

Effect of CaCl₂ and Citric acid on Physio-chemical Changes and Storage at Ambient Temperature of Cherry (*Prunus avium*) Candy

ABSTRACT

Candy processing is essential to create a wide variety of delicious and appealing treats, ensuring quality control, flavor consistency, and efficient production for consumer enjoyment. The present experiment was carried out during 2022-23 in Post Harvest Laboratory of Department of Horticulture, SHUATS, Prayagraj. The experiment was conducted in Completely Randomized Design with 8 treatment replicated thrice. The treatments were T₀ (Control), T₁ (Application of CaCl₂ @ 1% + 70 °Brix sugar), T₂ (Application of CaCl₂ @ 1.5% + 70 °Brix sugar), T₃ (Application of CaCl₂ @ 2% + 70 °Brix sugar), T₄ (Application of Erythrosine @ 0.05% + 70 °Brix sugar), T₅ (Application of Citric Acid @ 1% + 70 °Brix sugar), T₆ (Application of Citric Acid @ 1.5% + 70 °Brix sugar), T₇ (Application of Citric Acid @ 2% + 70 °Brix sugar). On the basis of our experimental finding it was found that the treatment T₂ (Application of CaCl₂ @ 1.5 mg/100 g + 70 °Brix sugar) was found to be best in the terms of TSS, Total sugar, Reducing sugar, Moisture content, Ascorbic acid, pH, Acidity %, Taste, Color and appearance, aroma, texture, overall acceptability and benefit cost ratio.

Keywords: Benefit cost ratio; candy; cherry; quality parameters; organoleptic parameters.

1. INTRODUCTION

"Fruits are among the most important foods of mankind as they are both nutritive and indispensable for maintenance of health. Being rich source of carbohydrates, minerals, vitamins and dietary fibres, these constitute an important part of our daily diet. Moreover, they add flavour and diversity to diet. Cherry (*Prunus avium* L.) belonging to family Rosaceae is one of the most important fruit crops of temperate region of the world. In India, Jammu and Kashmir is the main cherry growing state having 2,570 hectares under this crop with the annual production of about 8,296 metric tones" [1].

"Shelf life of cherry fruit is very less and large quantities get wasted. Also there is lack of efficient post-harvest management of cherries, which leads to the rapid quality deterioration and sudden glut in the market. This crop can be saved from wastage and at the same time, can be converted into more valuable and priced commodity by processing into various products. Various products prepared from cherries are juice, frozen cherries, dehydrated cherries, canned products, cherry jam, cherry juice

concentrate, cherry juice powder, cherry bars and cherry candies" [1-5].

"Candy is a sweet food prepared from fruits or vegetables by impregnating them with sugar syrup followed by draining of excessive syrup and then drying the product to a shelf stable state. Fruits and vegetables like apples, ginger, mangoes, guava, carrots and citrus peels have been used to prepare candies. Caronda, ber and Aonla candies have also been developed. Candied products available these days are descended from the simplest confections first made more than 4,000 years ago" [1,6-9].

"Candy making is fairly simple process. In traditional candy production, a mixture of sugar, water, and possibly corn syrup are mixed together and boiled until sufficient water has been boiled out of the candy mass. Current candy preparation techniques are grouped as semi-solid or soft candy (e.g., chocolate-based, fruit-based, including tamarind, apple, cherry etc.) with or without chili or other visible particulate ingredients (i.e., Chaca-Chaca, Pelon-Pelon Rico), hard candy with or without visible particulate ingredient (chili) either in the candy or

on the surface of the candy, hard candy with supplemental but separate salt and chili and powdered sugar or flavored salt products with or without other particulate ingredients" [1,10-12].

2. MATERIALS AND METHODS

The area of Prayagraj district comes under subtropical belt in the south east of Utter Pradesh, which experience extremely hot summer and fairly cold winter. The maximum temperature of the location reaches up to 46° C-48° C and seldom falls as low as 4°C- 5°C. The relative humidity ranges between 20 to 94 %. The average rainfall in this area is around 1013.4 mm annually. However, occasional precipitation is also not uncommon during winter months.

The experiment was conducted in Completely Randomized Design with 8 treatment replicated thrice with an objective to find out the quality and economics of the cherry candy. The treatments were T₀ (Control), T₁ (Application of CaCl₂ @1% +70 °Brix sugar), T₂(Application of CaCl₂ @1.5% + 70 °Brix sugar), T₃ (Application of CaCl₂ @ 2%+ 70 °Brix sugar), T₄ (Application of Erythrosine @0.05%+ 70 °Brix sugar), T₅ (Application of Citric Acid @ 1%+ 70 °Brix sugar), T₆ (Application of Citric Acid @ 1.5%+ 70 °Brix sugar), T₇ (Application of Citric Acid @ 2% + 70 °Brix sugar).

3. RESULTS AND DISCUSSION

The maximum Total soluble solid content in cherry candy was recorded in T₂ (Application of CaCl₂ @1.5% + 70 °Brix sugar) with 66.90 °B followed by T₇(Application of Citric Acid @ 2% + 70 °Brix sugar) with 66.30 °B and the minimum was recorded in T₀ (Control) with 65.10 °B. A slight increase in total soluble solids during storage might be due to conversion of polysaccharides (present in fruits) into sugars during hydrolysis process. This finding agreed with the finding of Vikram and Prasad (2014) compositional changes in value-added Kinnow-Aonla RTS revealed that there was increase in the level of TSS during the storage period (six months) and (Jain et al., 2007) in aonla RTS beverage.

The maximum Total Sugar content in cherry candy was recorded in T₂ (Application of CaCl₂ @1.5% + 70 °Brix sugar) with 51.92% followed by T₇(Application of Citric Acid @ 2% + 70 °Brix sugar) with 51.53% and the minimum was recorded in T₀ (Control) with 50.00 %.

"A slight increase in Total Sugars during storage might be due to conversion of polysaccharides (present in fruits) into sugars during hydrolysis process" [13]. This finding agreed with the finding of Vikram and Prasad (2014) compositional changes in value-added Kinnow-Aonla RTS revealed that there was increase in the level of total sugar during the storage period (six months) and (Jain et al., 2007) in aonla RTS beverage.

The maximum Reducing sugar content in cherry candy was recorded in T₂ (Application of CaCl₂ @1.5% + 70 °Brix sugar) with 28.35 % followed by T₇(Application of Citric Acid @ 2% + 70 °Brix sugar) with 27.96% and the minimum was recorded in T₀ (Control) with 26.43%. A slight increase in Reducing sugars during storage might be due to conversion of polysaccharides (present in fruits) into sugars during hydrolysis process. This finding agreed with the finding of Vikram and Prasad (2014) compositional changes in value-added Kinnow-Aonla RTS revealed that there was increase in the level of reducing sugar during the storage period (six months) and (Jain et al., 2007) in aonla RTS beverage.

The maximum Moisture content content in cherry candy was recorded in T₂ (Application of CaCl₂ @1.5% + 70 °Brix sugar) with 16.90 % followed by T₇(Application of Citric Acid @ 2% + 70 °Brix sugar) with 16.51% and the minimum was recorded in T₀ (Control) with 14.98%. A slight increase in Moisture contents during storage might be due to conversion of polysaccharides (present in fruits) into sugars during hydrolysis process. This finding agreed with the finding of Vikram and Prasad (2014) compositional changes in value-added Kinnow-Aonla RTS revealed that there was increase in the level of Moisture content during the storage period (six months) and (Jain et al., 2007) in aonla RTS beverage.

The maximum ascorbic acid content in cherry candy was recorded in T₂ (Application of CaCl₂ @1.5 mg/100 g + 70 °Brix sugar) with 304 mg/100 g followed by T₇ (Application of Citric Acid @ 2 mg/100 g + 70 °Brix sugar) with 224 mg/100 g and the minimum was recorded in T₀ (Control) with 145 mg/100 g. A slight increase in ascorbic acid during storage might be due to conversion of polysaccharides (present in fruits) into sugars during hydrolysis process. This finding agreed with the finding of Vikram and Prasad (2014) compositional changes in value-added Kinnow-Aonla RTS revealed that there was increase in the level of Vitamin C during the

storage period (six months) and (Jain et al., 2007) in aonla RTS beverage.

The maximum pH content in cherry candy was recorded in T₂ (Application of CaCl₂ @1.5 mg/100 g + 70 °Brix sugar) with 4.05 followed by T₇ (Application of Citric Acid @ 2 mg/100 g + 70 °Brix sugar) with 4.03 and the minimum was recorded in T₀ (Control) with 26.43. A slight increase in pH during storage might be due to conversion of polysaccharides (present in fruits) into sugars during hydrolysis process. This finding agreed with the finding of Vikram and Prasad (2014) compositional changes in value-added Kinnow-Aonla RTS revealed that there was increase in the level of pH during the storage period (six months) and (Jain et al., 2007) in aonla RTS beverage.

The maximum Acidity % content in cherry candy was recorded in T₂ (Application of CaCl₂ @1.5 mg/100 g + 70 °Brix sugar) with 28.35 mg/100 g followed by T₇ (Application of Citric Acid @ 2 mg/100 g + 70 °Brix sugar) with 27.96 mg/100 g and the minimum was recorded in T₀ (Control) with 26.43 mg/100 g. A slight increase in Acidity % during storage might be due to conversion of polysaccharides (present in fruits) into sugars during hydrolysis process. This finding agreed with the finding of Vikram and Prasad (2014) compositional changes in value-added Kinnow-Aonla RTS revealed that there was increase in the level of acidity % during the storage period (six months) and (Jain et al., 2007) in aonla RTS beverage.

The maximum score for taste in cherry candy was recorded in T₂ (Application of CaCl₂ @1.5 mg/100 g + 70 °Brix sugar) with 7.60 followed by T₇ (Application of Citric Acid @ 2 mg/100 g + 70 °Brix sugar) with 7.40 and the minimum was recorded in T₀ (Control) with 6.50. The decreasing trend was observed for flavour, taste and texture with increase storage period. This might be due to degradation of volatile substance and flavor constituents. Similar result was reported by Nayak et al., (2011) in aonla

Table 1. Effect of different treatments on TSS, Total sugar, Reducing sugar and Moisture content (%) of Cherry Candy

Notion	Treatment	TSS (°B)				Total Sugar (%)				Reducing sugar (%)				Moisture content %			
		Initial	30	60	90	Initial	30	60	90	Initial	30	60	90	Initial	30	60	90
T ₀	Control	63.00	63.60	64.40	65.10	48.29	48.86	49.43	50.00	24.72	25.29	25.86	26.43	19.15	17.58	16.7	14.98
T ₁	Application of CaCl ₂ @1% +70 °Brix sugar	63.90	64.00	64.60	65.10	48.63	49.20	49.77	50.34	25.06	25.63	26.2	26.77	19.53	17.96	17.08	15.36
T ₂	Application of CaCl ₂ @ 1.5% + 70 °Brix sugar	65.00	65.50	66.00	66.90	50.21	50.78	51.35	51.92	26.64	27.21	27.78	28.35	20.55	19.50	18.62	16.90
T ₃	Application of CaCl ₂ @ 2%+ 70 °Brix sugar	63.00	63.90	64.60	65.20	49.69	50.26	50.83	51.40	26.12	26.69	27.26	27.83	19.49	17.92	17.04	15.32
T ₄	Application of Erythrosine @0.05%+ 70 °Brix sugar	64.00	64.70	65.00	65.60	49.23	49.80	50.37	50.94	25.66	26.23	26.8	27.37	20.09	18.52	17.64	15.92
T ₅	Application of Citric Acid @ 1%+ 70 °Brix sugar	64.00	64.60	65.10	65.90	49.25	49.82	50.39	50.96	25.1	25.67	26.24	26.81	21.07	18.98	18.1	16.38
T ₆	Application of Citric Acid @ 1.5%+ 70 °Brix sugar	64.00	64.70	65.10	65.90	48.67	49.24	49.81	50.38	25.68	26.25	26.82	27.39	20.11	18.54	17.66	15.94
T ₇	Application of Citric Acid @ 2% + 70 °Brix sugar	65.00	65.20	65.90	66.30	49.82	50.39	50.96	51.53	26.25	26.82	27.39	27.96	20.68	19.11	18.23	16.51
	F Test	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S
	S. Ed. (±)	0.549	0.551	0.494	0.534	0.357	0.362	0.374	0.378	0.332	0.361	0.367	0.376	0.500	0.449	0.427	0.376
	C.D. at 5%	1.164	1.168	1.048	1.131	0.757	0.767	0.792	0.802	0.704	0.765	0.777	0.798	1.060	0.951	0.906	0.797
	CV	33.625	33.74	30.27	32.68	21.880	22.162	22.882	23.175	20.331	22.084	22.450	23.036	30.616	27.478	26.174	23.034

F Test- Fishers Test, S.Ed. – Standard Error of Deviation, C.D – Critical Difference, C.V. – Coefficient of Variance

Table 2. Effect of different treatments on Ascorbic acid, pH, acidity % and score of Taste of Cherry Candy

Notion	Treatment	Ascorbic acid (mg/100 g)				pH				Acidity %				Taste			
		Initial	30	60	90	Initial	30	60	90	Initial	30	60	90	Initial	30	60	90
T ₀	Control	160	155	151	145	3.44	3.52	3.62	3.72	0.32	0.28	0.21	0.15	7.80	7.50	7.00	6.50
T ₁	Application of CaCl ₂ @1% +70 °Brix sugar	240	236	230	226	3.58	3.66	3.76	3.85	0.25	0.20	0.16	0.11	7.90	7.50	7.10	7.20
T ₂	Application of CaCl ₂ @ 1.5% + 70 °Brix sugar	320	312	309	304	3.80	3.89	3.97	4.05	0.34	0.42	0.39	0.36	8.20	8.00	7.80	7.60
T ₃	Application of CaCl ₂ @ 2%+ 70 °Brix sugar	240	232	226	221	3.71	3.80	3.90	3.98	0.44	0.41	0.38	0.31	7.90	7.60	7.10	6.80
T ₄	Application of Erythrosine @0.05%+ 70 °Brix sugar	160	155	150	146	3.62	3.69	3.79	3.88	0.38	0.34	0.28	0.24	7.80	7.50	7.00	7.20
T ₅	Application of Citric Acid @ 1%+ 70 °Brix sugar	160	154	151	145	3.69	3.79	3.89	3.98	0.38	0.34	0.29	0.27	8.00	7.60	7.20	6.80
T ₆	Application of Citric Acid @ 1.5%+ 70 °Brix sugar	240	235	230	224	3.62	3.70	3.80	3.89	0.38	0.34	0.30	0.26	8.00	7.80	7.50	7.10
T ₇	Application of Citric Acid @ 2% + 70 °Brix sugar	240	236	231	224	3.76	3.84	3.94	4.03	0.38	0.32	0.30	0.27	8.10	7.80	7.60	7.40
	F Test	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S
	S. Ed. (±)	0.621	0.590	0.559	0.356	0.421	0.423	0.433	0.412	0.016	0.010	0.010	0.010	0.120	0.134	0.179	0.117
	C.D. at 5%	1.316	1.250	1.184	0.755	0.097	0.097	0.097	0.093	0.034	0.020	0.021	0.020	0.254	0.285	0.379	0.247
	CV	38.010	36.115	34.207	21.800	0.206	0.206	0.205	0.196	0.982	0.587	0.602	0.586	7.328	8.236	10.935	7.135

F Test- Fishers Test, S.Ed. – Standard Error of Deviation, C.D – Critical Difference, C.V. – Coefficient of Variance

Table 3. Effect of different treatments on score of Color and appearance, texture, overall acceptability, aroma and B:C ratio of Cherry Candy

Notion	Treatment	Color and appearance				Texture				Overall acceptability				Aroma			B:C	
		Initial	30	60	90	Initial	30	60	90	Initial	30	60	90	Initial	30	60		90
T ₀	Control	7.00	6.90	6.80	6.40	7.00	6.80	6.70	6.40	7.80	7.50	7.00	6.50	5.50	5.60	5.70	6.00	1.42
T ₁	Application of CaCl ₂ @1% +70 °Brix sugar	7.50	6.90	6.80	6.60	7.20	7.00	6.80	6.70	7.90	7.50	7.10	7.20	6.00	6.20	6.40	6.60	1.55
T ₂	Application of CaCl ₂ @1.5% + 70 °Brix sugar	8.00	7.80	7.62	7.50	8.00	7.90	7.80	7.60	8.20	8.00	7.80	7.60	7.50	7.70	7.80	8.00	1.82
T ₃	Application of CaCl ₂ @2%+ 70 °Brix sugar	7.10	7.70	7.50	7.30	7.20	7.00	6.90	6.50	7.90	7.60	7.10	6.80	6.80	7.00	7.20	7.40	1.54
T ₄	Application of Erythrosine @0.05%+ 70 °Brix sugar	7.30	6.90	6.70	6.50	7.70	7.50	7.20	7.00	7.80	7.50	7.00	7.20	5.70	5.80	6.00	6.20	1.54
T ₅	Application of Citric Acid @1%+ 70 °Brix sugar	7.40	7.20	7.10	7.00	7.50	7.30	7.20	7.00	8.00	7.60	7.20	6.80	6.60	6.80	7.00	7.20	1.55
T ₆	Application of Citric Acid @1.5%+ 70 °Brix sugar	7.70	7.30	6.80	6.70	7.90	7.80	7.30	7.10	8.00	7.80	7.50	7.10	6.40	6.50	6.80	7.10	1.55
T ₇	Application of Citric Acid @2% + 70 °Brix sugar	7.30	7.70	7.50	7.40	7.80	7.50	7.30	7.20	8.10	7.80	7.60	7.40	7.30	7.50	7.60	7.80	1.69
F Test		S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	
S. Ed. (±)		0.120	0.134	0.179	0.117	0.120	0.134	0.179	0.117	0.120	0.134	0.179	0.117	0.381	0.391	0.400	0.429	
C.D. at 5%		0.254	0.285	0.379	0.247	0.254	0.285	0.379	0.247	0.254	0.285	0.379	0.247	0.807	0.829	0.849	0.910	
CV		7.328	8.236	10.935	7.135	7.328	8.236	10.935	7.135	7.328	8.236	10.935	7.135	23.317	23.937	24.520	26.273	

F Test- Fishers Test, S.Ed. – Standard Error of Deviation, C.D – Critical Difference, C.V. – Coefficient of Variance

segments-in-syrup prepared from stored fruits. Jain et al. (2007) in aonla RTS beverage. It could be attributed to non enzymatic reactions, which occur between nitrogenous compounds and sugars or organic acid and organic acids with sugars. Similar results were reported by Syed et al. (2011) in sweet orange based products.

The maximum score for Color and appearance in cherry candy was recorded in T₂ (Application of CaCl₂ @1.5 mg/100 g + 70 °Brix sugar) with 7.50 followed by T₇ (Application of Citric Acid @ 2 mg/100 g + 70 °Brix sugar) with 7.40 and the minimum was recorded in T₀ (Control) with 6.40. The decreasing trend was observed for flavour, Color and appearance and texture with increase storage period. This might be due to degradation of volatile substance and flavor constituents. Similar result was reported by Nayak et al., (2011) in aonla segments-in-syrup prepared from stored fruits. Jain et al. (2007) in aonla RTS beverage. It could be attributed to non enzymatic reactions, which occur between nitrogenous compounds and sugars or organic acid and organic acids with sugars. Similar results were reported by Syed et al. (2011) in sweet orange based products.

The maximum score for Texture in cherry candy was recorded in T₂ (Application of CaCl₂ @1.5 mg/100 g + 70 °Brix sugar) with 7.20 followed by T₇ (Application of Citric Acid @ 2mg/100g + 70 °Brix sugar) with 7.40 and the minimum was recorded in T₀ (Control) with 6.40. The decreasing trend was observed for flavour, Texture and texture with increase storage period. This might be due to degradation of volatile substance and flavor constituents. Similar result was reported by Nayak et al., (2011) in aonla segments-in-syrup prepared from stored fruits. Jain et al. (2007) in aonla RTS beverage. "It could be attributed to non enzymatic reactions, which occur between nitrogenous compounds and sugars or organic acid and organic acids with sugars" [13]. Similar results were reported by Syed et al. (2011) in sweet orange based products.

The maximum score for Overall acceptability in cherry candy was recorded in T₂ (Application of CaCl₂ @1.5mg/100g + 70 °Brix sugar) with 7.60 followed by T₇ (Application of Citric Acid @ 2mg/100g + 70 °Brix sugar) with 7.40 and the minimum was recorded in T₀ (Control) with 6.50. The decreasing trend was observed for flavour, Overall acceptability with increase storage period. This might be due to degradation of volatile substance and flavor constituents. Similar

result was reported by Nayak et al., (2011) in aonla segments-in-syrup prepared from stored fruits. Jain et al. (2007) in aonla RTS beverage. It could be attributed to non enzymatic reactions, which occur between nitrogenous compounds and sugars or organic acid and organic acids with sugars. Similar results were reported by Syed et al. (2011) in sweet orange based products.

The maximum score for Aroma in cherry candy was recorded in T₂ (Application of CaCl₂ @1.5mg/100g + 70 °Brix sugar) with 8.00 followed by T₇ (Application of Citric Acid @ 2 mg/100 g + 70 °Brix sugar) with 7.80 and the minimum was recorded in T₀ (Control) with 6.00. The increasing trend was observed for Aroma increase storage period. This might be due to production of volatile substance such as ethylene and flavor constituents. Similar result was reported by Nayak et al., (2011) in aonla segments-in-syrup prepared from stored fruits. Jain et al. (2007) in aonla RTS beverage. It could be attributed to non enzymatic reactions, which occur between nitrogenous compounds and sugars or organic acid and organic acids with sugars. Similar results were reported by Syed et al. (2011) in sweet orange based products.

It is evident that the economics of different treatment was influenced by different treatments at all successive stage of storage. There was significant differences between the economics of treatments, among the treatment used T₂ (Application of CaCl₂ @1.5 mg/100 g + 70 °Brix sugar) with 1.82 have the highest benefit cost ratio followed by T₇ (Application of Citric Acid @ 2mg/100g + 70 °Brix sugar) with 1.69 of were significantly superior than T₀ (Control) with 1.42.

4. CONCLUSION

On the basis of our experimental finding it was concluded that the treatment T₂ (Application of CaCl₂ @1.5 mg/100 g + 70 °Brix sugar) was found to be best in the terms of Physico-chemical parameters, organoleptic evaluation and economic of the different treatments.

5. FUTURE SCOPE

India is one of the most suitable countries in the world for growing fruit and vegetable throughout the year, this is due to factors such crop diversity, soil, manpower, technology, geographical and climatic conditions. But, at the same time, it is evident that 35-40% of produced fruits and vegetables are lost at postharvest

stage due to improper harvesting, handling, marketing and storage practices. This postharvest loss can be overcome by adopting a scientific way of harvesting, post-harvest management and marketing. This creates a huge requirement for postharvest technologists in India. Postharvest technology (PHT) of horticultural crops is the field under which research and academics are undertaken to evolve skilled postharvest technologists. Demands for processed products and government attention towards postharvest losses paves way for the enormous scope and research inclination towards this sector.

6.1 Significance of the Study

Candy jam holds significant value as a beloved confectionary product. Its sweet and fruity flavors bring joy and excitement to people of all ages. Candy jam can be spread on toast, used as a filling in pastries, or incorporated into desserts, adding a burst of deliciousness. It offers a versatile and convenient way to enjoy the essence of fruits in a concentrated form. Whether it's a breakfast treat or a dessert delight, candy jam elevates the taste experience, making it a staple in many households and a delightful addition to various culinary creations.

COMPETING INTERESTS

Authors have declared that no competing interests exist.

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