

## Review Form 1.6

Journal Name:	<a href="#">Journal of Advances in Medicine and Medical Research</a>
Manuscript Number:	Ms_JAMMR_90493
Title of the Manuscript:	HYPERTENSION AND REQUIRED LIFESTYLE MODIFICATION - BEYOND CONTROVERSY
Type of the Article	Minireview Article

### General guideline for Peer Review process:

This journal's peer review policy states that **NO** manuscript should be rejected only on the basis of '**lack of Novelty**', provided the manuscript is scientifically robust and technically sound. To know the complete guideline for Peer Review process, reviewers are requested to visit this link:

(<https://www.journaljammr.com/index.php/JAMMR/editorial-policy> )

### PART 1: Review Comments

	Reviewer's comment	Author's comment (if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)
<b>Compulsory</b> REVISION comments	The manuscript describes some lifestyle recommendations that might ameliorate hypertensive patient's status. It is an interesting subject to be investigated but the author failed to give deep discussion of the real mechanisms of action of these recommendations in lowering hypertension. There is lot of plagiarism in the text as (checked by <a href="https://www.quetext.com/plagiarism-checker">https://www.quetext.com/plagiarism-checker</a> ). No references have been cited in the text.	
<b>Minor</b> REVISION comments		
<b>Optional/General</b> comments		

### PART 2:

	Reviewer's comment	Author's comment (if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)
Are there ethical issues in this manuscript?	(If yes, Kindly please write down the ethical issues here in details)  There are no ethical issues	

### Reviewer Details:

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