

## Unilateral “Christmas tree” cataract: about a case

### Abstract:

Christmas tree cataract is a rare age-related condition characterized by the presence of multicolored crystals in the substance of the lens [1-3]. It is a chemical mixture of denatured proteins with high level of calcium and cystine [4,5]. This type of cataract may be associated with autosomal-dominant myotonic dystrophy.

**Key words:** Cataract, Christmas tree, polychromatic opacities, cystine, calcium

### Introduction:

Christmas tree cataract is called so because of the presence polychromatic opacities within the lens. It is an age-related condition due to crystallization denatured proteins in presence of favorable biochemical microenvironment. Herein, we describe a case of unilateral Christmas tree cataract.

### Case report:

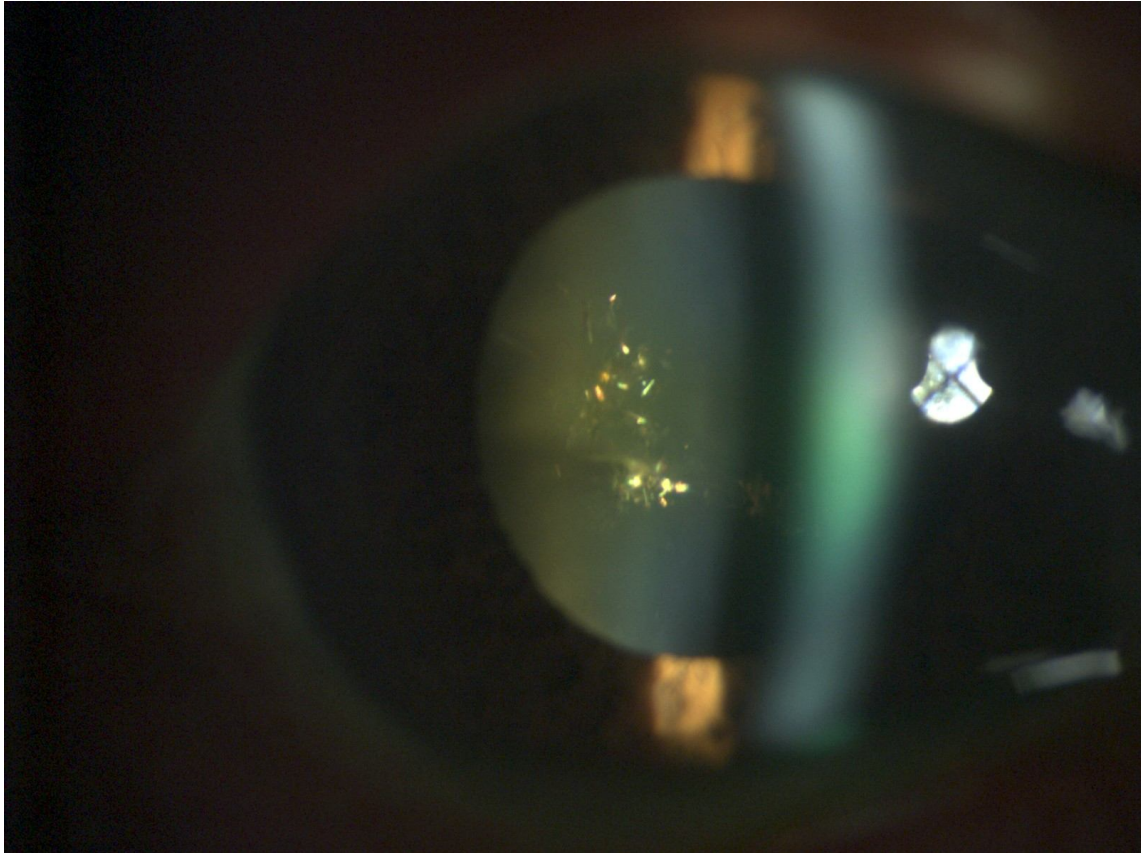
A 62-year old patient with no particular past medical history presented for a routine eye checkup. His best corrected visual acuity was 6/6 OU. Ophthalmologic examination with dilated pupil objectified needle-like multicolored crystals in the substance of the right crystalline lens (figure 1). The multicolored sparking needles were essentially green, blue and gold. We noted variation of colors with change of the angle of incidence of the lit-lamp beam. There was no anomaly in the posterior segment and the fellow eye examination was unremarkable. The patient had no systemic abnormality. We concluded to a case of unilateral “Christmas tree” cataract. The patient was advised regular follow-up in view of his excellent visual acuity.

### Discussion

As in our patient, a Christmas tree cataract is an age-related media opacity resulting from degeneration of crystallin proteins induced by elevated calcium levels [1]. The resulted denatured proteins accumulate in the lumen of the reticular meshwork. It is believed that cystine is likely responsible for the formation of needles which have a refractive potential [2]. According to the angle of incident light, those needles may show various crystal colours giving the fascination pattern of a Christmas tree in the eye. This rare but striking appearance is often not visually significant and is usually encountered in a routine examination. Surgical intervention is indicated when the cataract impairs vision. Autosomal-dominant myotonic dystrophy is the most important systemic association with Christmas tree cataracts [3].

### Conclusion:

Christmas tree cataract is a rare age-related condition characterized by the presence of multicolored crystals within the lens because of favorable chemical microenvironment. This striking pattern should raise the possibility of an associated autosomal-dominant myotonic dystrophy.



**Figure 1:** Slit-lamp examination of a Christmas tree cataract showing polychromatic crystals within the substance of the crystalline lens.

#### References:

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