compounds with antioxidant and
225 antimicrobial activity. The evaluation of the antimicrobial activity showed that all the extracts
226 have a bactericidal effect on the tested strains. In view of these results, the use of the root of
227 *S. latifolia* in traditional medicine to treat pulmonary infections in general and pneumococcal
228 diseases, in particular, is justified. However, additional studies such as antioxidants and
229 toxicity are needed to demonstrate the efficacy and safety of *S. latifolia* root extracts.

230 6. COMPETING INTERESTS

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233 Authors have declared that no competing interests exist.

234 7. AUTHORS' CONTRIBUTIONS

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236 **K.C-S, H.S, B.B, I.M-S and L.B-M** designed the study, performed the statistical analysis,
237 wrote the protocol, and wrote the first draft of the manuscript. **G.R. A.K, L.K, H.A.S, S.A.A**
238 **and M.Y.A** managed the analyses of the study. **'K.C-S, I.M-S, B.B, L.K, and H.S** managed
239 the literature searches. All authors read and approved the final manuscript.

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