



SDI Review Form 1.6

Journal Name:	Journal of Complementary and Alternative Medical Research
Manuscript Number:	Ms_ JOCAMR _59945
Title of the Manuscript:	Internal motivation to enhance compliance in a hypertensive patient: A case study.
Type of the Article	

General guideline for Peer Review process:

This journal's peer review policy states that **NO** manuscript should be rejected only on the basis of '**lack of Novelty**', provided the manuscript is scientifically robust and technically sound. To know the complete guideline for Peer Review process, reviewers are requested to visit this link:

(<http://www.sciencedomain.org/journal/10/editorial-policy>)

PART 1: Review Comments

	Reviewer's comment	Author's comment (if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)
Compulsory REVISION comments	This is one of the very relevant issues in the domain of public health. Some of the points which should be added in the manuscript to make it more clear are; 1. Walking is slow or brisk walking. 2. On which scale stress level was ascertained. 3. Is there any change in other signs and symptoms? Introduction part is not very clear. According to AHA guidelines (Whelton et al., 2017) only systolic BP was discussed , write about diastolic blood pressure (DBP) also .	
Minor REVISION comments		
Optional/General comments	Questions which were asked to Identify internal motivation should be more precise.	

PART 2:

	Reviewer's comment	Author's comment (if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)
Are there ethical issues in this manuscript?	(If yes, Kindly please write down the ethical issues here in details)	

Reviewer Details:

Name:	Maninder Kaur
Department, University & Country	Panjab University, India