

Original Research Article

MULTI DETECTOR COMPUTED TOMOGRAPHY AND ULTRASOUND EVALUATION OF NECK MASSES WITH PATHOLOGICAL CORRELATION

ABSTRACT:

Introduction: Neck imaging has always been a diagnostic challenge. High-resolution sonography being inexpensive and safe has become the initial investigation of choice for neck pathologies; it provides information regarding the origin and extent of the lesion. Computed tomography (CT) has a unique capacity for displaying soft tissue, bone and airway details and provides critical anatomical information about lesions involving the neck. This study aims to determine the role of USG and CT in neck masses for pre-operative characterization based on location, extent, morphological characteristics and enhancement pattern and to compare USG and CT findings with histopathological diagnosis.

Material and Methods: A total number of 60 adult patients with suspected neck masses were studied in the department of Radiodiagnosis, **SSIMS&RC, Davanagere** and inputs from **Dr. B. R. Ambedkar Medical College, Bengaluru**, over a period of 24 months. **Ultrasound was done using GE Voluson E6 machine** & Contrast enhanced CT was done using GE Revolution Multidetector CT scan machine. Post processing techniques (like volume rendered techniques) were applied wherever useful.

Results: The findings on USG and CT were conclusive in nearly 90% of cases. Enhancement patterns and presence/absence of bony invasion were found to be more specific in differentiating benign/malignant nature.

Conclusion: **High-resolution sonography can be used as the first-line modality for evaluating cervical soft tissue masses, it helps the clinicians to characterize the lesion.** Multi-detector computed tomography is a sensitive diagnostic tool for diagnosing neck masses and differentiating between benign and malignant lesions with high accuracy. The extent of pathology with local/ contiguous spread predicted by CT examination was conclusive. **The overall findings suggest that MDCT and Ultrasound, when used in conjunction with pathological correlation, can be effective tools for accurately characterizing and diagnosing the neck masses.**

Key words: Neck swelling, Benign, Malignant, Thyroid, Thyroiditis, Abscess, Carcinoma, Lymph node.

INTRODUCTION

“The neck is a wide anatomical area extending from the mandible superiorly, manubrium sternum, and clavicles inferiorly, laterally bounded by the anterior border of trapezius muscles

on both sides. It encompasses a wide variety of anatomical structures that belong to different organ systems and thus the swellings in the neck can be caused by innumerable pathological lesions arising from the various anatomical structures lying therein”.¹

High-resolution sonography being inexpensive and safe has become the initial investigation of choice for neck pathologies, it provides information regarding the origin and extent of the lesion. Computed tomography (CT) has a unique capacity for displaying soft tissue, bone, and airway details and provides critical anatomical information about lesions involving the neck. Fine needle aspiration cytology is undertaken using palpation alone, and in case of deep-seated lymph node, can be performed under the guidance of USG & CT. Fine needle aspiration cytology (FNAC) is a “gold standard” in the selection of the patients for surgery, while histopathological examination (HPE) is the “gold standard” for diagnosis.³

This study is an effort to assess the role of Computed tomography and High-resolution sonography with pathological correlation in the detection and characterization of neck masses.

This study aimed to evaluate the role of Ultrasound and Computed tomography in neck masses for pre-operative characterization based on location, extent, morphological characteristics and enhancement pattern to compare Ultrasound and Computed tomography findings with histopathological diagnosis.

MATERIALS AND METHODS

The present study was conducted in the outpatient clinic of the Department of Radiodiagnosis, SSIMS & RC, Davanagere, from August 2021 to August 2023. Institutional ethical clearance was obtained for the study by the Institutional Review Board.

Study design: Prospective observational study.

Study place: Department of Radiodiagnosis, SSIMS& RC, Davanagere.

Study duration: August 2021 to August 2023.

Sample Size: 60

1. Equipment used – GE Voluson E6 (Ultrasound).
2. GE REVOLUTION 128 slice MDCT Scanner.

2) Scanning technique:

The imaging protocol by ultrasonography with a high-frequency linear transducer (frequency range 7.5–10.0 MHz) is used for examination of the neck in greyscale and color doppler. The patient is positioned supine with the head extended and a pillow under the shoulders.

Contrast-enhanced CT – Study of neck masses using General Electrical (GE) Revolution 128 slice MDCT machine. The patient’s head may be cushioned to avoid motion artifacts during the hot flush of contrast agent injection. Images from the alveolar ridge of the mandible to the lung apex are obtained with a gantry angulation parallel to the body of the mandible. Intravenous contrast enhancement is essential for CT examinations to facilitate both tissue characterization of neck masses and separation of neck masses from normal vascular structures. Administration of a bolus of approximately 80 to 100 ml of high- density iodinated contrast material administered at a rate of 1 to 2 ml/sec and a delay of 80 to 100 sec before image acquisition, followed by a steady rapid drip saline infusion at the same rate. Raw imaging data obtained from MDCT is processed on commercially available work stations for axial, coronal, and oblique multiplanar reformation, volume rendering images reconstructed with 0.625 reconstruction intervals for detailed interpretation

STATISTICAL METHOD:

Statistical data analyzed by statistical software version 20 (SPSS) with appropriate tests of significance.

RESULTS:

Table 1 shows, the youngest patient in this study was three years old, who presented with neck swelling. The oldest patient was a 70 years old male with bilateral multiple neck swellings. The maximum number of patients was seen within the age range 41-60 years, constituting 46.7%.

Table 1. Demographic distribution of patients

Demographic variables	Subvariables	Frequency (%)
Age	<10	6 (10%)
	11-20	5 (8.3%)
	21-40	19 (31.7%)
	41-60	28 (46.7%)
	>60	2 (3.3%)
Sex	Males	19 (31.6%)
	Females	41 (68.3%)
Total		60 (100%)

The majority of benign neck masses are seen in the age group of 21-40yrs with female predominance.

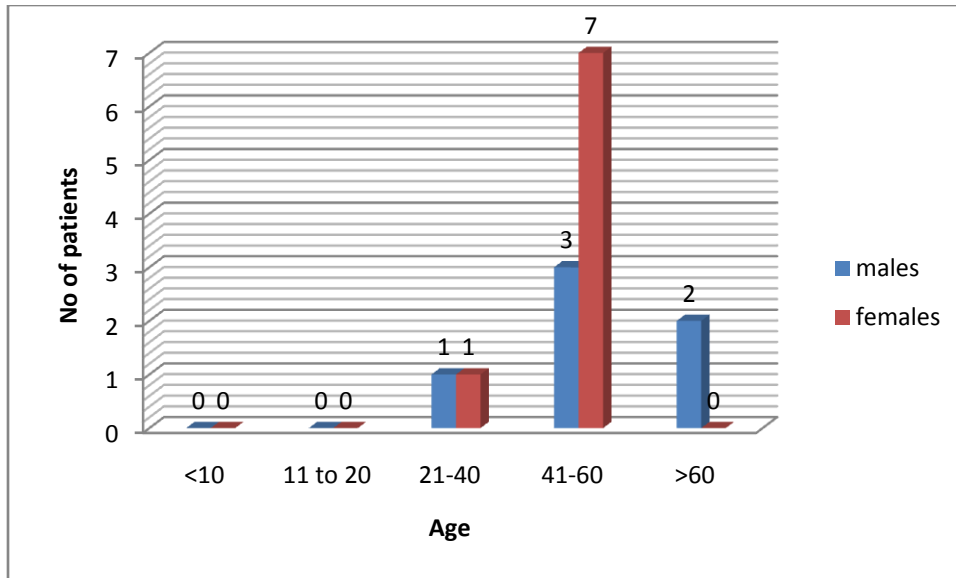


Fig 1: Age and sex distribution of benign neck masses

The majority of malignant neck masses are seen in the age group of 41-60 yrs with a female predominance. In the age group between 0-20 yrs, no malignant neck masses were found.

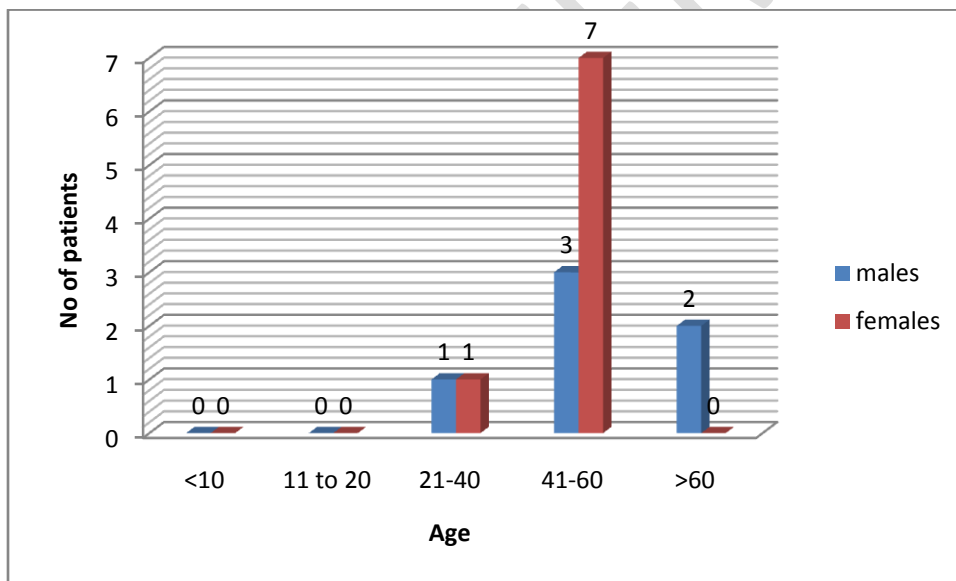


Fig 2: Age and sex distribution of malignant neck masses

In the USG characteristics of benign non-nodal neck masses, most of the patients with benign non-nodal neck masses have thyroid involvement 20(33%) which have predominantly isoechoic appearance in 9 (45%), with well-defined margins in 19 (95%), 8 (40%) patients have a solitary nodular appearance, and another 8 (40%) showed multinodular appearance. Calcification is seen in 1(5%) patient each with

multinodular goiter and nodular colloid goiter. Out of 20 patients with benign thyroid disease, 10 (50%) patients have a solid appearance on USG. Increased vascularity is seen in 2 (10%) patients of STN and 1(5%) patient each in MNG, NCG, Hashimoto's thyroiditis. In salivary gland masses, the majority are hypoechoic 5 (83.3%; n= 6). Infection (abscess) is seen in 2 patients with retropharyngeal abscess and one patient with parotid abscess.

The USG characteristics of malignant neck masses shows, out of 60 patients included in the study, 12 (20%) patients had malignant neck lesions, thyroid malignancies in 8 (13%), laryngeal carcinoma in 3 (5%) patients, and buccal carcinoma in 1 (1.6%) patient. Punctate calcification is seen in 3(5%) patients with papillary carcinoma.

The USG characteristics of nodal neck masses shows, all patients with TB lymphadenitis have iso to hypoechoic ill-defined borders suggestive of matting with intranodal necrosis. All patients with reactive lymphadenitis are hypoechoic. One patient with metastasis lymph node showed calcification and intranodal necrosis.

The CT characteristics of benign neck masses shows, out of 60 patients studied 46 (76%) patients had benign lesions out of which 20 patients have benign thyroid lesions (33.3%), 7 (11.6%) patients have salivary gland lesions. The majority of benign lesions (n=46) showed heterogeneous enhancement 23 (50%) on contrast administration; necrosis is seen in 4 (6.6%) patients with Tuberculous lymphadenitis, 3 (6%) patients of salivary gland lesions, one (2%) patient with parathyroid adenoma. None of the benign lesions showed bony invasion, one patient with lymphangioma showed vascular encasement, one patient each with MNG, Reidel's thyroiditis, Tuberculous lymphadenopathy, lymphangioma, pleomorphic adenoma, and a retropharyngeal abscess had adjacent space extension.

The CT characteristics of malignant neck masses shows, out of 60 patients studied, 14 (23.3%) patients had malignant lesions. Most (92.8%) of the malignant lesions showed heterogeneous contrast enhancement. Necrosis was present in 78.5% of the malignant lesions. Vascular invasion is seen in one patient(7.1%) with malignant lesions. Extension into the adjacent space was seen in 6 (42.8%) of malignant lesions.

Table 2 shows, the sensitivity and specificity of USG in detecting benign thyroid lesions in the present study are 90% and 92.5%, respectively. For the detection of malignant thyroid lesions, sensitivity is low, i.e., 62.5% compared to specificity of 98% in our study. Sensitivity for detecting benign lesions other than thyroid is 84.6%,

whereas specificity is 94.1%. Malignant lesions of neck other than thyroid show sensitivity and specificity of USG is 33.3% and 98%, respectively.

Table 2: Sensitivity and specificity of USG for the diagnosis of benign and malignant thyroid and non thyroid lesions

	Thyroid lesions		Non-thyroid lesions	
	Benign (n=20)	Malignant (n=8)	Benign (n=26)	Malignant (n=6)
Sensitivity	90%	62.5%	84.6%	33.3%
Specificity	92.5%	98%	94.1%	98%
PPV	85.7%	83.3%	91.6%	66.6%
NPV	94.8%	94.4%	86.6%	92%

Table 3 shows, CT has shown a sensitivity of 98 % in detecting benign thyroid lesions with a specificity of 95%, whereas for malignant thyroid lesions, the sensitivity is 75%, and specificity is 96%. These findings are suggestive that CT is more accurate than USG in detecting benign and malignant thyroid lesions.

The sensitivity of CT in diagnosing benign lesions of neck masses other than thyroid is 92.3%, and specificity is 97%. For diagnosing malignant neck masses other than thyroid sensitivity is 75%, specificity is 98%. These findings suggest that CT has more sensitivity than USG in detecting benign and malignant neck masses other than thyroid; however, similar specificity remains the same.

Table 3. Sensitivity and specificity of CT for the diagnosis of benign and malignant thyroid and non thyroid lesions

	Thyroid lesions		Non-thyroid lesions	
	Benign (n=20)	Malignant (n=8)	Benign (n=26)	Malignant (n=6)
Sensitivity	98%	75%	92.3%	75%
Specificity	95%	96%	97%	98%
PPV	90%	85%	96%	85.7%

NPV	100%	96%	94.2%	96.2 %
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DISCUSSION:

Ultrasonography was found to be the preliminary modality for the evaluation of superficial structures of the neck which is opted by clinicians, following which CT or MR imaging was done to decide the further degree and involvement of the disease.

The present study consisted of 60 patients which were included 41 females and 19 males; the maximum number of patients was in the age group of 41 to 60 years. Out of 60 patients studied benign lesions were seen in 46 (76%), and malignant lesions seen in 14 (24%) patients, out of these nodal lesions were 8(13.3%), and non-nodal lesions were 52 (86%). Whereas, in a similar study done by Ajay K.Gautham et al⁴ with a sample size of 50, the following was observed benign nodal lesions seen in 3 (6%), benign non nodal seen in 28 (56%), malignant nodal seen in 16 (32%), malignant non nodal seen in 3(6%).

In the Reena Mathur et al⁵ study showed, 34% incidence of neck lesions in visceral space; our study showed a 53.3% incidence among visceral space lesions followed by parapharyngeal space similar to Ramen takuldar et al⁶ which showed the Thyroid lesions constituted the majority of neck masses (46%) followed by congenital and salivary gland masses, neurogenic tumors, paragangliomas, and nodal lesions,

In the present study, multi-nodularity was present in 40% of patients, while 40 % of cases were discovered with solitary nodules. Ultrasound showed 91.6% accuracy in diagnosing benign thyroid lesions in our study with a sensitivity of 90% and a specificity of 92.5%, CT has 98% sensitivity and 95% specificity in diagnosing benign thyroid neck lesions. Venkatachalapthy et al⁷ did a similar study, the sensitivity of USG in diagnosing thyroid nodule was 73%, and specificity was 85.3% which is comparable to the present study results.

The present study showed USG has 50% sensitivity and 92.3 % specificity in diagnosing papillary carcinoma of the thyroid, whereas follicular carcinoma of the thyroid has 66% sensitivity on USG. Our study showed overall sensitivity of USG in diagnosing malignant thyroid neck lesions is 62.5 % and a specificity of 98%. Whereas in the Rodrigues et al. study, found that ultrasound showed a sensitivity of 65%, specificity of 86%, in detecting thyroid cancer.

In the present study, CT evaluation has demonstrated a sensitivity of 75 % in diagnosing malignant thyroid lesions with a specificity of 96% similar to Mathur R⁶, where overall accuracy of CT as 97%.

The salivary glands:

The present study had 6 cases of salivary gland pathology diagnosed on USG. Out of two cases of pleomorphic adenoma diagnosed by HPE, only one was detected on USG and on color Doppler is demonstrated as well defined lobulated hypoechoic lesion in the superficial parotid lobe with poor vascularity. This finding was consistent with that seen by Bialek and others⁸. Bozzato et al.⁹ noted that no reliable distinct sonomorphological criteria had been defined that enables histological tumor type to be identified.

The present study had only one case of submandibular gland calculi, ultrasound features of which included a heterogeneous gland with hypoechoic collections and calculi in Wharton's duct. This was confirmed by histopathology. Salivary gland calculi occur most commonly in the Wharton's duct.

One case of a parotid abscess was noted involving the superficial lobe, which was hypoechoic. This feature is consistent with parotid abscess described by Bialek and others⁸.

Lymph nodes:

Ultrasound showed hypoechoic echotexture in all cases of inflammatory nodes 2 (25%), 3 (37%) cases of tubercular nodes, 1 (12%) case of lymphoma, and 1 (12%) cases of metastatic lymphadenopathy. One case of tuberculous lymphadenopathy showed iso-echogenicity. All inflammatory nodes displayed oval shape, while metastatic and lymphomatous nodes showed a rounded shape on the US, which was suggestive of malignancy. Matting and un-sharp borders were seen in 3 (37%) tubercular nodes. The above findings were consistent with those described by Chan et al.¹⁰ and Hajek et al.¹¹

According to Bruneton et al.¹², "ultrasound is of primary value in providing information of an anatomical nature, including the distribution of subclinical nodes, volumetric evaluation, and determination of vascular connection". Our study revealed similar results.

According to Anand et al., "the sensitivity and specificity in detecting metastatic nodes was 82% and 92.5%". Our study showed 100% sensitivity and specificity in detecting tubercular nodes based on unsharp borders, matting, displaced vascularity, and clinical features of pulmonary/extrapulmonary tuberculosis. CT also showed 100% sensitivity and specificity in detecting TB lymph nodes. These findings have also been described by Asai et al.¹³ and Chan et al.¹⁰

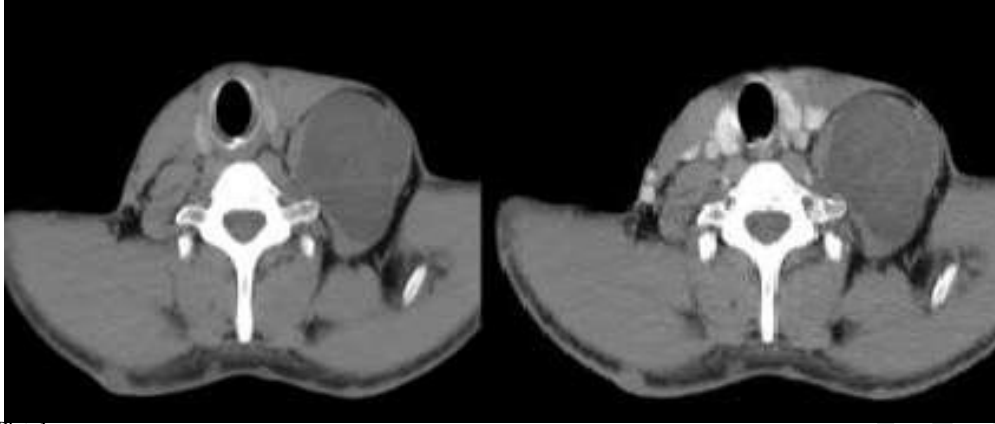


Plate1:

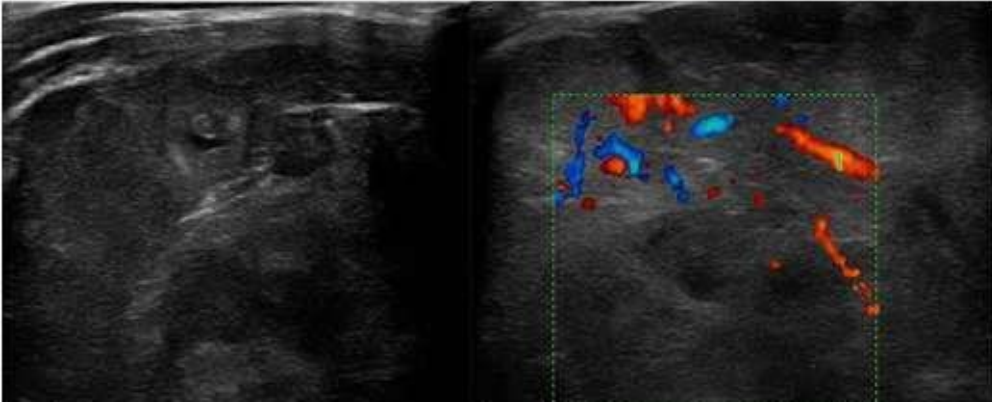


Plate2:

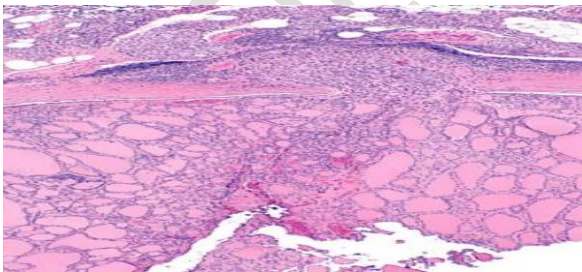


Plate3 :

Plate 1-3: Fifty six years female presenting with a neck mass. HPE proven Follicular carcinoma. On USG large ill-defined predominantly hypoechoic mass having marked intrinsic vascularity suggestive of malignant lesion; on CT Scan, depicts marked peripheral enhancement with capsular invasion.

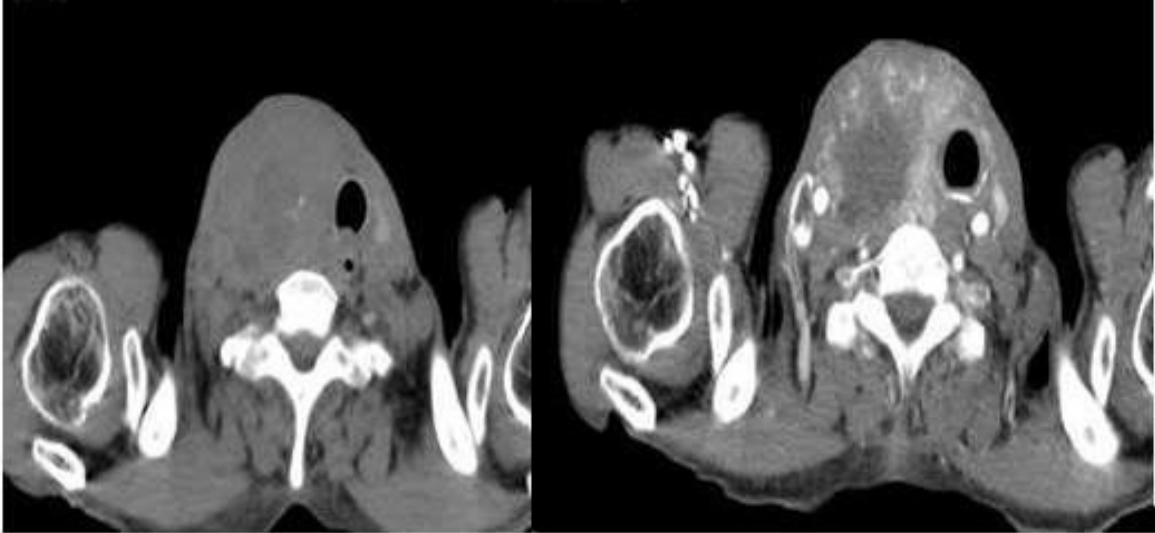


Plate 4 :

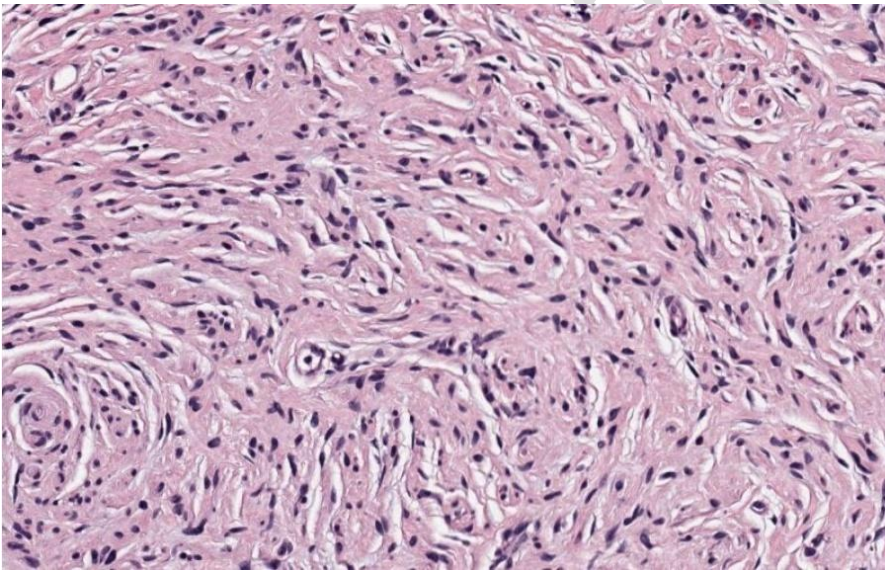


Plate 5 :

Plate 4 and 5: 35-year old female diagnosed to have neurofibroma in the left lower neck. On USG depicts the cystic anechoic and solid isoechoic component. On Doppler minimal vascularity. The lesion on CT appears well defined hypodense minimally enhancing lesion.

Plate 6:

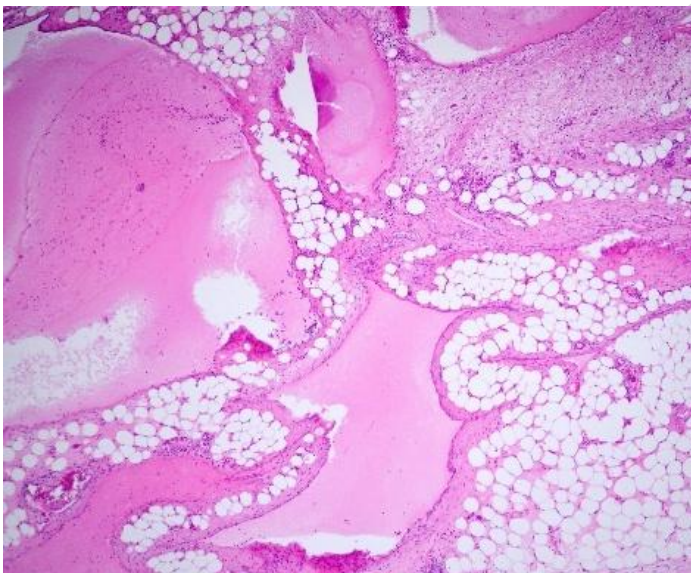


Plate7 :

Plate 6-7: 10-year old male child presenting with neck mass, CT showed large simple fluid density cystic lesion in the left neck posterior to the sternocleidomastoid muscle and lateral to the carotid vessels, extending inferiorly below the clavicle into the superior mediastinum and apex of the left axilla. The lesion is displacing the smoothly abutted left-sided great neck vessels, left thyroid lobe and trachea to the contra-lateral side. Few thin septations are seen in it. No calcifications or solid component is seen in it. No abnormal enhancement is seen in it.

CONCLUSION:

High-resolution sonography is one of the most useful modalities for the diagnostic evaluation of neck masses in every age group. It provides accurate and reproducible results. In many clinical conditions, it can be used as the first-line modality for evaluating cervical soft tissue masses, especially in young and pediatric populations. In benign lesions, CT ensures excellent anatomical localization and lesion characterisation. It is important for staging malignant tumors and offers critical information regarding tumor extent, which directly impacts the surgical technique required for curative resection. However, histopathology remains the gold standard for diagnosing and confirming the disease.

Ethical Approval:

Institutional ethical clearance was obtained for the study by the Institutional Review Board.

Consent

As per international standard or university standard, respondents' written consent has been collected and preserved by the author(s).

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UNDER PEER REVIEW