

## Review Article

### **A review on Exploring Carbon Farming as a Strategy to Mitigate Greenhouse Gas Emissions**

#### **Abstract**

Carbon farming, an innovative agricultural approach aimed at mitigating climate change by sequestering atmospheric carbon dioxide (CO<sub>2</sub>) in soil and biomass, is gaining increasing attention worldwide. This review article provides a comprehensive examination of carbon farming practices, their environmental and socio-economic impacts, challenges, and future potential, with a focus on emerging trends and applications in India. Key carbon farming techniques such as agroforestry, cover cropping, reduced tillage, and biochar application are explored, highlighting their effectiveness in enhancing soil carbon content and overall farm ecosystem health. The review delves into the underlying mechanisms of carbon sequestration, including biological processes like photosynthesis and soil organic matter stabilization. The environmental benefits of carbon farming are substantial, notably in reducing greenhouse gas emissions and improving soil health and biodiversity. The article also explores the significant economic and social benefits, particularly in the context of rural Indian communities, where carbon farming has the potential to enhance sustainable agriculture, increase farmer income through carbon credits, and improve food security. The review identifies several challenges hindering the widespread adoption of carbon farming, including cost factors, resource requirements, and variability in effectiveness due to diverse climatic and soil conditions. Policy and regulatory hurdles, especially in the fragmented landscape of Indian agriculture, are discussed, emphasizing the need for supportive frameworks to promote carbon farming practices. The review highlights innovative technological advancements and research frontiers in India, such as satellite monitoring and AI-based soil analysis, and the potential for integrating carbon farming with other sustainable agricultural practices. Looking ahead, the review underscores the critical role of carbon farming in India's future climate strategies, with predictive models suggesting its significant contribution to national carbon reduction targets. The global scalability and impact of Indian carbon farming models are also considered, suggesting their adaptability in similar agro-climatic regions, thereby contributing to global climate mitigation efforts. This review provides valuable insights for policymakers, researchers, and practitioners in the field of sustainable agriculture and climate change mitigation, advocating for increased adoption and support of carbon farming practices.

**Keywords:** *Agroforestry, Sequestration, Sustainability, Biochar, Biodiversity, Climate, Carbon*

## Introduction

Carbon farming refers to a range of agricultural practices aimed at increasing the amount of carbon stored in soil and vegetation. These practices are designed to absorb atmospheric carbon dioxide (CO<sub>2</sub>), a key greenhouse gas, and include methods like agroforestry, cover cropping, and permaculture [1]. Carbon farming transforms agriculture from being a net emitter of CO<sub>2</sub> to a net sequester of CO<sub>2</sub> [2]. The effectiveness of carbon farming in sequestering CO<sub>2</sub> is significant, as it harnesses the natural process of photosynthesis along with soil organic matter enhancement to capture and store carbon [3]. Studies indicate that these practices can substantially contribute to mitigating the effects of increased atmospheric CO<sub>2</sub> levels [4].

The rise in global greenhouse gas emissions, primarily CO<sub>2</sub>, methane, and nitrous oxide, has led to unprecedented changes in the climate system (Intergovernmental Panel on Climate Change [5]). Recent reports highlight the alarming rate of emissions and the urgent need for effective carbon reduction strategies [6]. In the face of escalating climate change impacts, there is a growing recognition of the need for innovative and sustainable approaches to reduce atmospheric carbon levels. Carbon farming is increasingly seen as a viable solution, offering the dual benefits of mitigating climate change and enhancing agricultural sustainability [7]. This review aims to provide a comprehensive examination of carbon farming, discussing its methodologies, benefits, limitations, and potential role in global strategies to mitigate climate change. The focus will be on peer-reviewed literature and major reports published in the last decade, offering a critical analysis of the current state of knowledge in this field.

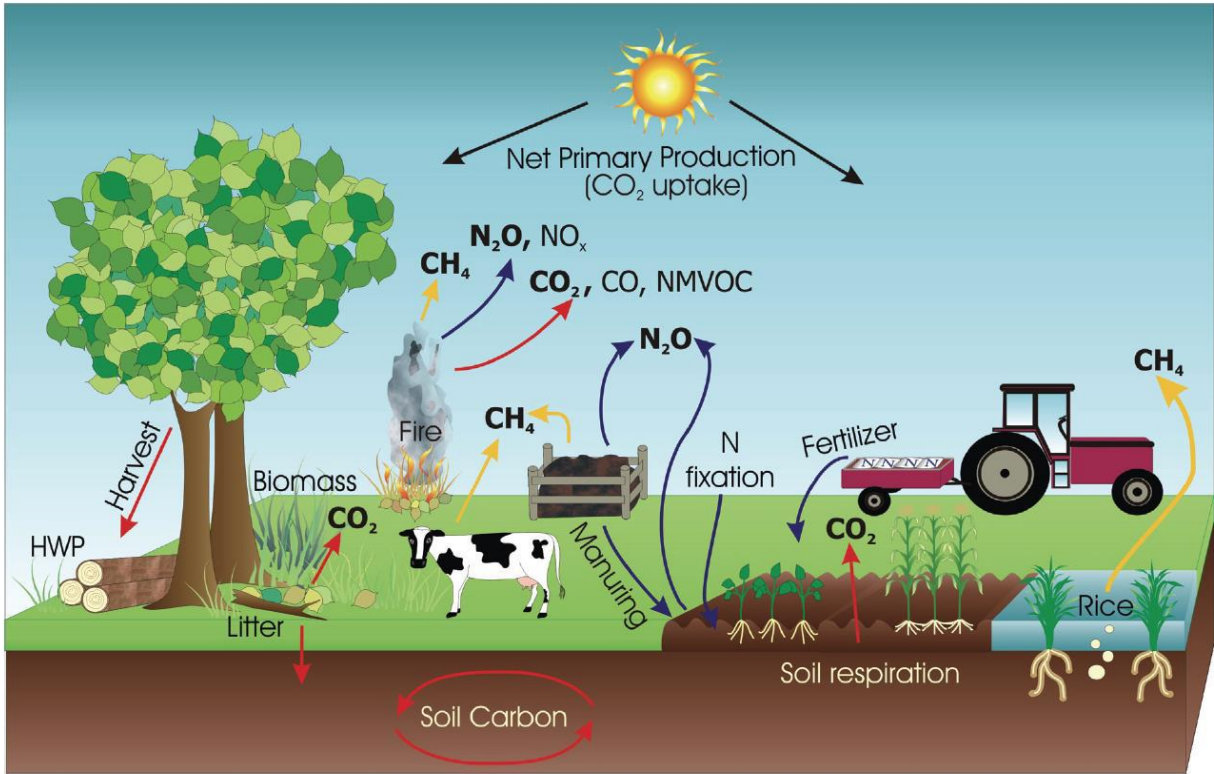


Figure 1: The main greenhouse gas emission sources/removals and processes in managed farmland (Source: IPCC, 2006.)

**Table 1:** Greenhouse Gas Emissions and Sequestration in Agriculture, Land Use, Energy, and Industrial Processes [8].

Sector	Greenhouse Gas	Tg CO <sub>2</sub> e
<b>Agriculture</b>		
CO <sub>2</sub> Emissions	CO <sub>2</sub>	7.8
Urea Fertilization	CO <sub>2</sub>	5.3
Liming	CO <sub>2</sub>	2.4
Methane Emissions	CH <sub>4</sub>	256.4
- Enteric Fermentation	CH <sub>4</sub>	178.6
- Manure Management	CH <sub>4</sub>	62.4
- Rice Cultivation	CH <sub>4</sub>	15.1

- Field Burning of Agricultural Residues	CH <sub>4</sub>	0.4
Nitrous Oxide Emissions	N <sub>2</sub> O	364.4
- Agricultural Soil Management	N <sub>2</sub> O	344.6
- Manure Management	N <sub>2</sub> O	19.6
- Field Burning of Agricultural Residues	N <sub>2</sub> O	0.2
<b>Land Use, Land-Use Change, and Forestry</b>		
- Cropland Remaining Cropland	CO <sub>2</sub>	-14.5
- Changes in Mineral and Organic Soil Carbon	CO <sub>2</sub>	-14.5
- Land Converted to Cropland	CO <sub>2</sub>	54.2
- Changes in All Ecosystem Carbon Stocks	CO <sub>2</sub>	54.2
<b>Energy</b>		
- On-Farm Energy Use	Various	40.84
<b>Industrial Processes and Product Use</b>		
- Ammonia Production	CO <sub>2</sub>	12.3
- Nitric Acid Production	CO <sub>2</sub>	10.0
- Phosphoric Acid Production	CO <sub>2</sub>	0.9

**Note:** Tg CO<sub>2</sub>e stands for Teragrams of CO<sub>2</sub> equivalent. Negative values in CO<sub>2</sub>e indicate a net removal of CO<sub>2</sub> from the atmosphere.

### **Methodology of the Review**

This review comprehensively encompasses a wide range of sources to ensure a robust analysis of carbon farming practices. Primary sources include peer-reviewed academic journals known for their focus on environmental science, agriculture, and climate change. Additionally, reports from reputable organizations such as the Intergovernmental Panel on Climate Change (IPCC) and the Food and Agriculture Organization (FAO) are included for their authoritative insights. Relevant case studies, particularly those illustrating practical applications of carbon farming across different regions, are also reviewed. The inclusion criteria for sources are based on relevance, credibility, and recency. Sources must directly relate to carbon farming and its role in climate change mitigation. Only materials published in the last decade are considered to ensure up-to-date information, except for seminal works that provide foundational knowledge on the subject.

Peer-reviewed articles are prioritized to ensure the reliability of the information. The review employs a comparative analysis approach to evaluate the effectiveness of various carbon farming practices. This involves comparing data and findings from different studies to identify common results and divergences in outcomes. Factors such as geographical location, soil type, and farming technique are considered in comparing these practices. To synthesize information, the review adopts a thematic analysis. This involves categorizing data into themes such as the benefits of carbon farming, challenges faced, and potential for scalability. A meta-analysis of quantitative data, where appropriate, provides a statistical overview of results from multiple studies. Qualitative data from case studies and reports are integrated to provide a comprehensive understanding of the real-world application of carbon farming.

### Fundamentals of Carbon Farming

Agroforestry, the practice of integrating trees and shrubs into crop and animal farming systems, is known for its efficacy in carbon sequestration [9]. Cover cropping, another vital technique, involves growing specific crops to cover the soil rather than for harvest, significantly improving soil carbon content [10]. Reduced tillage, or conservation tillage, minimizes soil disturbance, thus preserving soil organic carbon [11]. The application of biochar, a form of charcoal produced from biomass, has been identified as an effective method for long-term carbon storage in soils [12]. Enhancing root biomass through the selection of crops with deeper root systems also contributes significantly to soil carbon sequestration [13].

Biological carbon sequestration involves the process of photosynthesis in plants, where CO<sub>2</sub> is converted into organic compounds and stored in plant tissues [14]. This process is critical in the context of carbon farming, as it directly removes CO<sub>2</sub> from the atmosphere [15]. Soil acts as a significant carbon sink, with mechanisms involving the incorporation and stabilization of organic matter within the soil matrix [16]. Factors affecting soil carbon storage include soil type, climate, and farming practices, all of which determine the rate and extent of carbon sequestration [17].

**Table 2:** Mechanisms of Carbon Sequestration.

Mechanism	Description	Examples/Types
<b>Biological Sequestration</b>	This involves the capture and storage of CO <sub>2</sub> through biological processes. Plants, through photosynthesis, absorb CO <sub>2</sub> from the atmosphere and store it in biomass and soils.	<ul style="list-style-type: none"> <li>• Forests (terrestrial plants)</li> <li>• Oceanic phytoplankton</li> <li>• Wetlands</li> </ul>
<b>Geological Sequestration</b>	Geological sequestration involves storing CO <sub>2</sub> in underground geological formations. The CO <sub>2</sub> is usually captured from large point sources like power plants, compressed, and then injected into porous rock formations, such as depleted oil and	<ul style="list-style-type: none"> <li>• Saline formations</li> <li>• Depleted oil and gas reservoirs</li> <li>• Deep coal seams</li> </ul>

	gas fields or saline aquifers.	
<b>Ocean Sequestration</b>	In ocean sequestration, CO <sub>2</sub> is directly injected into the ocean, where it is dissolved and reacts with water to form carbonic acid and bicarbonate, thus reducing the amount of CO <sub>2</sub> in the atmosphere. This can affect ocean chemistry and is a subject of environmental concern.	<ul style="list-style-type: none"> <li>• Direct injection into deep sea</li> <li>• Iron fertilization to boost phytoplankton growth</li> </ul>
<b>Chemical Sequestration</b>	This method involves chemical processes to bind CO <sub>2</sub> . It can be achieved through the reaction of CO <sub>2</sub> with minerals to form stable carbonates or through the use of various chemical solvents to capture CO <sub>2</sub> from industrial emissions.	<ul style="list-style-type: none"> <li>• Mineral carbonation</li> <li>• Use of chemical scrubbers in industrial settings</li> </ul>
<b>Biochar Sequestration</b>	Biochar is a stable form of carbon-rich material derived from the pyrolysis of biomass (heating in the absence of oxygen). It can be applied to soils, where it remains stable for hundreds to thousands of years, thus storing carbon that would otherwise return to the atmosphere as CO <sub>2</sub> .	<ul style="list-style-type: none"> <li>• Agricultural biochar (derived from crop residues, manure, etc.)</li> </ul>
<b>Urban Carbon Sequestration</b>	This mechanism involves the capture and storage of CO <sub>2</sub> in urban environments. It includes urban forestry and green infrastructure practices that increase vegetation cover in cities, which absorb CO <sub>2</sub> through photosynthesis.	<ul style="list-style-type: none"> <li>• Urban trees and parks</li> <li>• Green roofs</li> <li>• Vertical gardens</li> </ul>
<b>Carbonate Mineralization</b>	This process involves the transformation of CO <sub>2</sub> into carbonate minerals, such as calcite, magnesite, or dolomite. These minerals are stable and can store carbon over geological time scales. The process can occur naturally or can be accelerated through industrial processes.	<ul style="list-style-type: none"> <li>• Natural weathering of silicate minerals</li> <li>• Industrial carbonation processes</li> </ul>

### Benefits of Carbon Farming

Carbon farming practices contribute significantly to the reduction of greenhouse gas emissions, primarily by sequestering atmospheric carbon dioxide in soil and biomass. Studies have demonstrated the potential of various carbon farming techniques to capture and store carbon, thereby reducing the concentration of CO<sub>2</sub> in the atmosphere [18]. Beyond carbon sequestration,

carbon farming enhances soil health by increasing soil organic matter, improving water retention, and reducing erosion [19]. It also promotes biodiversity, both above and below ground, by creating habitats and providing food sources for a variety of organisms [20]. Carbon farming has economic benefits, particularly through carbon credits under cap-and-trade systems or carbon markets. Farmers can generate additional income by selling credits corresponding to the amount of CO<sub>2</sub> they sequester [21]. This system incentivizes sustainable practices and provides financial support to farmers adopting carbon farming methods [22]. Carbon farming can have a positive impact on rural communities by promoting sustainable agricultural practices, enhancing food security, and providing economic opportunities. Sustainable carbon farming practices can lead to increased crop yields and improved farm resilience, contributing to the overall welfare of rural populations [23].

### **Challenges and Limitations**

Implementing carbon farming practices can entail significant costs and resource requirements, which may be prohibitive for some farmers. The initial investment in materials, labor, and potential changes in land use can be substantial [24]. Additionally, the need for specialized knowledge and training in these practices can add to the overall cost [25]. The effectiveness of carbon farming techniques can vary widely depending on regional climate conditions and soil types. Studies have shown that certain practices may be more effective in specific climates and less so in others [26]. Similarly, the composition and quality of soil can significantly impact the rate and volume of carbon sequestration [27]. The current policy landscape around carbon farming is often fragmented and can lack clarity, making it challenging for farmers to navigate and comply with regulations [28]. There are also gaps in policies that fail to address or incentivize certain crucial aspects of carbon farming [29]. There is a growing consensus on the need for supportive and coherent regulatory frameworks that can effectively promote carbon farming. Such frameworks would include clear guidelines, incentives, and support systems for farmers looking to adopt carbon farming practices [30]. The development and implementation of these frameworks are essential for the widespread adoption and success of carbon farming [31].

### **Case Studies and Real-world Examples**

In India, diverse climatic zones ranging from the Himalayan cold deserts to the tropical climates of the south have seen successful implementations of carbon farming. For instance, in the state of Tamil Nadu, the implementation of agroforestry practices in semi-arid regions has led to significant improvements in carbon sequestration [32]. In the northeastern states, traditional practices like jhum cultivation have been modified to enhance carbon storage while maintaining agricultural productivity [33]. These case studies provide valuable insights into the adaptability of carbon farming techniques in different environmental conditions. The Tamil Nadu example demonstrates how agroforestry can be adapted to semi-arid conditions, enhancing both soil health and farmer livelihoods [34]. The northeastern case highlights the importance of integrating traditional knowledge with modern carbon farming practices to create sustainable and

culturally relevant agricultural systems [35]. The Indian government's support through initiatives like the National Mission for Sustainable Agriculture (NMSA) has been pivotal in promoting carbon farming [36]. These case studies suggest a need for region-specific policies that account for local environmental conditions and farming practices [37]. They also indicate potential future directions for research and policy, such as the integration of carbon farming with other sustainable agricultural practices like organic farming [38].

### **Future Directions and Potential**

In India, significant research is being conducted on enhancing carbon farming methods through technology. Innovations such as satellite monitoring and AI-based soil analysis are being explored to optimize carbon sequestration [39]. Recent studies have also delved into genetically modified crops that can enhance root biomass, thus increasing carbon storage [40]. There is a growing trend in India to integrate carbon farming with other sustainable practices such as organic farming and precision agriculture. This holistic approach not only enhances carbon sequestration but also improves overall farm health and productivity [41]. Efforts are also being made to combine traditional agricultural knowledge with modern techniques to create sustainable farming models [42]. Looking forward, carbon farming is expected to play a critical role in India's climate change mitigation strategy. Predictive models suggest that with appropriate scaling and adoption, carbon farming can contribute significantly to achieving India's carbon reduction targets [43]. Furthermore, research indicates potential for these practices to improve the resilience of agricultural systems against climate change impacts [44]. The success of carbon farming initiatives in India has implications for their global scalability, especially in regions with similar agricultural and climatic conditions. Studies suggest that the Indian model of carbon farming could be adapted for use in other parts of South Asia and Africa, where there are comparable environmental and socio-economic conditions [45]. International collaborations and knowledge sharing are crucial for realizing this potential.

### **Conclusion**

Carbon farming stands out as a crucial and multifaceted strategy in combating climate change, particularly within the Indian context. It extends beyond carbon sequestration, encompassing significant environmental, economic, and social benefits. Techniques like agroforestry, cover cropping, and biochar application, though diverse in application, collectively contribute to reducing greenhouse gas emissions, enhancing soil health, and improving biodiversity. These practices offer economic incentives, especially for rural Indian communities, by aligning with sustainable agricultural practices and providing potential income through carbon credits. Challenges such as implementation costs, environmental variability, and the need for robust policy support remain. The future of carbon farming in India appears promising, with technological innovations and policy integration potentially enhancing its effectiveness. This review emphasizes the importance of carbon farming in India's climate strategy, advocating for

increased focus and collaborative efforts to maximize its potential in sustainable agriculture and global climate mitigation efforts.

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