

Review Form 1.6

Journal Name:	Asian Journal of Research in Cardiovascular Diseases
Manuscript Number:	Ms_AJRCD_92271
Title of the Manuscript:	Effect of Integrated Approach of Yoga Therapy on Noninvasive Cardiovascular Responses: Study on Young and Older Healthy Males.
Type of the Article	

General guideline for Peer Review process:

This journal's peer review policy states that **NO** manuscript should be rejected only on the basis of '**lack of Novelty**', provided the manuscript is scientifically robust and technically sound. To know the complete guideline for Peer Review process, reviewers are requested to visit this link:

(<https://www.journalijrc.com/index.php/AJRCD/editorial-policy>)

PART 1: Review Comments

	Reviewer's comment	Author's comment (if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)
Compulsory REVISION comments	I reviewed the article "Effect of Integrated Approach of Yoga Therapy on Noninvasive Cardiovascular Responses: Study on Young and Older Healthy Males " to the <u>Asian Journal of Research in Cardiovascular Diseases</u> " This was a prospective observational study of 20 patients who were divided into two groups. The author's findings suggest that IAYT offered was more effective than Yoga or brisk-walk separately in reducing arterial stiffness. This is study with excellent results with few limitations, like small numbers of patients and only males.	
Minor REVISION comments		
Optional/General comments		

PART 2:

	Reviewer's comment	Author's comment (if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)
Are there ethical issues in this manuscript?	<u>(If yes, Kindly please write down the ethical issues here in details)</u>	

Reviewer Details:

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