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# Form and Function in Biological Macromolecules: Kinetic Stability is Key, with Oblique Roles for Intramolecularity and Hydrophobicity in Enzyme Catalysis

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## ABSTRACT

Certain structure-reactivity aspects of biological macromolecules, with particular emphasis on protein folding and enzyme catalysis, are discussed herein. Furthermore, the role played by the hydrophobic effect and intramolecularity in enzymic reactivity are evaluated afresh, with new insights of much importance in chemical biology.

Thus, the sum of the energies of the hydrogen bonds constituting the tertiary structures of proteins, determines the overall Gibbs energy of activation for loss of conformational integrity. As protein molecules of even modest size consist of a relatively large number of intramolecular hydrogen bonding interactions, the activation barrier to even partial unfolding of the  $\alpha$ -helices and  $\beta$ -sheets forming the tertiary structure would be prohibitively high under normal conditions.

The resulting kinetic stability conserves the natural conformation of a protein molecule established at the ribosomal site of synthesis, carrying the molecule through the thick-and-thin of a range of metabolic pathways during its 'journey of life'. However, protein molecules also acquire flexibility via 'strain delocalization' (Ramachandran plots being relevant), thus enabling stabilization of multiple transition states along a pathway (particularly in case of covalent enzyme-substrate complexes).

Two mechanistic features of enzyme catalysis that have been exhaustively studied are intramolecularity and the hydrophobic effect. Although intramolecularity has for long been touted as the origin of enzymic reactivity, this can be challenged on fundamental physical-organic grounds. Intriguingly, however, the collapse of the classical Michaelis-Menten mechanism for enzyme catalysis leads to a reconsideration of the role of intramolecularity, although not as hitherto envisaged. Thus, a majority of enzymes apparently form covalent enzyme-substrate complexes—possibly also exergonically—so the subsequent reactions at the active site may well benefit from the traditional propinquity effect: The critical caveat would be the highly exergonic formation of final products.

It is argued that the hydrophobic effect—although intuitively reasonable—is difficult to pin down quantitatively, model systems (including micelles) leading to inconsistent and debatable results. However, the hydrophobic effect likely contributes to enzymic reactivity along with charge-relay via the proteinic backbone.

13 *Keywords: Hydrogen bonding, Michaelis-Menten, micelles, propinquity effect, protein folding,*  
14 *Ramachandran plots*  
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## 17 1. INTRODUCTION

18

19

20 A fundamental understanding of the structure and function of enzymes is of critical  
21 importance in the evolving field of chemical biology [1-5]. Thus, enzymes represent a key  
22 nodal point in the manifestation of genetic information as the myriad of metabolic processes  
23 that constitute life. This derives essentially from the one gene-one enzyme hypothesis, which  
24 intriguingly delegates to the enzymes an awesome importance as the key to the  
25 efflorescence of life itself. It is thus hardly surprising that enzyme function and reactivity have  
26 served as a focus of fundamental enquiry and debate, with chemistry—the 'central  
27 science'—leading the way in this greatest of reductionist adventures.

28

29 Progress in mechanistic enzymology has been predicated on advances in protein science—  
30 in theory and practice—and understandably so. Pioneering work, by Buchner on yeast-  
31 mediated fermentations (1897) and kinetic studies by Michaelis and Menten (1913),  
32 represented the first stirrings of the nascent science of enzymology [4]. However, advances  
33 in protein isolation, purification and characterization, not to mention the founding of  
34 molecular biology in the ensuing decades, subsequently laid the foundations of modern  
35 enzymology.

36

37 The near-miraculous catalytic capabilities of enzymes also began to engage the attention of  
38 chemical science, which was itself increasing in sophistication in parallel with advances in  
39 biology. A synergistic approach between chemical and biological science thus emerged and  
40 has continued to evolve since the de facto founding of 'chemical biology' ~ 1950. The  
41 realization that enzyme catalysis was in a class of its own elicited the Pauling theory of  
42 transition state stabilization (1948) [5], followed by the determination of the structure of DNA  
43 (1953) and the founding of molecular biology [6]. The elucidation of the genetic code in  
44 terms of transcription (to mRNA) and translation (to protein) indicated that the proteinic  
45 enzymes are destined to hold the key to the mystery of dynamic life itself.

46

47 However, although the urgent need to reach a fundamental understanding of enzyme  
48 catalysis appears self-evident, the complex nature of enzymes and theoretical uncertainties  
49 of chemical science have conspired to envelop enzymology in controversy (if not shrouding it  
50 in more mystery)! Thus, the classical Michaelis-Menten equation that served as a bed-rock  
51 of enzyme kinetics for a century has been challenged [4]; the Pauling hypothesis remains to  
52 be elucidated in mechanistic detail; and physical-organic models particularly based on  
53 intramolecularity [7] and hydrophobic effects [8]—however ingenious—have apparently  
54 floundered on fundamental grounds.

55

56 This paper briefly reviews this essential background and argues that enzymology is indeed  
57 emerging from the state of flux, although a bold and frank assessment of previous  
58 inadequacies is needed to connect the dots and forge ahead to a new era of chemical  
59 biology.

60

### 61 **Thermodynamic considerations**

62

63 Modern theories of enzyme catalysis and action are based on the assumption that, despite  
64 their biological origins and often forbidding molecular complexity, enzymes are subject to the  
65 same laws as apply to in vitro catalysis by small inorganic and organic molecules. These  
66 theories essentially derive from the classical law of mass action that is the basis of chemical  
67 equilibrium and reaction rate. The thermodynamic versions of these theories relate to the  
68 Boltzmann equation and its formulation in terms of the Gibbs energy, itself composed of

69 enthalpy and entropy contributions [9]. The key idea that a catalyst is regenerated during the  
70 reaction—and does not change the equilibrium constant either—is also retained in the case  
71 of the enzyme reaction.

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73 These approaches—shorn of all traces of vitalism—thus hold the key to the reduction of  
74 sentient life to the laws governing the properties of inanimate matter.

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## 77 **2.1 Uniqueness of enzyme catalysis. Recalcitrant problems**

78

### 79 **2.1.1 The dual role of enzymes: as ‘evolutionary fulcrum’ and as metabolic workhorse**

80

81 Enzymes are generally medium-sized proteins that are direct products of genetic expression,  
82 representing the first stage in the conversion of the genetic code to a non-nucleic acid  
83 information system. Thus, enzymes serve as an ‘evolutionary fulcrum’ that, however, has  
84 apparently obfuscated the fact that their proteinic nature is also critical to their catalytic  
85 power! In other words, smaller non-protein catalysts are unlikely to rival the catalytic powers  
86 of natural enzymes, as is becoming increasingly apparent.

87

88 However, the full significance of enzymes can only come to light if the origins of their  
89 catalytic powers are fully understood. This is much more than the mere cataloguing of the  
90 various catalytic groups and their mechanistic interplay, which have indeed been replicated  
91 in model systems [10]. Yet, even the most ingeniously designed models have failed to  
92 approach the catalytic powers routinely observed in natural enzymes: As it stands, the whole  
93 remains greater than the sum of its parts!

94

95 Thus, enzyme catalysis is characterized by enormous rate enhancements (typically  $> 10^{10}$ )  
96 that are brought about under the mildest of aqueous conditions [1-5]. Hence, they serve as  
97 the metabolic work-horses of life. Their remarkable features have elicited various  
98 mechanistic theories as explanations, noting that an important practical goal is the design of  
99 artificial catalysts that can rival the catalytic powers of enzymes. Indeed, this remains the  
100 holy grail of physical organic chemistry, in the service of chemical biology and science itself.

101

### 102 **2.1.2 Physical organic models: Intramolecularity and the hydrophobic effect**

103

104 Two important mechanistic approaches to enzyme catalysis invoke intramolecularity and the  
105 hydrophobic effect [11]. These have been implicated in enzyme catalysis essentially  
106 because they have led to enhanced rates in model systems, but also because they  
107 apparently possess some of the characteristics of enzyme catalysis. Thus, enzyme catalysis  
108 occurs via an enzyme-substrate complex, its further ‘turnover’ to product being necessarily  
109 intramolecular; and enzyme active sites are hydrophobic pockets that are apparently  
110 complementary to the rate-determining transition state of the reaction.

111

#### 112 ***2.1.2.1 Intramolecularity***

113

114 However, the intramolecularity model has been challenged as enzyme catalysis is  
115 bimolecular (considering only enzyme and substrate) [7], whereas intramolecular reactions  
116 are unimolecular. Thus, the enhanced rates of intramolecular reactions are due to a raised  
117 ground state (often entropic in origin but also enthalpic in certain cases), whereas enzyme  
118 reactions must involve transition state stabilization in some manner.

119

120 It is also possible that catalysis involves the energy of the catalyst itself in some form,  
121 although this is not so apparent as the catalyst is regenerated. Thus, the catalyst could be a

122 source of potential energy, but problems remain with the exact interpretation of transition  
123 state theory as to whether the Gibbs energy or the potential energy is to be employed [12].  
124

125 In fact, a raised ground state ostensibly justifies the intramolecularity model, the conundrum  
126 itself possibly indicating the limitations of chemical theory in explaining complex biological  
127 phenomena! All the same, the intramolecularity model is intriguingly resuscitated in light of  
128 the recent reinterpretation of enzyme kinetics, as discussed further below.  
129

### 130 **2.1.2.2 The hydrophobic effect**

131  
132 The view that the hydrophobic effect plays a major role in enzyme catalysis has also been  
133 debated [8], the results of model studies being difficult to interpret. Although the studies  
134 demonstrate enhanced rates of certain reactions (particularly cycloadditions) in water, the  
135 results are stymied by the low solubility of the hydrophobic reactants in water! The results  
136 are thus valid in select cases, apparently, with water catalysis being a viable option that  
137 cannot be easily ruled out. Generally, in fact, a hydrophobic medium is non-polar and thus  
138 not conducive to enhanced reactivity: Unsurprisingly, enhancements have been observed in  
139 the case of concerted reactions, polar reactions likely requiring supplementary charge relay  
140 effects as may occur in enzymes (and possibly micellar systems too, vide infra).  
141

142 Thus, the hydrophobic effect observed in certain model systems is possibly misleading. The  
143 results evidence the intuitively reasonable idea that a reaction in which the transition state is  
144 less hydrophobic than the ground state is accelerated in water (relative to an organic  
145 medium). However, the greater hydrophobicity of the substrate implies a correspondingly  
146 lower solubility, so the rate enhancements are not practically significant. In fact, substantial  
147 accelerations are also apparently observed in organic-water emulsions, which likely implies  
148 interfacial catalysis by water that cannot be separated from the hydrophobic effect per se.  
149 Also, the hydrophobic effect is not a general accelerating effect applying to all reactions in  
150 aqueous media, as is often assumed!  
151

## 152 **2.2 Enzymes as proteins**

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### 154 **2.2.1 Macromolecular nature of enzymes: Protein folding and activity**

155

156 Biological macromolecules manifest overall three-dimensional shape as biological function  
157 [13-16], thus apparently representing a twilight zone: between synthetic high polymers that  
158 are characterized by their mechanical properties (e.g., polyethylene [17]), and smaller  
159 oligomeric fragments of no defined form or function. In fact, a complex and intimate  
160 relationship between form and function, particularly among the ubiquitous proteins  
161 (enzymes, wool, skin, etc.), distinguishes biological macromolecules from their smaller and  
162 larger congeners.  
163

164 Furthermore, among the three major classes of biological macromolecule—nucleic acids,  
165 proteins and carbohydrates—proteins are the warp and woof of the central dogma of  
166 biological information flow [6]: DNA – RNA – protein – organism. However, whilst the  
167 proteinic enzymes control and regulate every aspect of life's complex machinery, they also  
168 possess a myriad of conformational states. Clearly, only one among these states is  
169 apparently enforced at the ribosomal site of biosynthesis [18]: but what helps retain the  
170 overall shape thus conferred? The answer holds the key to the mystery of life's sustenance,  
171 based in the unerring consistency of an organism's biochemical complexity [19].  
172

173 And intriguingly, the overall conformation conferred need not be the thermodynamically most  
174 stable one, else both function and stability would need to be optimized by evolution! Indeed,

175 the degeneracy of the genetic code could imply—via codon-specific t-RNA-synthetases—  
176 changes in the ribosomal micro-environment, which lead to different tertiary structures being  
177 adopted by the same polypeptide primary sequence! Furthermore, a subtle balance between  
178 flexibility and rigidity is of critical importance to macromolecular function and enzyme action  
179 in particular, as argued below.

180

## 181 **2.2.2 Protein dynamics and enzyme action: Ramachandran plots**

182

### 183 ***2.2.2.1 Polypeptide flexibility: mechanisms and catalytic role***

184

185 As noted above, the mystery of enzyme catalysis is predicated on an understanding of  
186 protein structure and dynamics. Of particular importance to enzyme catalysis is the  
187 possibility of conformational changes that would lead to a flexible active site, which can  
188 stabilize several different transition states along a reaction pathway. The possibility of charge  
189 relay along the protein backbone has also been proposed as a way of stabilizing polar  
190 transition states in a hydrophobic environment [4]. (Indeed, the presence of the catalytic triad  
191 in proteases indicates the importance of charge-relay in a hydrophobic environment [4].)

192 That proteins strike a balance between rigidity and flexibility via 'strain delocalization' has  
193 been proposed as being critical to the reactivity of catalytic groups around the active site  
194 (vide infra).

195

### 196 ***2.2.2.2 The concept of strain delocalization***

197

198 An intriguing and novel mechanism by which a polypeptide backbone can acquire flexibility  
199 is the possibility of strain delocalization [4]. This is possible as bond angle strain increases  
200 exponentially with decreasing angle, so the distribution of angle strain over several angles is  
201 thermodynamically favored over the concentration of the same angle strain in a single or  
202 fewer angles. The consequent 'delocalization of strain' is indeed feasible in macrocyclic and  
203 pseudo-macrocyclic systems, e.g., in a relatively long polypeptide chain. Strain  
204 delocalization, in fact, would enable precise reaction trajectories to be attained by interacting  
205 catalytic groups in the active site. Indeed, this possibly explains the macromolecular nature  
206 of enzymes, as smaller molecules fail to show similar catalytic powers.

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### 208 ***2.2.2.3 Ramachandran plots: infinite thermodynamic degeneracy***

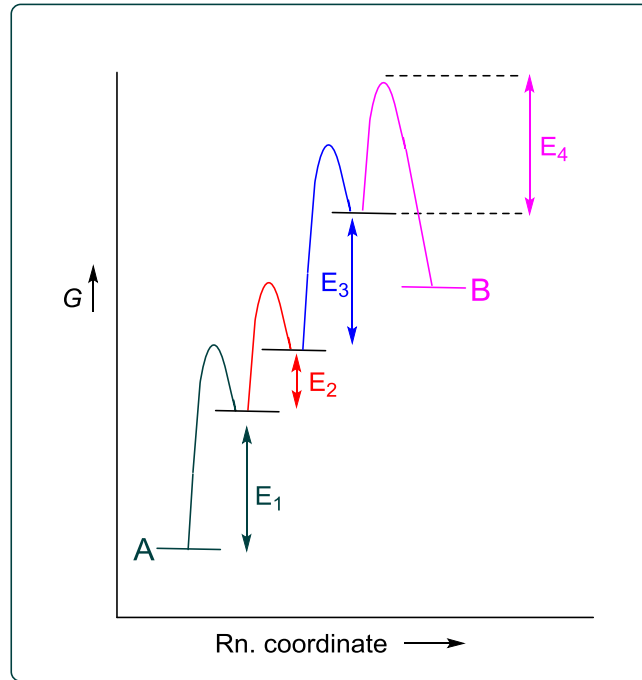
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210 Intriguingly, in the absence of any kinetic barriers, protein molecules are infinitely flexible, as  
211 is apparent in the well-known Ramachandran plots [15,16,18]. These contour diagrams  
212 essentially imply that an infinite range of dihedral angles ( $\phi$ ,  $\psi$ ) around the peptide bonds in  
213 a polypeptide are acceptable. Thus, to the extent that the contours are not discontinuous,  
214 they indicate that an amino acid residue can adopt an infinite range of conformations—within  
215 an allowed subset—that are thermodynamically degenerate. These arguments can be  
216 extended to whole molecules with due caveats, leading to 'impressionistic' diagrams  
217 displaying smudged distributions of nearly overlapping data points, indicating a high level of  
218 thermodynamic degeneracy.

219

### 220 ***2.2.2.4 Kinetic stability of polypeptide conformers: additivity of hydrogen bond 221 strengths***

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225 **Figure 1. Gibbs energy (G) changes during the unfolding of a polypeptide fragment**

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227

228 Whilst Ramachandran plots imply infinite thermodynamic flexibility, they also indicate the  
229 importance of kinetic barriers to the maintenance of the tertiary structures of proteins! A  
230 major part of the kinetic stability of a polypeptide would undoubtedly be provided by the  
231 network of intramolecular hydrogen bonds—literally the molecular scaffolding—that forms  
232 the  $\alpha$ -helices and  $\beta$ -sheets, but also arranges them in molecular space [13-16].

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Indeed, notwithstanding the mildness of biological conditions—and the strength of the peptide bond—non-covalent forces control protein folding, its retention through thick and thin during a cell's life cycle thus representing a remarkable feat of molecular endurance!

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The key to this “conundrum of protein folding”, in fact, lies not just in the network of hydrogen bonds that maintains a polypeptide conformation, but also in its cumulated thermodynamic effect (cf. Fig. 1). Thus, a network of  $n$  hydrogen bonds is stabilized by the strength of the first  $(n-1)$  hydrogen bonds, and by the barrier to the cleavage of the last hydrogen bond: The sum of all these represents the activation barrier to the dismantling of the overall polypeptide conformation, i.e., its kinetic stability [20]. (In Fig. 1,  $n = 4$ ,  $E_1 - E_4$  being the stated hydrogen bond energies.)

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Thus, a single turn of the  $\alpha$ -helix would be stabilized by a sizable barrier  $> 20 \text{ kcal mol}^{-1}$  (based on 7 hydrogen bonds worth  $3 \text{ kcal mol}^{-1}$  each [13-16]). Clearly, even moderately sized proteins composed of several  $\alpha$ -helix and  $\beta$ -sheet units would possess forbidding barriers to unfolding. Little wonder that the denaturation of proteins requires particularly harsh conditions and that controlled unfolding of proteins is catalysed by ATP-dependent enzymes [21]!

## 250 2.3 Enzymes as catalysts

251

### 252 2.3.1 Enzyme kinetics: collapse and renewal

253

#### 254 **2.3.1.1 The Michaelis-Menten equation and its aftermath**

255

256 The pioneering studies of enzyme kinetics by Michaelis and Menten (1913) represent an  
257 intrepid foray into the then evolving fields of biological catalysis and chemical kinetics [11].  
258 Early observations indicated that enzyme catalysis followed 'saturation kinetics', wherein the  
259 reaction rate ( $\nu$ ) initially increased linearly with the substrate concentration ( $[S]$ ), but levelled  
260 off asymptotically at high  $[S]$ . This led to the proposal that the reaction occurred via the rapid  
261 pre-equilibrium formation of an enzyme-substrate complex (ES), which 'turned over'  
262 relatively slowly to products, enshrined in the Michaelis-Menten rate law (Eq. 1),  $[E_o]$  being  
263 the (constant) initial enzyme concentration,  $k_{cat}$  the turnover number and  $K_M$  the Michaelis  
264 constant.

265

$$266 \nu = k_{cat}[E_o][S]/(K_M + [S]) \quad (1)$$

267

$$268 \nu = k_{cat}[E_o] \quad (2)$$

269

$$270 K = k_{cat}/k_{cat}' \quad (3)$$

271

$$272 K = [P]/[S] \quad (4)$$

273

$$274 (k_{cat}/k_{cat}') \neq [P]/[S] \quad (5)$$

275

276

#### 277 **2.3.1.2 Inadequacies of the Michaelis-Menten equation**

278

279 Interestingly, Eq. 1 reduces to Eq. 2 at high  $[S]$ , apparently reproducing the experimentally  
280 observed 'saturation kinetics'. This ostensibly indicated the gradual saturation of the pre-  
281 equilibrium that was nearly complete at high  $[S]$ .

282

283 However, a serious problem with Eq. 2 is that it leads to Eq. 3 under conditions of overall  
284 equilibrium between substrate and product (P) (at high  $[S]$  and  $[P]$ ,  $K$  is the overall  
285 equilibrium constant and  $k_{cat}'$  the turnover number for the reverse reaction).

286

287 Clearly, Eq. 3 is in conflict with the natural equilibrium constant of the reaction ( $K$ , Eq. 4).  
288 Indeed, this led to the proposal of 'one-way' enzymes although this idea contravened a  
289 fundamental tenet of thermodynamics that the equilibrium constant depends only on the  
290 Gibbs energy change in the reaction (at constant temperature, Eq. 5 representing the  
291 general case).

292

### 293 2.3.2 Alternatives to the Michaelis-Menten scheme: Inhibition at high [S] via 294 secondary binding

295

296 In view of the above anomalies, the Michaelis-Menten formulation of enzyme kinetics is  
297 fundamentally invalid and needs to be abandoned. In fact, a viable alternative that has been  
298 proposed is based on the idea of a gradual inhibition of the enzyme at high substrate  
299 concentrations that leads to the observed levelling of the rate [4]. Such inhibition is almost  
300 certainly likely to occur via the binding of a second molecule of substrate at the active site,  
301 which would prevent the release of product formed and regeneration of enzyme.  
302 Accordingly, Eq. 6 was proposed as an alternative to the Michaelis-Menten equation ( $k$  is the

303 overall reaction rate constant,  $K_S$  the equilibrium constant for the secondary binding of  
304 substrate and  $E_F$  the free enzyme).

305

$$306 \quad v = k[E_o][S] - kK_S[E_F][S]^3 \quad (6)$$

307

308 In Eq. 6, the first term on the right-hand side refers to the linear increase in rate with  
309 increasing  $[S]$ , whereas the second term refers to the inhibition via secondary binding. Thus,  
310  $K_S$  is low as secondary binding is weak, hence the second term becomes significant at high  
311  $[S]$ , increasing exponentially to 'rein in' the first term. An analogous equation can be written  
312 for the reverse reaction, leading to the thermodynamic equilibrium constant, noting that the  
313 forward and reverse reactions are catalyzed only by  $E_F$ .

314

315 Thus Eq. 6 captures the observed levelling effect of the rate at high  $[S]$  and also leads to the  
316 thermodynamically valid equilibrium constant. It is also noteworthy that, although Eq. 6 was  
317 originally derived for a pre-equilibrium formation of the enzyme-substrate complex, this  
318 assumption is strictly not necessary as the rate constant  $k$  is per se not based on the pre-  
319 equilibrium assumption. Therefore, Eq. 6 is generally valid regardless of the relative stability  
320 of the enzyme-substrate complex, thus leading to various mechanistic possibilities for further  
321 consideration.

322

### 323 **2.3.3 Exergonic formation of the enzyme-substrate complex and intramolecularity**

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#### 325 ***2.3.3.1 Endergonic and exergonic enzyme-substrate binding; covalent bond formation***

326

327 As noted above, the Michaelis-Menten equation was derived on the basis of a pre-  
328 equilibrium mechanism, in which a weakly-bound enzyme-substrate complex was formed  
329 endergonically. (The observed levelling of rate was believed to arise from the putative  
330 saturation of the pre-equilibrium.) However, in view of the collapse of the Michaelis-Menten  
331 regime in toto, alternative mechanisms can now be considered.

332

333 An interesting possibility is the exergonic formation of the enzyme-substrate complex from  
334 enzyme and substrate. In fact, this mechanism acquires particular significance in light of  
335 findings that a substantial number of enzymes form covalent enzyme-substrate complexes  
336 [5]. An interesting advantage of covalent enzyme-substrate binding is that it allows for  
337 conformational changes in the enzyme, so the active site would be flexible enough to  
338 stabilize all possible transition states in the reaction pathway.

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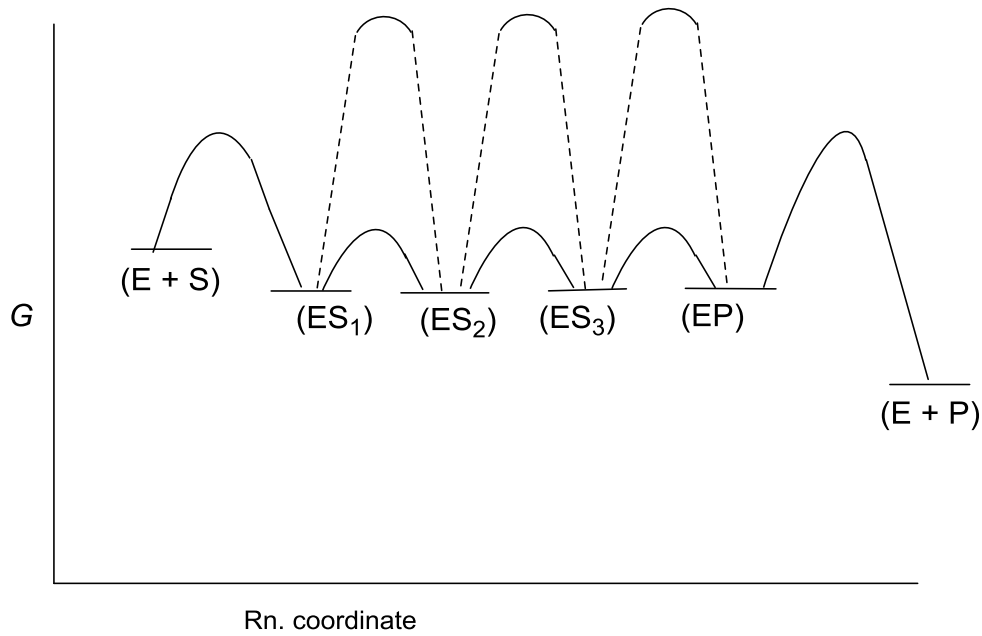
340 **The covalent complex, however,** may also be formed endergonically. Whilst this indicates  
341 that the strength of the covalent bond linking enzyme and substrate is carried over to the  
342 transition state, this can contribute to the catalysis only if the binding is stronger in the  
343 transition state relative to the ground state. This implies that the ground state complex is  
344 strained in some manner, the strain being relieved on reaching the transition state.

345

346 However, a more likely possibility is that the covalently linked complex is formed  
347 exergonically, considering the strength of a covalent bond. In the earlier Michaelis-Menten  
348 scheme, however, such exergonic formation of the enzyme-substrate complex was ruled  
349 out, essentially because the turnover step would be slower rather than faster (as would also  
350 be release of enzyme). (This was the 'thermodynamic pit' problem that apparently negates  
351 catalysis [11].) However, this mechanism now merits serious consideration for several  
352 reasons, not least of which is the intriguing involvement of intramolecularity (vide infra).

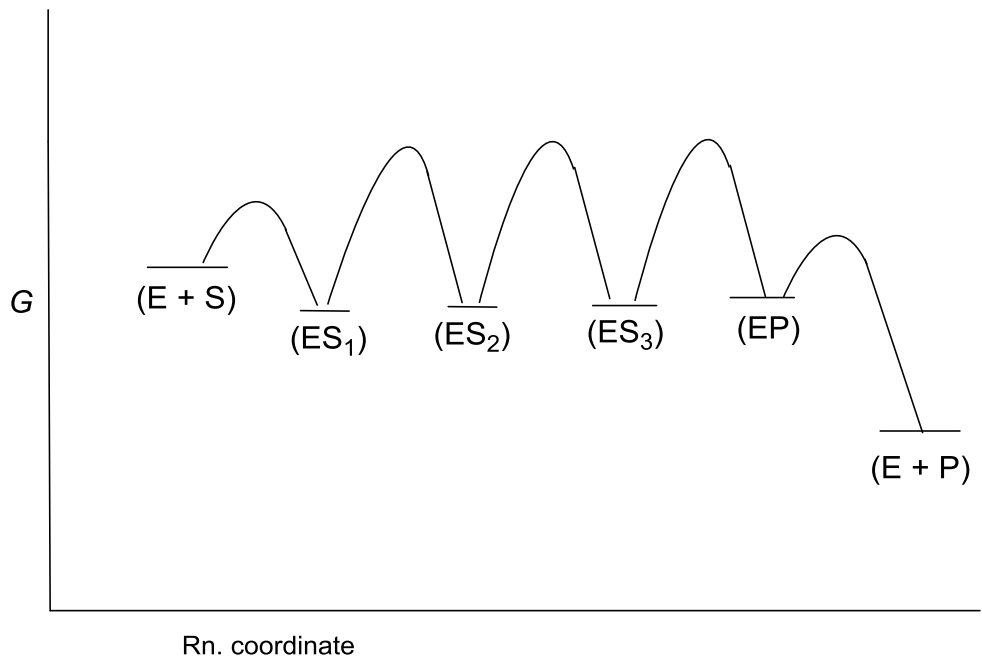
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354 The exergonic formation of an enzyme-substrate complex, however, would be predicated on  
355 the overall reaction itself being highly exergonic, in order to avoid a buildup of the said



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**Fig. 2. Gibbs energy ( $G$ ) profile for the rate-limiting exergonic formation of an enzyme-substrate complex ( $ES$ )**



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**Fig. 3. Gibbs energy ( $G$ ) profile for the rapid and exergonic formation of an enzyme-substrate complex ( $ES$ )**

369 complex. All the same, this may not be a serious limitation as—for obvious practical  
370 reasons—the majority of enzyme catalyzed reactions are perforce exergonic. (Like any  
371 catalyst, an enzyme cannot alter the equilibrium constant of a reaction; however, even an  
372 endergonic equilibrium can be displaced by further reactions of the product.)  
373

374 An interesting problem with the exergonic formation of the enzyme-substrate complex,  
375 however, is noteworthy. This is the possibility that the initial exergonic pre-equilibrium would  
376 be partially reversed with an increase in temperature, leading to a subdued (or even  
377 negative) temperature dependence of the overall rate [3,20]. Apparently, however, the  
378 positive temperature dependence of the subsequent sub-reactions generally overcomes the  
379 reversal of the initial pre-equilibrium. Also, the reversal may not occur if the by-product (not  
380 shown) in the formation of  $ES_1$  (Figs 2 and 3, vide infra) is concomitantly expelled from the  
381 active site. (Any reversal, however, would lead to an observed Gibbs energy of activation  
382 that would be lower than the real one.)  
383

### 384 **2.3.3.2 Intramolecularity makes a comeback: the ES complex is the ground state!**

385

386 The energy profile for exergonic enzyme-substrate binding—whether covalent or not—is  
387 shown in Fig. 2. In a fascinating mechanistic flip, it is now observed that the enzyme-  
388 substrate complex (ES) represents the ground state of the reaction! An intriguing  
389 consequence is that the subsequent clutch of catalytic reactions would possess all the  
390 virtues of intramolecularity, so the traditional propinquity effect can be invoked as  
391 contributing to the overall rate enhancement. The mechanistic reasoning is of considerable  
392 subtlety, and only becomes apparent upon comparison with a putative profile in which—  
393 hypothetically—intramolecularity does not play a role (dashed lines in Fig. 2).  
394

395 An important caveat to these arguments, however, is that the formation of the covalent  
396 enzyme-substrate complex, as also the final release of product, have become rate-  
397 determining. The corresponding transition states, of course, do not benefit from  
398 intramolecularity, and are thus subject to the Pauling hypothesis. In other words, the enzyme  
399 now needs to stabilize only two extreme transition states in the overall profile, the propinquity  
400 effect dealing with the key catalytic reactions occurring within the confines of the active site.  
401 (Thus, the enzyme need not necessarily stabilize the several intermediate transition states!)  
402

403 An interesting variation is the case wherein formation of the enzyme-substrate complex is  
404 exergonic, but fast (possibly diffusion-controlled) relative to the intermediate intramolecular  
405 steps (Fig. 3). (The release of product, likewise, may also be fast.) The intramolecular steps  
406 would then be rate-determining with the overall rate being dependent on the stability of the  
407 enzyme-substrate complex. Thus, in the (presumed) absence of any stabilization of the  
408 intermediate transition states, an excessively stable enzyme-substrate complex would  
409 detract from the overall rate enhancement. It is noteworthy that intramolecular reactions  
410 show an enormous range of effective molarity (EM) values that reflect—inter alia—  
411 correspondingly raised ground states.  
412

413 It is particularly noteworthy that these arguments were impossible in the framework of the  
414 Michaelis-Menten scheme, as it was based on the endergonic formation of the enzyme-  
415 substrate complex, with the ground state being represented by free enzyme and substrate.  
416 Intramolecularity was hence indefensible in that context, with transition state stabilization  
417 being sine qua non for all steps.  
418

419 Furthermore, the alternative kinetic proposal (Eq. 6) is broadly applicable to both cases, i.e.,  
420 endergonic and exergonic formation of the enzyme-substrate complex (ES). This is apparent  
421 from the presence of the unitary rate constant  $k$  in Eq. 6: In the case of exergonic formation

422 of ES,  $k$  would refer to the formation of ES itself; in the case of endergonic formation of ES,  $k$   
423 would refer to the breakdown of ES to products. Both cases would be valid without prejudice  
424 to the observed levelling of rate, as inhibition via secondary binding would apply equally.

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### 3. CONCLUSIONS

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The above discussion has briefly reviewed an extensive range of topics of fundamental significance to the origins of enzyme catalysis. The inevitable conclusion, apparently, is that mechanistic enzymology has entered into a state of flux, from which it is indeed beginning to emerge. The major conclusion is that the classical theory based on the Michaelis-Menten equation stands discredited and needs to be replaced by a credible alternative.

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Currently, a viable mechanism based on secondary binding of substrate at high concentrations appears reasonable. This is in accord with the essential theory of chemical equilibrium and kinetics, and can also explain the levelling of the rate at high substrate concentrations. Although the Pauling theory of transition state stabilization remains paramount, alternatives also may now be considered, in particular the intramolecularity concept. The hydrophobic effect also plays a role, although along with a charge-relay mechanism possibly involving the protein backbone.

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The proteinic nature of enzymes also needs to be accorded more serious consideration henceforth. In particular, the kinetic stabilization of the tertiary structure afforded by the network of hydrogen bonds plays foil to the inherent flexibility of a polypeptide chain. The classical theory of protein structure, particularly based on the Ramachandran plots, may be augmented by newer ideas (e.g., strain delocalization). These lead to novel insights into the dynamics of polypeptide molecules likely of key significance to enzyme catalysis.

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In summary, an integrated approach involving ideas from both mechanistic chemistry and polypeptide dynamics is indicated for a comprehensive understanding of enzyme catalysis to be reached. (Indeed, a palette of mechanistic options is now apparent, with each enzyme employing the most appropriate mechanism to fulfill its metabolic purpose.)

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### CONFLICT OF INTEREST

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The contents of this article bear no conflicts of interests.

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