

Determinants of Intensity of Adoption of Climate Change Adaptation Practices in the Agriculture Sector in Nepal

ABSTRACT

Climate change has been noticed in the agricultural sector of Nepal which calls for strategies for adaptation and resilience building. We assessed the influence of demographic, institutional factors, and farm characteristics on the adoption of twenty climate change adaptation practices. We used climate change impact survey data of 800 households for Province 1 and analyzed the data using the Poisson regression and corrected the overdispersion using Negative Binomial regression. The results revealed that the operational size of landholding, years of experience in farming and formal education of the household head, the association of members in cooperatives and community-based organizations, the occurrence of disasters in the last five years, male-headed households, and receiving remittance influenced the adoption of a package of climate change adaptation practices in agriculture in Nepal. The results imply that policies should be geared towards enhancing the capacity of farmers through education and skill training, strengthening social networks, increasing investment for the generation and dissemination of climate-resilient agricultural technologies and practices, implementing additional off-farm and on-farm activities to increase income, and improving access to physical resources, education, and information to female-headed households.

Keywords: *Adaptation, agriculture, climate change, farmers, influencing, intensity, negative binomial, package of practices.*

1. INTRODUCTION

Agriculture in Nepal is still the main economic sector as it contributes about one-fourth to the gross domestic product (GDP) and provides livelihood to over 60% of the population. The agricultural production system in Nepal is mostly subsistence [1] and cultivated under rainfed conditions. The size of the landholding is small (0.68 *ha*) and is fragmented with an average number of parcels of 4.7 per hectare. The land distribution is skewed as 53% of holdings have land sizes of 0.5 *ha* or below. Nepalese agriculture is characterized by low input use with low productivity of land (USD 1,804/*ha*) and labor (USD 794/person) [1]. Per capita GDP has reached \$1191 [2].

In the decade from 2011 to 2020, the real GDP growth remained at 4.37% while that of agricultural GDP (AGDP) growth was 3.04%. The technical change contributed only one-third to the total factor productivity growth in agriculture. The agricultural sector consists of cereal crops, horticulture, livestock, fisheries, and forestry. These sub-sectors have varying levels of contribution to AGDP. The cereals sub-sector's contribution to AGDP is the highest (49.4%) followed by livestock (25.8%), horticulture (16.7%), and forestry (8.1%). There are several crops and commodities under these categories [3].

Compared to other economic sectors of Nepal, the agricultural production system is heavily dependent on monsoon rain, hence more sensitive to climate change. Changes in the time, duration, and intensity of precipitation patterns may affect agricultural production and productivity. Most people are dependent on agriculture for livelihood and cultivate crops like paddy, maize, wheat, millet, and potato, and raise different types of livestock, changes in the pattern of precipitation most importantly the monsoon highly aggravate poverty and inequality. Although a rise in temperature may have some location-specific short-run positive effects, these would be outweighed by the negative effects of rising temperature and drought. This would result in vulnerability and impact mainly due to the variability of weather conditions [4].

Given Nepal's diverse topography and social vulnerability, she is mainly susceptible to geological and climate-related disasters. Inadequate and weak effective response mechanisms and strategies for addressing natural disasters and hazards have traditionally aggravated this vulnerability. Climatic hazards have led to increased soil erosion, landslides, flash floods, and droughts in recent years across the country with increased intensity and impact on the lives and livelihoods of the people in Nepal [5]. Nepal was regarded as the 10th most vulnerable country in

terms of the occurrence of extreme weather events between 2000-2019 with 0.82 fatalities per 100,000 inhabitants and 0.39% losses per unit GDP [6] despite Nepal's very lower share of global greenhouse gas (GHG) emission.

Nepal has faced several climatic events during the last four decades affecting social, economic, and environmental sectors. Rapid population increase, dwindling farm sizes, and an unplanned agricultural system in hazard-prone marginal areas would all have a negative influence on those sectors. Additionally, it has been projected that natural disaster risk levels in Nepal could grow, posing a threat to human life over the 21st century through the occurrence of natural disasters and hazards such as drought, heatwaves, river flooding, and glacial lake outburst floods [5]. “The vulnerability of Nepal’s communities, particularly those living in poverty and vulnerable remote areas, and those operating subsistence agriculture, increase the risk posed by climate change. This is because they are least able to cope with disasters since they live in areas most at risk of hazards, and generally have the least information, knowledge, and resources to reduce their risk” [7]. “The impact of climate change will also be realized disproportionately in the future where those countries having resources and technologies will prevent or reduce the impacts to an acceptable level whereas technically and financially resource-poor countries like Nepal will be affected immensely due to low coping capacity” [8].

The Government of Nepal (GoN) formulated the National Adaptation Program of Action and National Adaptation Plan to address the climate change impacts. In this respect, several projects and programs are being implemented on adaptation at varying scales in agriculture and related sectors with different practices, techniques, and technologies. These might have been adopted at different levels in different ecological zones and production systems. Climate change adaptation refers to adjustment in natural, socio-economic, or human systems in response to actual or

expected climatic stimuli or their effects [9]. For mitigating the adverse impact of climate change on the agricultural sector, adaptation is considered a critical component of any policy response [10- 11]. “In this context, it is more practical and realistic to assume that an agricultural producer has to make a decision to adopt a combination of practices to better manage available resources and mitigate climate-induced risk at the same time rather than choosing one practice at a time. This necessitates the need to examine the joint adoption of multiple climate change adaptation practices and their interdependence at the farm and household levels. Selecting the right combination of multiple climate change adaptation practices is crucial to improve farm productivity and reduce the negative impacts of climate change” [12-13]. It is therefore important to understand the relationships among multiple climate change adaptation practices and identify their determinants for formulating and implementing appropriate policies to enable scaling up their adoption.

“Most of the past studies analyzing the determinants of technology adoption have focused on a single technology, given that component technologies are adopted independently in accordance with farmer preference rather than all of them at once as a set of packages. Hence, this study differs from the previous studies as it has been considered technology adoption in terms of the total number of components adopted for a measure of adoption intensity. While the decision to adopt using binary choice, that is, adopt or not adopt considers a specific technology or practice, the intensity of adoption considers the extent to which the various techniques are adopted. In analyzing the adoption decisions of multiple climate adaptation practices in agriculture, count data models are employed in which the number of practices adopted serves as a measure of the intensity of adoption” [14- 15]. Hence, the focus of this paper is to identify the socio-economic, demographic, and institutional-related determinants of the adoption of multiple practices by

agricultural households for climate adaptation in Province No. 1 using the climate impact survey data of Nepal.

2. METHODOLOGY

2.1 Sampling Technique & Sample Size

The data from the National Climate Change Impact Survey 2016 undertaken by the Central Bureau of Statistics [16] has been used for this paper because it is still relevant in analyzing climate change adaptation and its determinants in Nepal. The sample selection for this survey was done in three stages, namely the districts were selected in the first stage, the Primary Sampling Unit (PSU) in the second stage, and the households were selected in the final stage. The process was applied separately for each of the 16 domains which were treated as a stratum. Independent samples in each stratum were then selected using the Probability Proportional to Size (PPS) sampling procedure, where the number of expected households in a particular district was adopted to be the size measure.

Once districts with the 16 domains were selected, a sample of PSUs was chosen to represent each district. The number of PSUs selected from each district was determined by dividing the number of households in each domain by 20, divided by the number of districts selected in that domain. The listing of the households was based on the age of the potential respondent (that is, 45 years or older) and those residing in the area for a period of at least 25 years. Large PSUs were sub-divided into a more manageable size and one of these sub-divided PSUs was selected to represent the whole PSU using PPS sampling. As a rule of thumb, PSUs with more than 500 households were subdivided into smaller units. Likewise, the interval was run through the list in a systematic manner to select 20 households from each PSU. In total, 253 PSUs were selected as the representative sample across Nepal from 26 districts giving a total of 5,060 households.

Among the 7 provinces of Nepal, this analysis is focused on Province No. 1 comprising 5 districts with one each from the Mountains and Terai and three from the hilly ecological region of Nepal. The Primary Sampling Unit (PSU) from 101-140 (representing Province 1) having 800 households was considered as a sample size.

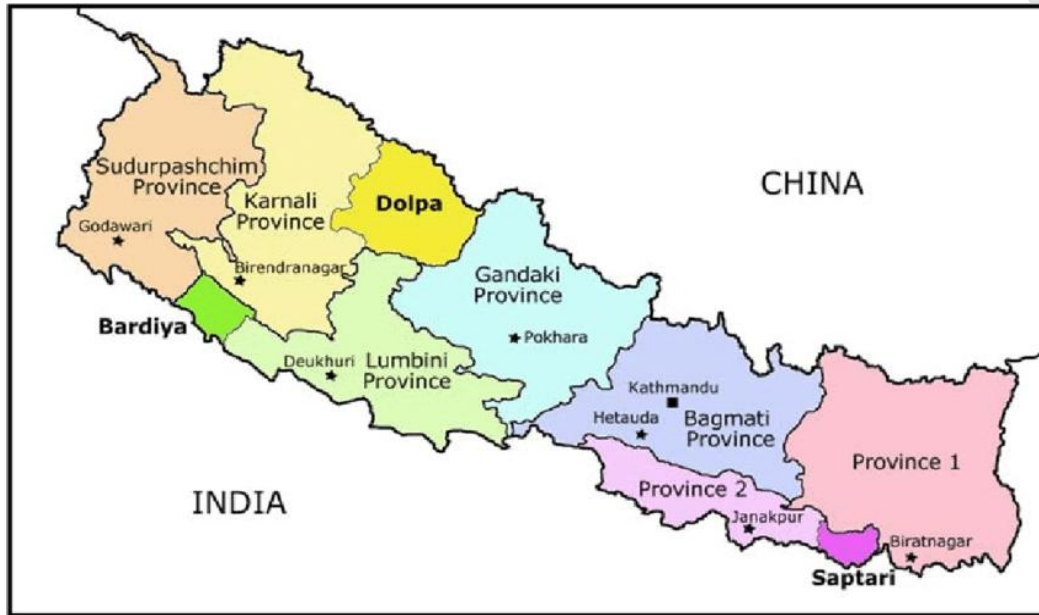


Figure 1. Map of Nepal showing Province No. 1.

2.2 Analytical Technique

In order to investigate the factors influencing the adoption of a number of climate change adaptation practices by the households, a count data (Poisson) model was used because it involves the adoption of a number of climate change adaptation practices. The number of agricultural-based climate adaptation practices adopted by each household defines the dependent variable which is a discrete non-negative integer value. The number of climate change adaptation practices at any given y_i which is an integer count variable can be said to come from a Poisson distribution and can thus be modeled using the basic Poisson model [17-19] as explained below.

Consider a sample of count data $y = (y_1, y_2, \dots, y_n)$, it is assumed that the sample is generated from a Poisson distribution,

$$p(y_i | \lambda_i) = \exp(-\lambda_i) \lambda_i^{y_i} / y_i! \quad i = 1, \dots, n. \quad (1)$$

The parameter of the Poisson distribution, λ_i , follows a lognormal distribution. Given a $k \times 1$ vector of covariates x_i , and a $k \times 1$ parameter vector β .

$$\log \lambda_i = x_i' \beta + u_i \quad (2)$$

where $u_i \sim IN(0, \sigma^2)$. The Poisson regression model is a special case when $\sigma = 0$.

Negative Binomial (NB) Distribution

Poisson and negative binomial (NB) regression models differ regarding their assumptions of the conditional mean and variance of the dependent variable. Poisson models assume that the conditional mean and variance of the distribution are equal. NB regression model does not assume an equal mean and variance and is particularly correct for overdispersion in the data, which is when the variance is greater than the conditional mean [20].

NB usually estimates the count frequency of an event when there is Poisson deviance, which is otherwise referred to as overdispersion. In essence, binomial deals with a non-negative count variable. In this model, the count variable is assumed to be generated by Poisson-like process, except for the issue of overdispersion where the variation is greater than that of a true Poisson.

The NB distribution is a two-parameter distribution. For positive integer n , "it is the distribution of the number of failures that occur in a sequence of trials before n successes have occurred, where the probability of success in each trial is p " [20]. The distribution is defined for any positive n . The NB distribution combines both the Poisson distribution and the Gamma distribution or generalized factorial function. Unlike the Poisson, which is fully characterized by its mean μ , the NB distribution is a function of both μ and α . Its mean is still μ , but its conditional

variance is $\mu (1 + \alpha\mu)$. Then, it is evident that as μ tends towards 0 (that is, $\mu \rightarrow 0$), the distribution becomes Poisson distribution [20].

The NB distribution model with the following characteristics is expressed as:

$$Pr(Y = y|\lambda, \alpha) = \frac{\Gamma(y+\alpha^{-1})}{y!\Gamma(\alpha^{-1})} \left[\frac{\alpha^{-1}}{\alpha^{-1}+\lambda} \right]^{\alpha^{-1}} \left[\frac{\lambda}{\alpha^{-1}+\lambda} \right]^y \quad (3)$$

The NB distribution has two parameters; that is, λ and α .

where,

λ is the mean or expected value of the distribution and α is the over dispersion parameter. When $\alpha = 0$, the negative binomial distribution is the same as a Poisson distribution.

In this paper, the date was first analyzed using the Poisson regression. The overdispersion was observed which was then corrected by negative binomial regression.

2.3 Variables Used

The variables used in this paper which influence the adoption behavior of the farmers have been categorized into four groups, namely demographic factors, farm characteristics, location factor, and institutional factors. One important proxy used to measure the scale economy is the farm size which has played a significant role in both the theoretical and empirical literature of technology adoption. In this respect, the size of the operational land holding as one of the variables is considered. In general, operational landholding is hypothesized to have a positive impact on adoption decisions [21]. The education level of the farmer is also found to be significant determinants of adoption decisions as well. More educated farmers are more likely to adopt a new technology than the uneducated ones [10].

Similarly, male farmers are expected to be more likely to adopt and intensify the use of new technologies because women have limited access to resources such as land, capital, and extension services [10]. The households that have an alternative source of income may be better

able to adopt new technology because of improved liquidity [22]. The institutional variables such as members in cooperatives, community organizations, and services received from the Agriculture Service Center may have a positive influence on the technology adoption. Membership of the farmers in such institutions facilitates the exchange of information and the opportunity to learn from one another. It also enables farmers to access inputs on schedule and overcome credit constraints and shocks. It can reduce transaction costs and increase farmers' bargaining power, helping farmers earn higher income [23]. This in turn can affect technology adoption. The location dummy used is the ecological zone of the district to examine the unobserved location-specific effects in household technology adoption (**Table 1**).

The dependable variable (that is 'Adapt') is the number of practices adopted by each household ranging from zero to twenty. The explanatory variables include household characteristics, and socio-economic and institutional variables. They are defined as follows:

$$Adapt = \beta_0 + \beta_1 Gendum + \beta_2 Landhold + \beta_3 Edun + \beta_4 Ecodum + \beta_5 Remit + \beta_6 Experi + \beta_7 Membcoop + \beta_8 Commorg + \beta_9 Ascsevdum + \beta_{10} Disastdum + \varepsilon_i$$

β_0 β_{10} are the parameters to be estimated, ε_i is the error term.

The definition of variables is presented in **Table 1**. It shows that over two-thirds of the households are headed by males, the average experience of the household head is 33 years, no. of years of schooling is 3 years, and the average operational landholding per household is about 17 ropani¹. In addition, 27% of the households receive remittances, 59% of the households were affected by disasters in the last five years, only one-fourth of the households received technical service from Agriculture Service Center, 53% households are the members of the cooperatives and 41% have received membership in community organizations.

¹ 1 ropani equals 508.74 square meter

Table 1. Definition and summary statistics of variables

Definition of Variables	Mean	Standard deviation
Demographic		
Gendum-Gender of the household head (1 for male and 0 otherwise)	0.78	0.41
Experi- No. of years of experience in farming	33.25	18.82
Edun-No. of years of schooling of household head	3.00	3.94
Farm Characteristics		
Landhold-Operated landholding (ropani)	16.87	19.72
Remit- Households receiving remittance (1 for receiving household and 0 otherwise)	0.27	0.44
Disastdum -Household affected by disasters like drought, flood, hailstorm, soil erosion etc. in the last 5 years (1 for affected household and 0 otherwise)	0.59	0.49
Location dummy		
Ecodum- Ecological region (1 for Terai and 0 otherwise)	0.33	0.47
Institutional		
Membcoop- Membership of the cooperative (1 for member and 0 otherwise)	0.53	0.51
Commuorg- Membership in community organization (1 for memeber, and 0 otherwise)	0.41	0.51
Ascservdum- Technical service received from Agriculture Service Center (1 for Service receiver, 0 otherwise)	0.25	0.43

Source: Authors' calculation.

3. RESULTS AND DISCUSSION

3.1 Descriptive Analysis

Twenty different practices have been adopted by the farming households at varying levels (Table 2). Among them, the most frequently adopted adaptation technology component by the household was increased quantity of inorganic fertilizers (54.3%) followed by practicing mixed crops (48.1%), participation in road and infrastructure improvement (47.9%), participation in community-based natural resource management activities (42.4%) and growing new crops (42.3%). The households using risk-minimizing measures such as insurance for crop and livestock was the lowest.

Table 2. Adoption of climate adaptation practices

S.No.	Practices	No. of Adopters	%
1	Changed in cropping pattern	327	40.9
2	Reared livestock of a different breed than the earlier one	209	26.1
3	Provided supplemental irrigation	200	25.0
4	Invested in ponds for irrigation	47	5.9
5	Adopted improved seeds	298	37.3
6	Change in planting date	290	36.3
7	Used increased quantity of inorganic fertilizers	434	54.3
8	Used increased quantity of organic fertilizers	324	40.5
9	New crops grown	338	42.3
10	Raised new livestock	218	27.3
11	Insurance of livestock done	27	3.4
12	Insurance of crops done	20	2.5
13	Started farming both crops and livestock	246	30.8
14	Started agro-forestry	161	20.1
15	Practiced mixed (compatible) cropping	385	48.1
16	Started preserving local seeds (seed bank)	147	18.4
17	Contributed to soil and water conservation	223	27.9
18	Participated in flood/landslide and water mgmt	255	31.9
19	Participated in road/infra. to protect from flood and landslide	383	47.9

Source: Authors' calculation.

Table 3 shows the frequency distribution of the number of practices adopted by the sampled farming households. This means that 717 households out of 800 in the sample had adopted at least one practice with an 89.6% overall adoption rate. Over 10% of households did not adopt any practices while those adopting over 15 practices was only 2.5%. Most of the households adopted 1-4 practices (33.4%). The sampled households on average adopted 6 practices.

Table 3. No. of households adopting practices

No. of practices	No. of households	Percentage
15-20	20	2.5
10-14	189	23.6
5-9	241	30.1
1-4	267	33.4
0	83	10.4
Total	800	100
Av. practices adopted	6	

Source: Authors' calculation

3.2 Factors Affecting Adoption Behavior

Both Poisson regression and Negative Binomial Regression (NBR) were run. A diagnostic test was performed which shows the presence of overdispersion of count data. A goodness of fit test using the log-likelihood value was used to compare the Poisson and NBR. The log-likelihood values indicate that NBR has larger value than Poisson regression (**Table 4 and 5**), implying that the NBR model fits the data significantly well.

Out of ten variables estimated, 9 variables were statistically significant in explaining the intensity of adoption of climate adaptation practices in agriculture in case of Poisson regression (**Table 4**) while only 8 variables were significant in NBR as ecological dummy (Ecodum) variable appeared non-significant (**Table 5**). Among the included variables, variables such as operational size of landholding (Landhold), no. of years of experience in farming (Experi), member of the cooperatives (Membcoop) and households affected by disasters in the last five years (Disastdum) were significant at 1% level; number of years of schooling of household head (Edun) and affiliation with community-level organizations were significant at 5% level; whilst gender of the household head (Gendum) and household receiving remittance (Remit) were significant at 10% level. All the coefficients of significant variables were positive to the adoption of a number of climate adaptation practices. The location dummy for the district in a specific ecological region (Ecodum) and service received from the Agriculture Service Center (Ascervdum) was found to be positive but not significant.

The education variable which is taken as the number of years spent in formal schooling was found to be significant and positively impacts adoption intensity. This suggests that as farmers spend more years in school, their understanding of the benefits of adopting climate adaptation practices in agricultural production improves.

“Farmers’ experience in agriculture/farming has a positive effect on the intensity of adoption of climate adaptation practices as per the a priori expectation. Experienced farmers are thought to have accumulated technical know-how and skills over time and therefore are in a better position to adopt technologies. A good number of empirical studies have found a positive effect of farming experience on adoption of agricultural technologies” [24-25]. The positive and

significant coefficient of operational landholding implies that larger holders are likely to adopt the package of production practices to realize scale economies compared to smaller holders.

An increase in the household's income from remittances increased the number of adoption of agricultural practices compared to non-remittance receiving households. This also addresses the credit constraint to adopt supporting technologies and practices that need to be procured from the market. These findings are consistent with those from other previous studies [26-27].

“Male-headed households are more likely to adopt improved production technologies than female headed households as they have better access to information and other resources” [28].

“Similarly, the incidence of adoption among the female-led households is low possibly because they are constrained by lack of access to input, credit, and extension services” [29].

The membership of the household in cooperatives is likely to increase the adoption of adaptation practices than the non-members as cooperatives provide different services on input supply, marketing, and other technical services to its members. This finding is consistent with previous studies [23,30]. Similarly, farmers who participate in community-based organizations are likely to adopt more adaptation practices than non-participants as they are engaged in social learning which is consistent with the findings of previous researchers [31]. Similarly, the households facing one or more disaster events in the last five years are aware about the disaster and its impact and more likely to adopt adaptation practices when compared with those households that had not faced a disaster event; as this finding is in line with those of other researchers [32].

Table 4. Poisson regression estimates

<i>No. of Climate Adaptation</i>	<i>Coeff.</i>	<i>Std. error</i>	<i>z</i>	<i>p> z </i>
<i>Practices Adopted</i>				
Gendum	0.1741	0.0403	4.32	0.000
Landhold	0.0042	0.0007	6.11	0.000
Edun	0.0162	0.0039	4.13	0.000
Ecodum	0.1138	0.0394	2.89	0.004
Remit	0.0894	0.0319	2.80	0.005
Experi	0.0150	0.0009	15.55	0.000
Membcoop	0.3601	0.0312	11.52	0.000
Commuorg	0.1527	0.0323	4.72	0.000
ASCservice	0.0483	0.0339	1.42	0.154
Disastdum	0.1400	0.0309	4.53	0.000
Constant	0.5528	0.0596	9.27	0.000

No. of observations = 800 Log likelihood = -2394.14

$LR\ chi^2 (10) = 827.25, Prob > \chi^2 = 0.0000$

$Pseudo R^2 = 0.1488$

Source: Authors' estimation

Table 5. Negative Binomial regression estimates

<i>No. of Climate Adaptation</i>	<i>Coeff.</i>	<i>Std. error</i>	<i>z</i>	<i>p> z </i>
<i>Practices Adopted</i>				
Gendum	0.1407	0.0677	2.08	0.078
Landhold	0.0053	0.0014	3.64	0.000
Edun	0.0157	0.0071	2.19	0.028
Ecodum	0.0398	0.0670	0.59	0.552
Remit	0.1132	0.0579	1.96	0.051
Experi	0.0172	0.0018	9.71	0.000
Membcoop	0.3904	0.0586	6.67	0.000
Commuorg	0.1427	0.0616	2.32	0.021
ASCservice	0.0433	0.0621	0.70	0.486
Disastdum	0.1592	0.0540	2.95	0.003
Constant	0.4737	0.0988	4.80	0.000
/lnalpha	-1.0854	0.0870		
alpha	0.3377	0.0294		
LR test of alpha=0: $\chi^2(01) = 497.31$		Prob $\geq \chi^2 = 0.000$		

Number of observations: 800

Dispersion = mean Prob > χ^2 = 0.0000

Log likelihood = -2145.4861 Pseudo R² = 0.0568

Source: Authors' estimation

Instead of reporting negative binomial results as a regression coefficient, measuring the effect of the independent variable on the dependent variable is carried out through the Incidence Rate

Ratio (IRR) which is presented in **Table 6**. The IRR of the negative binomial regression model was computed to show the impact of explanatory variables in terms of a percentage change in the observed response variable (in our case the no. of climate adaptation practices adopted). In principle, the IRR represents the change in the response variable in terms of a percentage change, with the precise percentage determined by the amount the IRR is either above or below 1 [21].

The results revealed that, if operational landholding were to increase by one point, the rate ratio for the adoption of adaptation practices would be expected to increase by a factor of 1.005 or 0.50% while holding other explanatory variables constant. Similarly, the male gender compared to female counterparts is expected to have a rate of 1.15 times higher for the adoption of adaptation practices when other explanatory variables are held constant. If a household's head education in terms of the number of years of schooling were to increase by a unit, the rate for adoption of practices would be expected to increase by a factor of 1.06 while other variables are held constant. Furthermore, if a farmer's experience in farming were to increase by one unit, the rate of adoption of practices would be expected to increase by a factor of 1.017 while holding other variables constant.

In terms of adoption of climate adaptation practices, the households receiving remittance compared to non-receiving households are expected to have a rate of 1.12 times higher; the households having membership in cooperatives are expected to have a rate of 1.48 times higher compared to non-members; the households participating in community-based organizations are expected to have adoption rate higher by 1.15 times compared to non-members; and the households impacted by the disasters in the last five years are expected to adopt the practices by 1.17 times higher than those that are not affected.

Table 6. The incidence rate ratio of the Negative Binomial regression model

<i>No. of Climate Adaptation</i>	<i>IRR</i>	<i>Std. error</i>	<i>z</i>	<i>p> z </i>
<i>Practices Adopted</i>				
Gendum	1.1510	0.0779	2.08	0.038
Landhold	1.0054	0.0015	3.64	0.000
Edun	1.0158	0.0073	2.19	0.028
Ecodum	1.0406	0.0697	0.59	0.552
Remit	1.1198	0.0648	1.96	0.051
Experi	1.0173	0.0018	9.71	0.000
Membcoop	1.4777	0.0865	6.67	0.000
Commuorg	1.1534	0.0711	2.32	0.021
ASCservice	1.0443	0.0649	0.70	0.486
Disastdum	1.1725	0.0633	2.95	0.003
Constant	1.6060	0.1586	4.80	0.000
/lnalpha	-1.0854	0.0869		
alpha	0.3377	0.0869		

LR test of alpha=0: $\chi^2(01) = 497.31$ Prob $\geq \chi^2 = 0.000$

Source: Authors' estimation

4. CONCLUSION AND POLICY IMPLICATIONS

This paper has identified the determinants of the adoption of package of climate change adaptation practices in the agricultural sector of Nepal. It has also examined the appropriateness

of the Poisson and Negative Binomial regression (NBR) models for analyzing count data. Due to the presence of overdispersion, NBR was used to correct it.

Twenty practices were adopted by the farmers at varying levels. Around 90% farming households adopted one or more adaptation practices with average 6 practices. The most frequently adopted adaptation component was increased quantity of inorganic fertilizers use while the use of risk minimizing measures such as insurance for crop and livestock was the lowest. The adoption was influenced by the variables associated with demographic, institutional and farm characteristics. Those were the operational landholding of the household, household head's number of years of experience in farming and number of years of schooling, membership in cooperatives and community-level organizations, households experiencing one or more disasters in the last five years, gender of the household head, and household receiving remittance.

As climate change has affected the agricultural sector more than other sectors in Nepal, it is worth to consider variables influencing the adoption of practices as a package through policy interventions to increase agricultural productivity and reduce farmers' risk exposure. Policies should be geared towards enhancing the capacity of farmers through education and skill training on multiple climate change adaptation practices. The significant effect of social network like association with cooperatives and community level organizations indicate the need for strengthening social ties that promotes network and relationships among households within and outside community by enhancing their capacity to organize, coordinate and communicate in using adaptation practices.

The adoption of number of climate adaptation practices among the farming household is very low at present. In this context, it is necessary to increase the investment for generation and

dissemination of climate resilient agricultural technologies suitable to varied agro-climatic condition and enterprises, and facilitating the quality production inputs such as seeds, breeds, fertilizers and other materials for irrigation through the joint effort of public-private-cooperative sectors. Furthermore, additional on-farm and off-farm activities need to be implemented to increase the income of the households so that they can lessen the cash constraint to invest in adaptation practices and their management. The access to physical resources, education, and information for female-headed households need to be improved for enhancing adoption. Availing quality climate information accessible to farmers will also ease their adoption challenges including the right combination of practices to adopt that will have positive synergistic effects on farm performance and reduction of risk exposure. It is equally important to undertake the effectiveness of a combination of different climate change adaptation practices in the future considering their synergistic effects to inform the policy makers.

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