

Case report

Incidental Discovery of a Mobile Thrombus Attached to the Right Atrial Wire of an Implantable Cardioverter Defibrillator (ICD) - Case Report.

Abstract

Implantable cardioverter defibrillators (ICD) are widely used in primary prevention for cardiomyopathy patients.

A 57-year-old male with dilated cardiomyopathy post ICD implantation was found to have an incidental asymptomatic echocardiogram finding of a mobile mass attached to the tip of the ICD wire in the right atrium. The purpose of this case report is to highlight accidental discoveries of ICD wire thrombi and the appropriate therapeutic strategy.

Keywords: Thrombus, Echocardiography, Implantable Cardioverter Defibrillator (ICD).

Introduction

Implantable cardioverter-defibrillators (ICDs) became increasingly popular among patients with high comorbidity levels including heart failure, myocardial infarction, and other underlying morbidities frequently found among ICD recipients.¹ ICDs are associated with an elevated risk of complications, including venous thromboembolism (VTE).^{2,3} Furthermore, wire-related venous thrombosis is a recognized complication of cardiac implantable electronic devices (CIEDs).⁴

Clot formation on device wires is poorly understood. Most of these thrombi are asymptomatic and typically discovered as incidental echocardiographic findings. However, symptomatic complications are much less common, seen in only 0-6% of patients.⁵⁻⁶ Similarly, symptomatic pulmonary embolism after pacemaker/ICD implantation is relatively rare, seen in 0-5% of patients.^{5,7,8} However, the incidence of asymptomatic pulmonary embolism is much more common.

Several imaging tools have been used to assess thrombosis in the great veins of the upper or lower extremities and their tendency to transmit as emboli to the lungs. It hasn't been evaluated whether thrombi are present in the intracardiac section of the wires, however, on transthoracic echocardiography (TTE), intracardiac thrombi can occasionally be visible, but because of the inadequate resolution of TTE, their existence can be easily missed.⁴

Herein, we present a case of a large right atrial thrombus found incidentally attached to an ICD wire diagnosed by transthoracic echocardiography.

Case report

A 57-year-old male had an ICD implanted on 16/1/2010 (ICD is Biotronik & not MRI compatible) as part of the treatment for dilated cardiomyopathy. He has a history of MALT lymphoma which he received chemotherapy for. The dilated cardiomyopathy was most likely chemotherapy induced.

The patient was directly admitted to the critical care unit under cardiology for an incidental finding on his echocardiogram of a mobile mass attached to the tip of the wire of his ICD in the right atrium. The mass measured 3.1×0.8 cm (Fig 1). Patient was asymptomatic, had no history of leg pain or swelling, and no history of long distance travel or immobility. He had visited the emergency department a few days ago with a complaint of shortness of breath and chest pain. He was offered admission, but the patient signed against medical advice after symptomatic relief upon receiving intravenous diuretics. The patient had an echocardiogram as an outpatient where the incidental finding has been discovered.

The patient was conscious, alert, and oriented upon physical examination, and not in distress. He was vitally stable and afebrile during his admission. His chest, cardiovascular, abdomen & lower limb examination were unremarkable. Electrocardiogram of the patient was normal. Further findings on his echocardiography showed left ventricular systolic function was moderately impaired with moderate mitral regurgitation and mild tricuspid regurgitation present with a right ventricular systolic pressure (RVSP) of 45 mmHg. His complete blood count, electrolytes, and cardiac enzymes were all within normal range. A bilateral Lower limb Doppler was carried out to rule out the possibility of deep venous thrombosis (DVT) and the results were negative.

The patient was started on Warfarin with bridging therapeutic Enoxaparin with the aim of the International Normalised Ratio (INR) between 2 and 3. Echocardiogram was followed daily to assess the size of the thrombotic mass, and medical opinion was obtained from the infectious disease team regarding starting empirical antibiotics. Antibiotics were not recommended as the patient was afebrile and clinically stable with negative initial blood culture. The hematology-oncology team was consulted regarding the previous history of MALT lymphoma and the probability of recurrence, which may trigger the formation of a thrombus. As the figures show (Fig 2, 3, 4), the thrombus's size decreased in the consequent echocardiogram. Furthermore, after four weeks of Warfarin, a mobile thrombus was not detected on the echocardiogram (Fig 5). The follow-up echocardiogram did not show a recurrence of the thrombus (Fig 6).



[Fig 1]
Echocardiogram on 6/11/2022
(The arrow points to the thrombus)



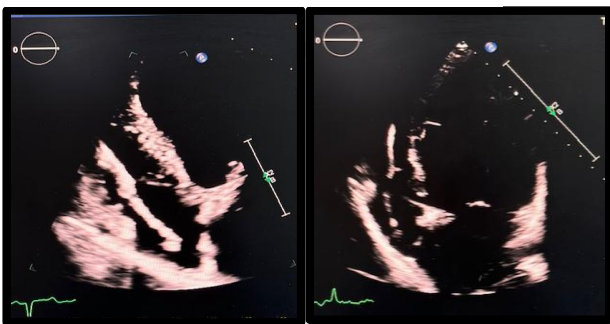
[Fig 2]
Echocardiogram on 8/11/2022
(The arrow points to the thrombus)



[Fig 3]
Echocardiogram on 10/11/2022
(The arrow points to the thrombus)



[Fig 4]
Echocardiogram on 12/11/2022
(Thrombus was no longer seen)



[Fig 5]
Echocardiogram on 15/12/2022
(Thrombus was no longer seen)

[Fig 6]
Echocardiogram on 12/2/2023 (Thrombus
was no longer seen)

Disc

In this report, we presented a case of an incidentally discovered thrombus on the ICDwire in an asymptomatic male patient. Around 30-45% of patients on permanent pacemakers experience pacemaker wire-induced venous thrombosis following implantation. Only 0.6-3.5% of individuals developed severe thromboembolic consequences.⁹ Although the pathogenesis of pacemaker/ICDwire thrombosis is not entirely understood, it is known that this condition typically evolves in certain conditions that increase thrombus buildup and formation.¹⁰

Heart failure and conditions with hypercoagulable state such as underlying malignancies, anti-thrombin III, protein S and protein C deficiencies can predispose to thrombus formations. It has been demonstrated that the thrombogenicity of pacemaker's wires to various kinds of insulation varies. For example, polyurethane wires may have lesser thrombogenicity than silicone wires.¹¹ It is also crucial to note that atrial fibrillation increases the risk of developing thrombus formation in cardiac devices by eight folds.¹⁰ In our case, the patient did not have atrial fibrillation nor was he in heart failure. Considering the previous history of treated lymphoma, the patient showed no signs or symptoms of active malignancy.

Patients with pacemaker/ICDwire thrombosis may exhibit vague symptoms, which might delay diagnosis. The majority of right atrial pacemaker thrombosis are discovered incidentally on echocardiogram.¹² Patients may present with atypical arrhythmias, right-sided heart failure symptoms, or acute pulmonary embolism.¹³ Therefore, paying attention to such presentations in patients with cardiac devices is essential. In our case, the patient was free of symptoms with no features of atrial fibrillation, heart failure, or pulmonary embolism. Even though our patient was not thoroughly investigated for any other hypercoagulable conditions, we suspected malignancy activation as the most probable scenario, given the history of previously treated lymphoma. Diagnostic modalities of such wire thrombus, usually done by an echocardiogram, either transthoracic or transesophageal.

There's another scenario we're thinking about in this patient. This thrombus may be a thrombus in transit from deep vein thrombosis, and it's been detected by the ICD wire. We don't have proof of that scenario, however.

There are no specific guidelines for treating pacemaker/ICDwire thrombus. According to some researchers, the choice of treatment should be made based on the size of the thrombus and the patient's clinical presentation. These different modalities include anticoagulation, thrombolysis, or surgical option.¹⁴ Our patient was treated with Warfarin with bridging Enoxaparin to reach an INR of 2-3. The thrombus size decreased in the consequent imaging until it resolved completely. Our case is unique given the negative available risk factors causing the formation of ICD wire thrombus. This case demonstrates the effectiveness of Warfarin as an anticoagulant therapy for the complete clearance of thrombus developed on the pacemaker/ICDwires.

Conclusion

Comment [D1]: Kindly briefly enlist chemotherapy drugs with duration & current CBC with INR

Comment [D2]: Kindly add ECG of patient also

Comment [D3]: Is this patient was on anti-coagulation therapy .if yes document dose and drugs

In patients with an ICD, an asymptomatic thrombus can be found incidentally on cardiac echocardiography. Therefore, following up on these patients with echocardiograms, especially those with high-risk factors is important.

This case demonstrates the effectiveness of Warfarin as an anticoagulant therapy for the complete clearance of a thrombus developing on ICDs.

This patient group should be considered for anticoagulation to prevent further complications, but no data for the duration of the anticoagulation has been defined. Furthermore, no available score can determine which patient has to be on long-term or life-term anticoagulation therapy.

Ethical approval

Institutional Review Board (IRB) approval was obtained, and the study follows the Good Clinical Practice (GCP) guideline.

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