

DIAGNOSIS ABOUT GRAPHITE TATTOO, AN EXCISIONAL BIOPSY

ASSAY : A CASE REPORT

Abstract:

Background: Amalgam tattoos and graphite tattoos are most common lesions of exogenous origin. Graphite tattoos mainly result from accidental injury from the tip of the pencil being inserted into the oral mucosa. A 4-year-old male patient reported to the department for evaluation of pigmentation present in the left hard palate. The patient's mother gave a history of trauma.

Aim of the study: to excise and diagnose a palatal lesion, resembling a graphite tattoo.

Conclusion: Excisional biopsy of the lesion was performed to provide a definitive diagnosis, prevent discomfort, and avoid any future complications. The particles are not selective for vessels, nerves, collagen fibers, or the basement membrane. The graphite particles may be randomly distributed in the connective tissue or around vessels and along fibres

Keywords: Amalgam tattoos, collagen fibers, Physiologic pigmentation, metallic silver

INTRODUCTION

Oral pigmented lesions are commonly noted in clinical practice. The presence of pigmentations in abnormal amounts and/or locations leads to these lesions.¹ Pigmentation may be either endogenous or exogenous in origin.² It may also be physiologic or non-physiologic in nature.

Physiologic pigmentation results from melanin production. Non-physiologic pigmentation can either be pathologic or non-pathologic. Localized, non-physiologic, pathologic pigmented lesions include hemangiomas, Kaposi's sarcoma, and melanoma.³ In the oral mucosa, localized, non-physiologic pigmentations are usually due to exogenous sources such as implanted materials. The exogenous sources may include carbon, iron dust, metallic silver (amalgam tattoos) or graphite.¹

Amalgam tattoos and graphite tattoos are the most commonly seen lesions of exogenous origin. Graphite tattoos mainly result from accidental injury from the tip of the pencil being inserted into the oral mucosa. In our search, very few cases of graphite tattoos have been reported in literature. Consequently, here we report a rare case of graphite tattoo in a child.

CASE REPORT

A 4-year-old male patient (Fig 1) reported to the department for evaluation of pigmentation present in the left hard palate.

The patient's mother gave a history of trauma. The patient accidentally inserted the lead of a pencil into his palate. After the incident, patient was taken to a nearby hospital for first-aid. Bleeding was controlled as a first aid measure. The pigmentation in the palate was noticed and three days after the trauma, the patient reported to the department.

On examination, a grayish-black macule was noticed on the posterior hard palate approximately 5mm from mid-palatal suture (fig 2).. The macule was present 1cm medial to tooth number 65 and just anterior to junction of hard palate and soft palate. The macule was asymptomatic. No other lacerations or injuries were noticed. On palpation the affected region was tender, hard, non-fluctuant, and firm. The provisional diagnosis was rendered to be graphite tattoo.

An excisional biopsy was performed. After the surgical removal of the lesion, the specimen was of 0.2cmx0.2cmx0.5cm in dimension (Fig 5). A solid black mass was observed inside the soft tissue. The black mass resembled a piece of graphite. The specimen was then fixed in 10% formalin and sent for histopathological examination.

Histopathology revealed sections of parakeratinized stratified squamous epithelium. The underlying connective tissue showed dense fibrous areas of granular black foreign deposits, proliferating fibroblasts and mild inflammatory infiltrate. On corroborating histopathological findings with the clinical findings and elicited history, the diagnosis of graphite tattoo was confirmed.

DISCUSSION and conclusion

Graphite is a naturally occurring or synthetically made crystalline form of carbon.³ In pencils, clay rich in silica is added to the graphite.⁴ Graphite pencils are capable of causing traumatic injury and foreign body reaction. Injuries occur due to introduction of pencil into oral mucosa especially during early childhood.⁵

In our search, we did not come across any reports of graphite tattoo present in the palate of a child. The reports we found are described in Table 1.^{2,3,5,6} Although a limited number of cases

have been documented, it is presumed that these injuries occur frequently than they have been reported.⁷

Graphite tattoo typically appears as an irregular gray to black macule usually in hard palate. It is predominantly seen in women and in younger age groups (5-21 years). The most commonly affected sites are gingiva and palate. The size generally ranges from 1 to 15 mm.^{3,5,6}

Diagnosis of graphite tattoo can be confirmed based on history, radiography, histology, Energy-Dispersive X-Ray Spectroscopy (EDS), and scanning electron microscope (SEM).² A history of injury could confirm the diagnosis of a foreign-body lesion.^{2,3,8} Periapical or soft tissue radiographs of graphite tattoo may reveal pinpoint radiopacities.⁹ However, biopsy is mandatory to rule out similarly appearing lesions melanocytic nevus, blue nevus, and melanoma, or for esthetic reasons. The biopsy allows for a definitive diagnosis.¹

Histologically, the graphite particles may be randomly distributed in the connective tissue or around vessels and along fibers. However, the particles are not selective for vessels, nerves, collagen fibers, or the basement membrane.⁴ Inflammation may be present. Chronic inflammatory response with formation of foreign body granulomas exhibiting the presence of multinucleated giant cells might be identified.^{3,5,6} Other investigations include: EDS and SEM. EDS show the presence of a larger quantities of carbon and silica.⁴ SEM analysis depicts more irregular and larger granules of graphite.²

Graphite tattoos are harmless in nature. Therefore, removal of the lesion is not mandatory. Excision may be performed for aesthetic purposes.³ However, literature does report that pencil lead may lead to foreign body granuloma. Swelling and tenderness may occur with lag periods of five or more years.¹⁰

Graphite particles may cause graphite pneumoconiosis, a chronic granulomatous reaction in the lungs.¹¹ Rarely, graphite foreign body granuloma, also known as pencil core granuloma, can occur that is characterized by a delayed foreign body reaction against the fragments of pencil lead, which at the macroscopic level resembles malignant melanoma.¹¹ The reaction against the pencil lead takes a long time until the graphite particle disintegrates to a critical size in the skin.^{12,13} The particles are then dispersed in the interstice and induce a granulomatous reaction.¹¹ The lag period as reported in the literature is 1.5 to 58 years between the injury and granuloma formation.¹⁴

In conclusion, we report a rare case of graphite tattoo in a 4-year-old child. Excisional biopsy of the lesion was performed to provide a definitive diagnosis, prevent discomfort, and avoid any future complications with Day 2 (fig 7), one week (fig 8) and six months (fig 9) follow up.

Table 1: Reports of graphite tattoo till date^{2,3,5,6}

| Authors | Year | Age of Patient | Gender of patient | Location of graphite tattoo | Treatment |
|----------------------|------|----------------|-------------------|-----------------------------|---|
| Anderegg and Lyles | 1992 | 21 years | F | Attached gingiva | Biopsy |
| Phillips and John | 2005 | 17 years | F | Interdental papilla | Biopsy+ Subepithelial Connective Tissue Graft |
| Rihani and Da'ameh | 2006 | 5 years | F | Attached gingiva | Biopsy |
| RenataMendonçaMoraes | 2015 | 62 years | F | Palate | Biopsy |
| Jain M et al | 2022 | 13 year | F | Palate | Biopsy |

Ethical Approval:

As per international standard or university standards written ethical approval has been collected and preserved by the author(s).

Consent

As per international standards, parental written consent has been collected and preserved by the author(s).

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Fig 1 :Extra-Oral image



Fig 2 :Pre-Operative image



Fig 3 :Incision in the teeth



Fig 4 :Suturing of the site



Fig 5 :Excised Foreign Body (Graphite)



Fig 6 :Post-Operative Follow Up (Day 1)



Fig 7 :Post-Operative Follow Up (Day 2)



Fig 8 :Post-Operative Follow Up (1 week)



Fig 9 :Post-Operative Follow Up (6 months)

UNDER PEER REVIEW