

Review Form 1.7

Journal Name:	Asian Journal of Medicine and Health
Manuscript Number:	Ms_AJMAH_102720
Title of the Manuscript:	The Relationship between Knowledge, Attitude, and Behavior of Fiber Food Consumption with Defection Pattern
Type of the Article	Research

General guideline for Peer Review process:

This journal's peer review policy states that **NO** manuscript should be rejected only on the basis of '**lack of Novelty**', provided the manuscript is scientifically robust and technically sound. To know the complete guideline for Peer Review process, reviewers are requested to visit this link:

(<https://www.journalajmah.com/index.php/AJMAH/editorial-policy>)

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PART 1: Review Comments

	Reviewer's comment	Author's comment (if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)
<p>Compulsory REVISION comments</p> <ol style="list-style-type: none"> 1. Is the manuscript important for scientific community? (Please write few sentences on this manuscript) 2. Is the title of the article suitable? (If not please suggest an alternative title) 3. Is the abstract of the article comprehensive? 4. Are subsections and structure of the manuscript appropriate? 5. Do you think the manuscript is scientifically correct? 6. Are the references sufficient and recent? If you have suggestion of additional references, please mention in the review form. <p><u>(Apart from above mentioned 6 points, reviewers are free to provide additional suggestions/comments)</u></p>	<p>1-Aim of this study was to evaluate: knowledge, attitude, and behavior of consuming fibrous food with defecation between students of the Universitas Kristen Indonesia 2018 Medical Faculty. And this is good aim.</p> <p>2- Authors may add Indonesia in the title.</p> <p>3-One line of conclusion must add at the end of the abstract. Total number of the subject should add in abstract.</p> <p>4-No</p> <p>5- Yes</p> <p>6- 38 references in this manuscript including 9 recent references 2020-2023. Some references not completed.</p>	
<p>Minor REVISION comments</p> <ol style="list-style-type: none"> 1. Is language/English quality of the article suitable for scholarly communications? 	<p>Yes but sometimes no in some parts</p>	
<p>Optional/General comments</p>	<p>Comments:</p> <p>1-Title: authors should add Indonesia in the title.</p> <p>2- abstract: one line of conclusion must add at the end of the abstract. Total number of the subject should add in abstract.</p> <p>3-Keywords: Knowledge, attitude, behavior, fiber, and Defecation pattern Author should change fiber to dietary fibers, fibrous food or food rich in fibers.</p> <p>4- introduction: authors should add some lines to define the fibrous foods; most common fiber rich-foods in Indonesia and the percentage of fiber levels in fibrous foods.</p> <p>5- This paragraph: "Various studies in Indonesia show that fiber consumption in Indonesia is not sufficient. The recommended fiber requirement based on the Nutrition Adequacy Rate for adults 19-29 years is 38 gr/day for men and 32 gr/day for women. [8] Several facts related to fiber consumption in Indonesia: 1) The average fiber consumption in Indonesia, in general, is 10.5 grams/day [9]. This value is not sufficient for the recommended fiber requirement. 2) The 2013 Basic Health Research (Riskesdas) showed that the national average proportion of under-consumption of vegetables and fruit in the population over ten years reached 93.5%; this did not</p>	

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	<p>show much change from the previous Riskesdas 2007 data of 93.6%. 3) World Health Organization (WHO) records show that Indonesians consume only 2.5 servings of fruit and vegetables daily, or 34.55 kg per year. This amount is far below the Food Agriculture Organization (FAO) recommendation for fruit consumption per capita per year of 73 kg. [10]"</p> <p>In need to be more organized since the comparison of the consumption of fibers between men and women is not clear. Also, values were not accurate and English writing in need for revise. Authors should compare the consumption of food rich in fiber between adolescent (girls and boys) because this study was between some students at Universitas Kristen Indonesia 2018 Medical Faculty.</p> <p>6-Literature Review: I don't know why authors provided this part??</p> <p>7- Research Method: is this title correct??</p> <p>8-This table title: Distribution by Gender and Age of Respondents to Respondents is wrong and authors should correct it.</p> <p>9-How did the authors collected the data from the study groups? The authors should explain the type of their questionnaire is it 24 h re-call sheet or food frequency sheet? Authors should add copy of the questionnaire sheet that used in this study.</p> <p>10- This reference: Prasanth MM. <i>Comparision between Topical Glyceryl Trinitrate and Lateral Anal Sphincterotomy in Treatment of Chronic Fissure in Ano</i> (Doctoral dissertation, Thanjavur Medical College, Thanjavur) not complete, year and journal names and details needed.</p> <p>In general: this manuscript is not written well, in a need for more revision by the authors, table titles in need to be more accurate and all manuscript parts in need to re- organized.</p>	
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PART 2:

	Reviewer's comment	Author's comment (if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)
Are there ethical issues in this manuscript?	<i>(If yes, Kindly please write down the ethical issues here in details)</i>	

Reviewer Details:

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